# Neural Network Part 2: Regularization

CS 760@UW-Madison



#### Goals for the lecture



#### you should understand the following concepts

- regularization
- different views of regularization
- norm constraint
- data augmentation
- early stopping
- dropout
- batch normalization

### What is regularization?



- In general: any method to prevent overfitting or help the optimization
- Specifically: additional terms in the training optimization objective to prevent overfitting or help the optimization

#### Example: regression using polynomials

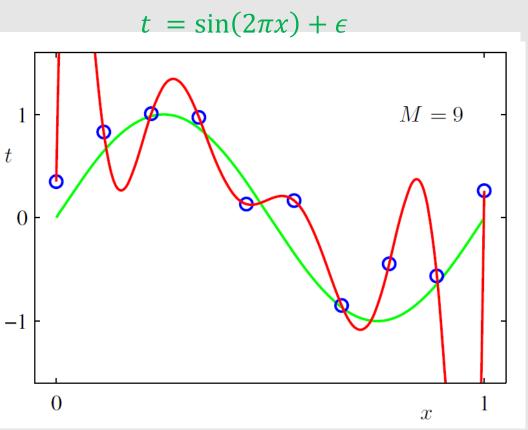


Figure from Machine Learning and Pattern Recognition, Bish

#### Example: regression using polynomials



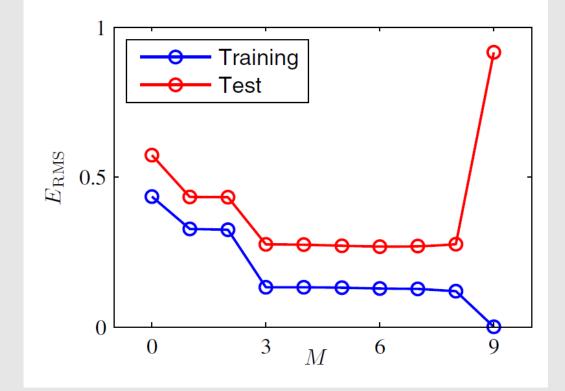


Figure from Machine Learning and Pattern Recognition, Bish

# Overfitting



- Key: empirical loss and expected loss are different
- Smaller the data set, larger the difference between the two
- Larger the hypothesis class, easier to find a hypothesis that fits the difference between the two
  - Thus has small training error but large test error (overfitting)
- Larger data set helps
- Throwing away useless hypotheses also helps (regularization)



# Different views of regularization

#### Regularization as hard constraint

• Training objective

$$\min_{f} \hat{L}(f) = \frac{1}{n} \sum_{i=1}^{n} l(f, x_i, y_i)$$

#### subject to: $f \in \mathcal{H}$

• When parametrized

$$\min_{\theta} \hat{L}(\theta) = \frac{1}{n} \sum_{i=1}^{n} l(\theta, x_i, y_i)$$

subject to:  $\theta \in \Omega$ 

### Regularization as hard constraint

• When  $\Omega$  measured by some quantity R

$$\min_{\theta} \hat{L}(\theta) = \frac{1}{n} \sum_{i=1}^{n} l(\theta, x_i, y_i)$$

subject to:  $R(\theta) \leq r$ 

• Example:  $l_2$  regularization  $\min_{\theta} \hat{L}(\theta) = \frac{1}{n} \sum_{i=1}^{n} l(\theta, x_i, y_i)$ subject to:  $||\theta||_2^2 \le r^2$ 



# Regularization as soft constraint

- The hard-constraint optimization is equivalent to soft-constraint

$$\min_{\theta} \hat{L}_R(\theta) = \frac{1}{n} \sum_{i=1}^n l(\theta, x_i, y_i) + \lambda^* R(\theta)$$

for some regularization parameter  $\lambda^* > 0$ 

• Example: *l*<sub>2</sub> regularization

$$\min_{\theta} \hat{L}_R(\theta) = \frac{1}{n} \sum_{i=1}^n l(\theta, x_i, y_i) + \lambda^* ||\theta||_2^2$$

# Regularization as soft constraint



Showed by Lagrangian multiplier method

 $\mathcal{L}(\theta, \lambda) \coloneqq \hat{L}(\theta) + \lambda [R(\theta) - r]$ 

• Suppose  $\theta^*$  is the optimal for hard-constraint optimization

 $\theta^* = \underset{\theta}{\operatorname{argmin}} \max_{\lambda \ge 0} \mathcal{L}(\theta, \lambda) \coloneqq \widehat{L}(\theta) + \lambda [R(\theta) - r]$ 

- Suppose  $\lambda^*$  is the corresponding optimal for max

$$\theta^* = \operatorname*{argmin}_{\theta} \mathcal{L}(\theta, \lambda^*) \coloneqq \widehat{L}(\theta) + \lambda^* [R(\theta) - r]$$

# Regularization as Bayesian prior



- Bayesian view: everything is a distribution
- Prior over the hypotheses:  $p(\theta)$
- Posterior over the hypotheses:  $p(\theta | \{x_i, y_i\})$
- Likelihood:  $p(\{x_i, y_i\}|\theta)$
- Bayesian rule:

$$p(\theta \mid \{x_i, y_i\}) = \frac{p(\theta)p(\{x_i, y_i\}|\theta)}{p(\{x_i, y_i\})}$$

# **Regularization as Bayesian prior**



Bayesian rule:

$$p(\theta \mid \{x_i, y_i\}) = \frac{p(\theta)p(\{x_i, y_i\}|\theta)}{p(\{x_i, y_i\})}$$

• Maximum A Posteriori (MAP):

 $\max_{\theta} \log p(\theta \mid \{x_i, y_i\}) = \max_{\theta} \log p(\theta) + \log p(\{x_i, y_i\} \mid \theta)$   $\Box_{\theta} = \Box_{\theta} \log p(\theta) + \log p(\{x_i, y_i\} \mid \theta)$   $\Box_{\theta} = \Box_{\theta} \log p(\theta) + \log p(\{x_i, y_i\} \mid \theta)$ Regularization MLE loss

# **Regularization as Bayesian prior**



• Example:  $l_2$  loss with  $l_2$  regularization

$$\min_{\theta} \hat{L}_{R}(\theta) = \frac{1}{n} \sum_{i=1}^{n} (f_{\theta}(x_{i}) - y_{i})^{2} + \lambda^{*} ||\theta||_{2}^{2}$$

• Correspond to a normal likelihood  $p(x, y \mid \theta)$  and a normal prior  $p(\theta)$ 

#### Three views



• Typical choice for optimization: soft-constraint

 $\min_{\theta} \hat{L}_R(\theta) = \hat{L}(\theta) + \lambda R(\theta)$ 

 Hard constraint and Bayesian view: conceptual; or used for derivation

### Three views



- Hard-constraint preferred if
  - Know the explicit bound  $R(\theta) \leq r$
  - Soft-constraint causes trapped in a local minima while projection back to feasible set leads to stability
- Bayesian view preferred if
  - Domain knowledge easy to represent as a prior



# **Examples of Regularization**

### **Classical regularization**



- Norm penalty
  - *l*<sub>2</sub> regularization
  - *l*<sub>1</sub> regularization
- Robustness to noise
  - Noise to the input
  - Noise to the weights

# $l_2$ regularization



$$\min_{\theta} \hat{L}_R(\theta) = \hat{L}(\theta) + \frac{\alpha}{2} ||\theta||_2^2$$

- Effect on (stochastic) gradient descent
- Effect on the optimal solution

#### Effect on gradient descent



• Gradient of regularized objective

$$\nabla \hat{L}_R(\theta) = \nabla \hat{L}(\theta) + \alpha \theta$$

• Gradient descent update

 $\theta \leftarrow \theta - \eta \nabla \hat{L}_R(\theta) = \theta - \eta \nabla \hat{L}(\theta) - \eta \alpha \theta = (1 - \eta \alpha)\theta - \eta \nabla \hat{L}(\theta)$ 

• Terminology: weight decay



• Consider a quadratic approximation around  $\theta^*$ 

$$\hat{L}(\theta) \approx \hat{L}(\theta^*) + (\theta - \theta^*)^T \nabla \hat{L}(\theta^*) + \frac{1}{2} (\theta - \theta^*)^T H(\theta - \theta^*)$$

• Since  $\theta^*$  is optimal,  $\nabla \hat{L}(\theta^*) = 0$ 

$$\hat{L}(\theta) \approx \hat{L}(\theta^*) + \frac{1}{2}(\theta - \theta^*)^T H(\theta - \theta^*)$$
$$\nabla \hat{L}(\theta) \approx H(\theta - \theta^*)$$

Gradient of regularized objective

 $\nabla \hat{L}_R(\theta) \approx H(\theta - \theta^*) + \alpha \theta$ 

• On the optimal  $\theta_R^*$ 

 $0 = \nabla \hat{L}_R(\theta_R^*) \approx H(\theta_R^* - \theta^*) + \alpha \theta_R^*$  $\theta_R^* \approx (H + \alpha I)^{-1} H \theta^*$ 



• The optimal

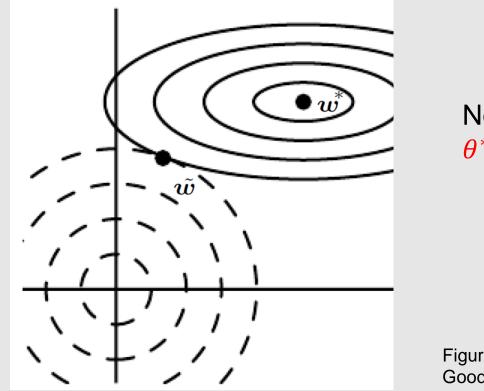
#### $\theta_R^* \approx (H+\alpha I)^{-1} H \theta^*$

• Suppose *H* has eigen-decomposition  $H = Q\Lambda Q^T$  and assume  $(\Lambda + \alpha I)^{-1}$  exists:

 $\theta_R^* \approx (H+\alpha I)^{-1} H \theta^* = Q (\Lambda+\alpha I)^{-1} \Lambda Q^T \theta^*$ 

• Effect: rescale along eigenvectors of *H* 





Notations:  $\theta^* = w^*, \theta^*_R = \widetilde{w}$ 

Figure from *Deep Learning*, Goodfellow, Bengio and Courville

# $l_1$ regularization



$$\min_{\theta} \hat{L}_R(\theta) = \hat{L}(\theta) + \alpha ||\theta||_1$$

- Effect on (stochastic) gradient descent
- Effect on the optimal solution

### Effect on gradient descent



• Gradient of regularized objective

 $\nabla \hat{L}_R(\theta) = \nabla \hat{L}(\theta) + \alpha \operatorname{sign}(\theta)$ 

where sign applies to each element in  $\theta$ 

• Gradient descent update

 $\theta \leftarrow \theta - \eta \nabla \hat{L}_R(\theta) = \theta - \eta \nabla \hat{L}(\theta) - \eta \alpha \operatorname{sign}(\theta)$ 



• Consider a quadratic approximation around  $\theta^*$ 

$$\hat{L}(\theta) \approx \hat{L}(\theta^*) + (\theta - \theta^*)^T \nabla \hat{L}(\theta^*) + \frac{1}{2} (\theta - \theta^*)^T H(\theta - \theta^*)$$

• Since  $\theta^*$  is optimal,  $\nabla \hat{L}(\theta^*) = 0$ 

$$\hat{L}(\theta) \approx \hat{L}(\theta^*) + \frac{1}{2}(\theta - \theta^*)^T H(\theta - \theta^*)$$



- Further assume that *H* is diagonal and positive  $(H_{ii} > 0, \forall i)$ 
  - not true in general but assume for getting some intuition
- The regularized objective is (ignoring constants)

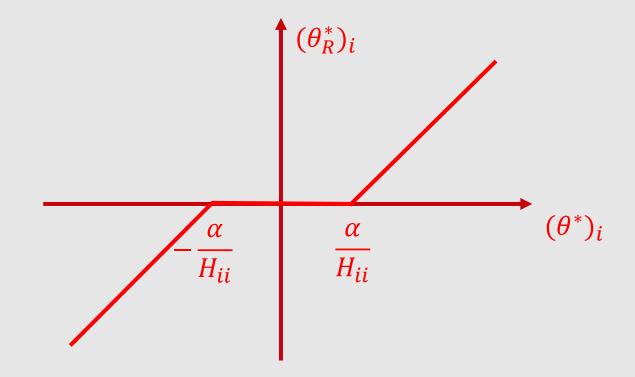
$$\hat{L}_R(\theta) \approx \sum_i \frac{1}{2} H_{ii} (\theta_i - \theta_i^*)^2 + \alpha |\theta_i|$$

• The optimal  $\theta_R^*$ 

$$(\theta_R^*)_i \approx \begin{cases} \max\left\{\theta_i^* - \frac{\alpha}{H_{ii}}, 0\right\} & \text{if } \theta_i^* \ge 0\\ \min\left\{\theta_i^* + \frac{\alpha}{H_{ii}}, 0\right\} & \text{if } \theta_i^* < 0 \end{cases}$$



• Effect: induce sparsity





- Further assume that *H* is diagonal
- Compact expression for the optimal  $\theta_R^*$

$$(\theta_R^*)_i \approx \operatorname{sign}(\theta_i^*) \max\{|\theta_i^*| - \frac{\alpha}{H_{ii}}, 0\}$$

#### Bayesian view

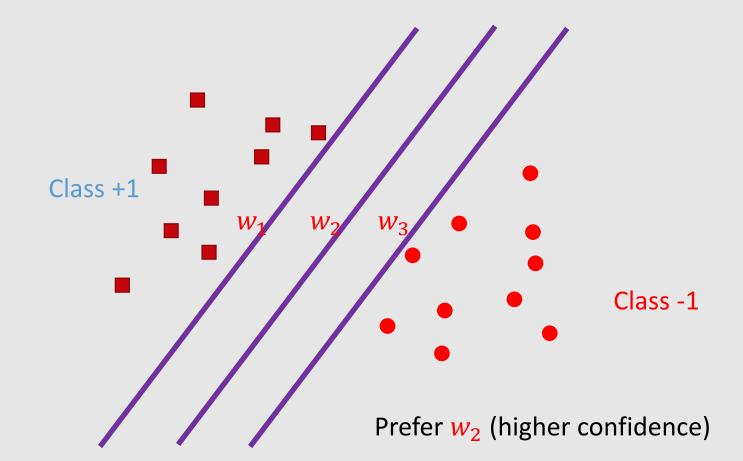


•  $l_1$  regularization corresponds to Laplacian prior

$$p(\theta) \propto \exp(\alpha \sum_{i} |\theta_{i}|)$$
$$\log p(\theta) = \alpha \sum_{i} |\theta_{i}| + \text{constant} = \alpha ||\theta||_{1} + \text{constant}$$

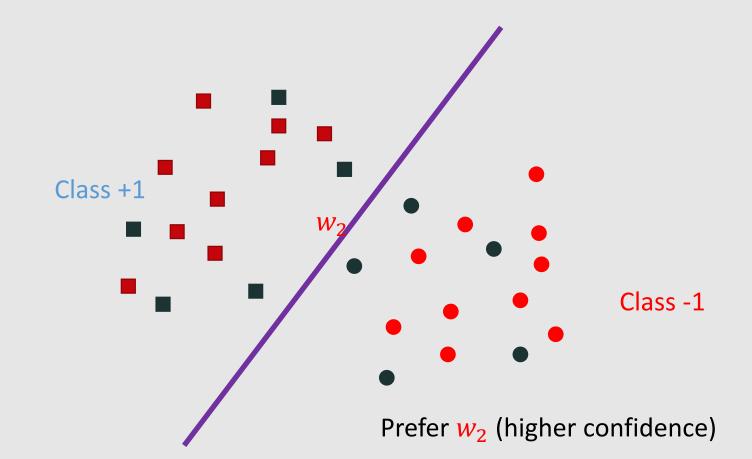
#### Multiple optimal solutions?





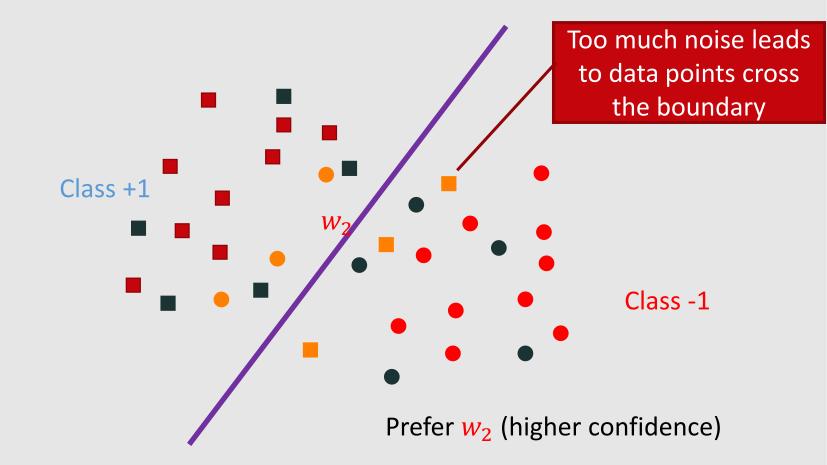
#### Add noise to the input





#### Caution: not too much noise





# Equivalence to weight decay



- Suppose the hypothesis is  $f(x) = w^T x$ , noise is  $\epsilon \sim N(0, \lambda I)$
- After adding noise, the loss is

 $L(f) = \mathbb{E}_{x,y,\epsilon}[f(x+\epsilon) - y]^2 = \mathbb{E}_{x,y,\epsilon}[f(x) + w^T\epsilon - y]^2$ 

 $L(f) = \mathbb{E}_{x,y,\epsilon}[f(x) - y]^2 + 2\mathbb{E}_{x,y,\epsilon}[w^T \epsilon(f(x) - y)] + \mathbb{E}_{x,y,\epsilon}[w^T \epsilon]^2$ 

$$L(f) = \mathbb{E}_{x,y,\epsilon}[f(x) - y]^2 + \lambda ||w||^2$$

### Add noise to the weights



• For the loss on each data point, add a noise term to the weights before computing the prediction

 $\epsilon \sim N(0, \eta I), w' = w + \epsilon$ 

- Prediction:  $f_{w'}(x)$  instead of  $f_w(x)$
- Loss becomes

$$L(f) = \mathbb{E}_{x,y,\epsilon} [f_{w+\epsilon} (x) - y]^2$$

#### Add noise to the weights



Loss becomes

$$L(f) = \mathbb{E}_{x,y,\epsilon} [f_{w+\epsilon} (x) - y]^2$$

- To simplify, use Taylor expansion
- $f_{w+\epsilon}(x) \approx f_w(x) + \epsilon^T \nabla f_w(x)$
- Plug in
- $L(f) \approx \mathbb{E}[f_w(x) y]^2 + \eta \mathbb{E}||\nabla f_w(x)||^2$

Regularization term

### Other types of regularizations



- Data augmentation
- Early stopping
- Dropout
- Batch Normalization

#### Data augmentation



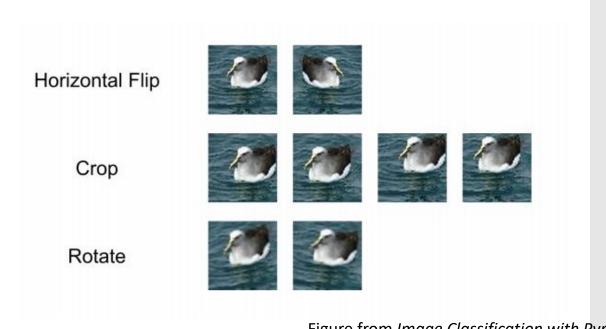


Figure from Image Classification with Pyramid Representation and Rotated Data Augmentation on Torch 7, by Keven Wang

#### Data augmentation

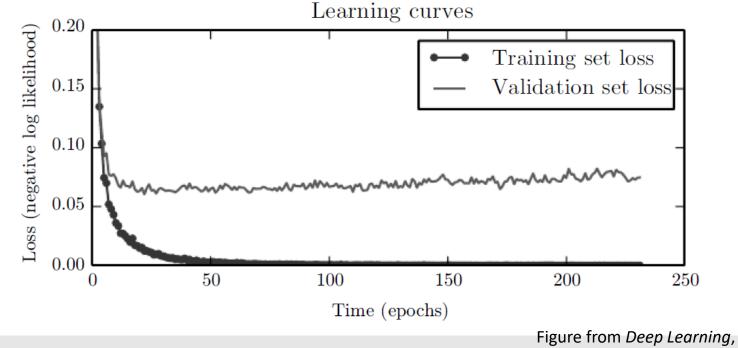


- Adding noise to the input: a special kind of augmentation
- Be careful about the transformation applied:
  - Example: classifying 'b' and 'd'
  - Example: classifying '6' and '9'



- Idea: don't train the network to too small training error
- Recall overfitting: Larger the hypothesis class, easier to find a hypothesis that fits the difference between the two
- Prevent overfitting: do not push the hypothesis too much; use validation error to decide when to stop





Goodfellow, Bengio and Courville



- When training, also output validation error
- Every time validation error improved, store a copy of the weights
- When validation error not improved for some time, stop
- Return the copy of the weights stored



• hyperparameter selection: training step is the hyperparameter

#### Advantage

- Efficient: along with training; only store an extra copy of weights
- Simple: no change to the model/algo
- Disadvantage: need validation data

#### Early stopping as a regularizer



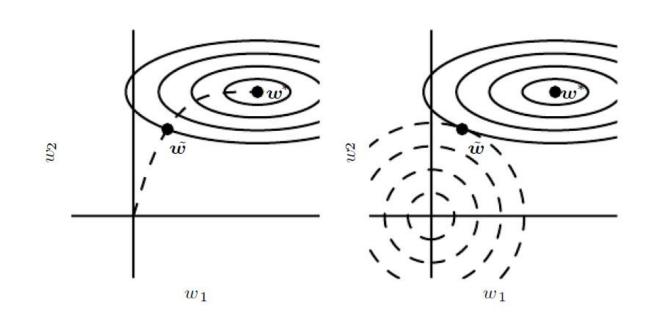


Figure from *Deep Learning*, Goodfellow, Bengio and Courville



- Randomly select weights to update
- More precisely, in each update step
  - Randomly sample a different binary mask to all the input and hidden units
  - Multiple the mask bits with the units and do the update as usual
- Typical dropout probability: 0.2 for input and 0.5 for hidden units



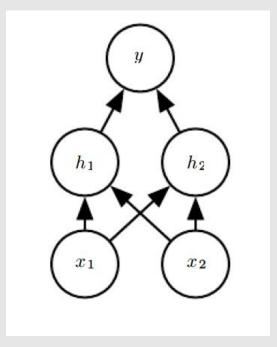


Figure from *Deep Learning*, Goodfellow, Bengio and Courville



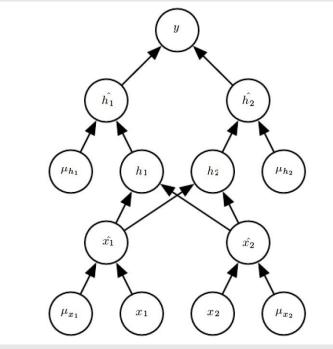


Figure from *Deep Learning*, Goodfellow, Bengio and Courville



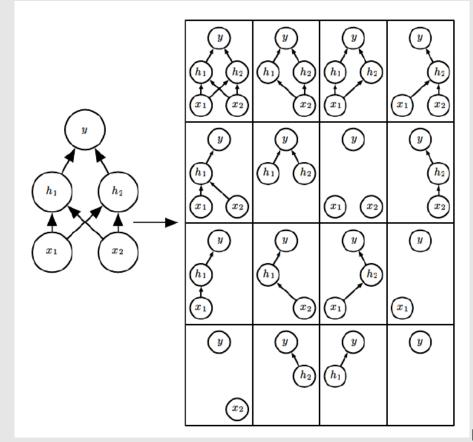


Figure from *Deep Learning*, Goodfellow, Bengio and Courville

### Batch Normalization



- If outputs of earlier layers are uniform or change greatly on one round for one mini-batch, then neurons at next levels can't keep up: they output all high (or all low) values
- Next layer doesn't have ability to change its outputs with learning-rate-sized changes to its input weights
- We say the layer has "saturated"

## Another View of Problem



- In ML, we assume future data will be drawn from same probability distribution as training data
- For a hidden unit, after training, the earlier layers have new weights and hence generate input data for this hidden unit from a *new* distribution
- Want to reduce this *internal covariate shift* for the benefit of later layers



<b>Input:</b> Values of x over a mini-batch: $\mathcal{B} = \{x_{1m}\};$ Parameters to be learned: $\gamma, \beta$	
<b>Output:</b> $\{y_i = BN_{\gamma,\beta}(x_i)\}$	
$\mu_{\mathcal{B}} \leftarrow \frac{1}{m} \sum_{i=1}^{m} x_i$	// mini-batch mean
$\sigma_{\mathcal{B}}^2 \leftarrow \frac{1}{m} \sum_{i=1}^m (x_i - \mu_{\mathcal{B}})^2$	// mini-batch variance
$\widehat{x}_i \leftarrow \frac{x_i - \mu_{\mathcal{B}}}{\sqrt{\sigma_{\mathcal{B}}^2 + \epsilon}}$	// normalize
$y_i \leftarrow \gamma \widehat{x}_i + \beta \equiv \mathbf{BN}_{\gamma,\beta}(x_i)$	// scale and shift

**Algorithm 1:** Batch Normalizing Transform, applied to activation *x* over a mini-batch.

# **Comments on Batch Normalization**



- First three steps are just like standardization of input data, but with respect to only the data in mini-batch. Can take derivative and incorporate the learning of last step parameters into backpropagation.
- Note last step can completely un-do previous 3 steps
- But if so this un-doing is driven by the *later* layers, not the *earlier* layers; later layers get to "choose" whether they want standard normal inputs or not

# What regularizations are frequently used?



- $l_2$  regularization
- Early stopping
- Dropout/Batch Normalization
- Data augmentation if the transformations known/easy to implement

# THANK YOU



Some of the slides in these lectures have been adapted/borrowed from materials developed by Mark Craven, David Page, Jude Shavlik, Tom Mitchell, Nina Balcan, Matt Gormley, Elad Hazan, Tom Dietterich, and Pedro Domingos.