

Identifying Gaps in the Secure Programming Knowledge and Skills of Students

Jessica Lam¹, Elias Fang¹, Majed Almansoori²
Rahul Chatterjee², Adalbert Gerald Soosai Raj¹

¹ University of California, San Diego,
{jplam,elias}@ucsd.edu,

² University of Wisconsin - Madison
{malmansoori2, rahul.chatterjee}@wisc.edu, gerald@eng.ucsd.edu

ABSTRACT

Often, security topics are only taught in advanced computer science (CS) courses. However, most US R1 universities do not require students to take these courses to complete an undergraduate CS degree. As a result, students can graduate without learning about computer security and secure programming practices. To gauge students' knowledge and skills of secure programming, we conducted a coding interview with 21 students from two R1 universities in the United States. All the students in our study had at least taken Computer Systems or an equivalent course. We then analyzed the students' approach to safe programming practices, such as avoiding unsafe functions like `gets` and `strcpy`, and basic security knowledge, such as writing code that assumes user inputs can be malicious. Our results suggest that students lack the key fundamental skills to write secure programs. For example, students rarely pay attention to details, such as compiler warnings, and often do not read programming language documentation with care. Moreover, some students' understanding of memory layout is cursory, which is crucial for writing secure programs. We also found that some students are struggling with even the basics of C programming, even though it is the main language taught in Computer Systems courses.

CCS CONCEPTS

• **General and reference** → **Evaluation**; • **Social and professional topics** → **Computer science education**; • **Security and privacy** → **Vulnerability management**.

KEYWORDS

Computer security education; Computer systems; Unsafe functions; Buffer overflow; Security vulnerabilities; C and C++

ACM Reference Format:

Jessica Lam, et al.. 2022. Identifying Gaps in the Secure Programming Knowledge and Skills of Students. In *Proceedings of the 53rd ACM Technical Symposium on Computer Science Education V. 1 (SIGCSE 2022)*, March 3–5, 2022, Providence, RI, USA. ACM, New York, NY, USA, 7 pages. <https://doi.org/10.1145/3478431.3499391>

Permission to make digital or hard copies of all or part of this work for personal or classroom use is granted without fee provided that copies are not made or distributed for profit or commercial advantage and that copies bear this notice and the full citation on the first page. Copyrights for components of this work owned by others than ACM must be honored. Abstracting with credit is permitted. To copy otherwise, or republish, to post on servers or to redistribute to lists, requires prior specific permission and/or a fee. Request permissions from permissions@acm.org.
SIGCSE 2022, March 3–5, 2022, Providence, RI, USA

© 2022 Association for Computing Machinery.
ACM ISBN 978-1-4503-9070-5/22/03...\$15.00
<https://doi.org/10.1145/3478431.3499391>

1 INTRODUCTION

Since security courses are often not required for a Computer Science degree, students can graduate without ever taking a security course. Furthermore, as prior work [1, 2] has shown, basic security topics are often not covered in the required courses, and students can graduate without learning the most basic – yet important – secure programming practices. This is particularly concerning given the fact that students will join the software developer workforce who design and build the digital systems that our modern society and critical national infrastructures rely on.

Prior studies [5, 10, 11, 16–18] have attempted to remedy this by developing and designing tools, modules, and interventions to address the lack of security topics in computer science education. Despite several prior works on improving students' security knowledge, studies [1, 19] have shown that students regularly write insecure code in their assignments. An obvious remaining question is why students fail to write secure programs. Do they have all the required knowledge and skills to understand the potential security issues of the code they write?

Specifically, in this work, we aim to understand the following research question:

RQ: What are some common issues students face while writing secure programs and identifying, understanding, or fixing insecure code?

To answer this question, we conducted coding interviews with students who have at least taken Computer Systems or an equivalent course in two R1 universities (the University of California, San Diego (UCSD) and the University of Wisconsin-Madison (UW-Madison)) in the US. We developed the interview questionnaire to gauge students' basic security knowledge and their approach to programming in terms of security. By approaching this as a qualitative study, we were able to focus on students' behaviors and their actions to solve the problems they were given. Through this study, we hope to understand the issues that students face while working with code that may contain security issues and find the root causes for difficulties students face with secure programming.

In total, we interviewed 21 students over Zoom, with the participants sharing their screens during the interview. We analyzed the nearly 20-hour-long interviews and used coding and thematic analysis to analyze our data systematically. Overall, we found that many students lack the basic building blocks needed to write secure code: Students struggled with reading and understanding compiler warnings and language documentation, knowledge of memory, basic C programming, and knowledge of unsafe functions and their safer alternatives.

2 RELATED WORK

With the increased importance of security, it is necessary that all computer science students learn about the topic. However, security is often only taught in advanced courses, and many top universities in the US do not require students to take such security courses to graduate [1]. As a result, students can graduate without any knowledge of security and secure programming practices.

Since we cannot just rely on security experts to fix all vulnerabilities – including simple ones – in our code, we must train software engineers to develop secure coding practices by teaching security early in their CS curriculum. Prior work [14] has shown that we can introduce security concepts to students as early as CS1 to increase their security awareness from the beginning of their studies. There have also been modules [5, 10, 11, 16–18] designed to teach students secure coding habits in introductory CS courses (CS0, CS1, and CS2). These modules have been shown to effectively improve students’ security awareness and ability to apply security knowledge.

Bishop [4] explored the concept of a security clinic to teach secure coding habits beyond introductory courses. It was noted that students often only followed robust programming practices when required of them in a coding assignment and did not consider it as an essential practice. This study showed that implementing the clinic on a computer security course could help increase students’ security awareness and reduce security issues in their assignments.

Although there have been several studies on improving students’ security knowledge, students are still exposed to unsafe programming practices and thus continue to use them. For example, Taylor et al. [19] analyzed seven database textbooks used by the top 50 US CS programs and showed that many do not thoroughly discuss SQL injection, a common database exploit. They also found that these textbooks often do not teach ways to prevent SQL injection, such as writing parameterized queries, and that two of the seven textbooks even gave examples of code that was SQL injectable.

Recent studies [1, 2] have examined the mid-level Computer Systems course, which many universities teach. In this course, students are introduced to the C (or C++) language and some Assembly languages such as x86. Almansoori et al. [1] collected projects written by students in the top 20 CS programs in the US for their Computer Systems course and showed that students used many unsafe functions that can lead to security issues such as buffer overflow. Their work also showed that lectures did not warn about unsafe functions and even provided code snippets and project skeleton code containing some of those unsafe functions.

Moreover, Almansoori et al. [2] analyzed textbooks used in the Computer Systems course of the top 30 CS programs in the US and showed that most textbooks did not discuss security nor warn about using unsafe functions. Unfortunately, these textbooks also have vulnerable code snippets, possibly hindering students from writing secure code.

3 METHODOLOGY

In this section, we explain how we designed our survey, recruited participants, conducted interviews, and analyzed the collected data.

Designing the survey. We designed the survey to understand students’ approach to C programming questions with respect to security. We decided to mainly write questions that would evaluate

#	Behavior
1	Avoiding use of unsafe functions
2	Using safer alternatives correctly
3	Understanding the danger of using unsafe functions
4	Awareness of user inputs that may break the code
5	Knowing how to fix issues caused by unsafe functions

#	Behaviors	Answer (other equivalent answers are accepted)
Q1	1, 2	Use <code>fgets</code> and limit the number of characters read
Q2	1, 2	Use <code>strncat</code> with a constant size parameter so that buffer only contains characters that fit
Q3	3	The small buffer of destination array in <code>strcpy</code> causes source array to be overwritten
Q4	4, 5	Inputs longer than the defined array size will cause buffer overflow and adding a width specifier would solve this issue
Q5	4, 5	The longest option would break the code and it is safer to use <code>snprintf</code>

Figure 1: The list of behaviors we used to evaluate a student’s secure programming knowledge and skills (top). The behaviors tested by each question and the expected answers from students (bottom).

students’ understanding of memory and stack-based buffer overflow exploits. With this in mind, we defined important behaviors to use when assessing students’ secure programming knowledge and skills; this list is shown in Figure 1. Based on these behaviors, we designed a set of questions and improved them iteratively, ending up with a set of five questions, as shown in Figure 1.

Prerequisites. We ensured that all students had already completed a Computer Systems course and learned C or C++ before taking the survey, as it was a prerequisite for students to participate. We also allowed participants who have not taken any security courses since this helped us understand whether security is taught well, if taught at all, in Computer Systems courses.

Interview questions. The first question evaluated a student’s knowledge of reading from standard input. We wanted to see if students could do so safely by giving students two function options: `gets` and `fgets`. We hoped that students would choose `fgets` to avoid running into buffer overflow by limiting the number of characters read. This also allowed us to observe whether or not students knew that `gets` is a deprecated and unsafe function that should be avoided while programming.

The second question tested students’ knowledge of the unsafe function `strcat`. Students were asked to fill in code concatenating user input passed in through the command line. For this question, we observed whether students would avoid the unsafe function `strcat` since the user can input any number of characters. Again, we looked for the use of safer alternatives, like `strncat`.

The third question asks students to identify the error in a code snippet that contains the unsafe function `strcpy`. The student must explain why the program changed the source array passed into `strcpy` and not the destination array, which requires knowledge of the stack and buffer overflow.

The fourth question asks students what potential issues a code snippet could have using `scanf`. Our goal is to test if the student would realize that the user could provide an input that is too long

Demographic	UW-Madison	UCSD	Total
Gender			
Male	7	6	13
Female	3	5	8
Class Standing			
Sophomore	1	6	7
Junior	7	1	8
Senior	2	4	6
Completed Security Course			
Yes	2	1	3
No	8	10	18
Industry Experience			
Yes	4	8	12
No	6	3	9

Figure 2: Participant demographics

and thus cause a buffer overflow. We also asked for a potential fix, for example, using `fgets` instead or adding a width specifier.

The final question tests the ability to find out if a function is safe to use or not by generalizing prior knowledge about buffer overflow. In this case, students needed to realize that `sprintf` is vulnerable to buffer overflow and understand which inputs could then cause the program to crash.

Our survey also include pre- and post-survey questions asking about the interviewees' year in school, the Computer Systems or related courses that they have taken, their familiarity with C, C++, Java, Python, and Assembly, their demographic information, and whether or not they have had industry experience. The survey questions can be found here <https://bit.ly/2VTRqdc>.

Improving the survey. We conducted two pilot interviews at UCSD and realized that there were typos and mistakes in the first draft of the survey. In the first question, the provided answer option with the use of `fgets` contained a buffer of size 8 instead of 7. By fixing this error, we helped avoid any confusion or other external factors that could affect how the students answer that problem. We also realized that the solution to the third question was easily searchable on Stack Overflow, so we edited the question to be unique and different. This removed the possibility of students just copying and pasting answers from the Internet.

After conducting the UCSD interviews, we noticed that question 1 was not as helpful in answering our research question as we originally expected. In the first iterations, the name character array was length 8 so the example input and output we provided often hinted to students that they needed to limit user input somehow. Furthermore, because the first iteration listed answer options, we could not observe other ways students could approach the question. Thus, we updated the sample code snippet and made the question more open-ended while conducting the UW-Madison interviews.

Participant recruitment. Students are typically introduced to process memory and C/C++ in the Computer Systems course. Thus, we wanted to recruit students who had completed Computer Systems and self-evaluated that they know how to code in C/C++.

We created a recruitment form that asked how often students code in C and whether they have taken Computer Systems or an equivalent course. We only recruited students who knew C, were 18 or older, and consented to be recorded. As an incentive, all participants received a \$15 dollar Amazon gift card. As our study involved recruiting and interviewing students, we received IRB approval from both universities to conduct our research¹.

We recruited 11 students from UCSD by distributing the recruitment form in Discord servers of 13 student organizations and in four Facebook groups. After we interviewed the students from UCSD, we recruited 10 students from UW-Madison by emailing the computer science undergraduate mailing list. In total, between two universities, we interviewed a total of 21 students. Among these 21, 8 were female, and the remaining were male. Most of the students had just completed their Junior year. The demographics of our participants can be seen in Figure 2. Out of all of the participants, only 3 students had taken at least one security course, and one student learned about security outside of school out of their own interest.

Interviews. For each interview, we ensured that the student consented to be recorded. We asked participants to follow a think-aloud protocol to help us understand students' thought processes during the interview. On average, interviews lasted about 30-75 minutes.

For UCSD, interviews were conducted by two interviewers; one focused on giving the student directions and answering the student's questions about the survey, while the other focused on taking notes on the student's survey responses and behaviors. Both interviewers asked clarification questions about the student's approach and process. We also often prompted students to think aloud so that we could follow their thought process more easily and efficiently. For UW-Madison, we had only a single interviewer since we noticed that having a note-taker was not necessary because the interviews were video recorded. Otherwise, the protocol was the same.

During the interview, the students were allowed to use search engines like Google, look up programming documentation, and use their preferred IDEs to compile and test code. The goal was to provide students with a typical coding environment as in the real world so that we could observe how students would normally behave while solving programming questions related to security. We also refrained from answering student questions other than clarification to help them understand the problems better to avoid biasing our results.

Although our consent form mentioned that the interview would contain security-related questions, we did not explicitly state during the interview that we would assess students on their secure coding practices. In doing so, we could more accurately observe whether students would apply their security knowledge in typical programming environments that are not necessarily security-focused.

After interviewing 10 students at UCSD and 11 students at UW-Madison, we decided against interviewing additional students as we did not observe any new behaviors among students after a certain number of interviews.

Data analysis. After conducting all interviews, the interviewers reviewed each recording and transcript, taking notes on specific important behaviors. For example, how students initially approached

¹IRB numbers for UCSD and UW-Madison are 201933SX and 2020-1574 respectively.

problems, what resources they used to solve problems, and whether or not the solutions they came up with were considered “secure”. Upon reviewing these notes as a team, we noticed several common themes present among students when they were solving each question. We then created multiple codes that we could associate with each theme to more clearly see the strengths and issues that students exhibited and faced during the interview and to help identify the main areas of concern regarding secure programming. The themes that emerged from these interviews are presented in Section 4.

4 RESULTS

Through the interview and coding process, we found that many students lacked the necessary fundamental knowledge in several areas, which ultimately hindered their ability to write secure code. On the other hand, we also observed several students who performed very well on certain questions, and thus we were able to take note of the kinds of useful prior knowledge or skills they utilized in these instances. Through the themes that emerged from the interview observations, we decided on 6 main areas of knowledge that we consider helpful prerequisites for learning how to code securely.

4.1 Understanding compiler messages

Compilers print useful messages, especially warnings and errors, which can help produce more secure code. However, we found that several students regularly ignored important compiler warnings that were pointing to security issues with the functions they were using. The primary reason for ignoring them is that the written code would still execute and output relevant results before failing. An example of this is when S9 (student 9) at UCSD tested the code they wrote for Q1 (question 1), which used the C library function `gets`. Their compiler gave warnings that stated `gets` is deprecated and unsafe. Still, the student continued to use the function in their answer anyway, stating, “We get a bunch of warnings about how it’s unsafe ... and how it’s been deprecated ... but I think it works.”

We also observed that students do not read compiler errors carefully or understand them properly. For example, while executing Q4, some students received a “stack smashing detected” exception due to inputting a long string into a small buffer. This exception is added to notify users about potential buffer overflow attacks. However, we found only 3 students were familiar with or had even heard about the stack smashing exception (S1 at UCSD and S6, S8 at UW-Madison). Many students either did not encounter the specific error or did not know how to address it. Some students believed it was an issue with their computer or compiler, and others just ignored the error and moved on. Only 5 students (S1, S9 at UCSD, and S1, S4, S7 at UW-Madison) who did not know about the error actually tried to look it up on the Web. In general, we found students who did well in identifying, understanding, and fixing the buggy code snippets also paid close attention to the warning and exception messages.

4.2 Utilization of resources

Students were allowed to use any online or locally-installed C compilers to test their code during the interview. We also allowed them to search up anything they would like to in order to simulate a realistic software developer workflow. We observed how students

use the available resources (function manuals and the internet) to understand and solve the programming problems.

We saw that at least 4 students (S1, S6 at UCSD and S1, S2 at UW-Madison) copied answers from online forums (most commonly Stack Overflow) or arbitrary examples on documentation sites. Moreover, students would often copy the first suggested answer or example code without reading the post in detail or other comments. This was worrisome since Stack Overflow often contains insecure code snippets [7]. It was also concerning that many students only skim through documentation and go straight to the examples section. As such, students sometimes missed how to correctly use the function and noticeably ignored important warnings about the security issues with certain functions.

For example, when addressing Q2, students searched up ways to concatenate strings in C. For many, top search results would reveal the C library function `strcat`, and they would simply use this function in their answer. As a result, only a much smaller subset of students who either read other Stack Overflow answers or read documentations in-depth learned that, while `strcat` works, it is much safer to use its alternative `strncat`. The difference in the way students referenced online materials affected how securely they answered this specific question.

In an extreme case, S6 at UCSD accessed `strcat` documentation and saw an example on the same page using the function `strcpy`. Seeing the example, the student ended up answering using `strcpy`, assuming that it behaves similarly to `strcat`, stating that they were “using the `strcpy` function and [had] the buffer as the destination [with `argv[1]`] to be added on to the buffer”.

Something we were not expecting but were very excited to see was that some students took the initiative to explore a topic brought up during the interview and took the time to learn about it to better understand the question and how to answer it. For example, S10 at UW-Madison came across a Stack Overflow answer mentioning “buffer overflow” while trying to understand how to answer Q3 of the interview. As a result, the student searched up buffer overflow to better understand it.

4.3 Knowledge of memory

Since our interview questions focused on the buffer overflow vulnerability, understanding how processes use computer memory would be essential for answering the survey questions. However, many students displayed little knowledge or had misunderstandings about memory and memory layout.

For example, in Q3, many students realized that the issue was due to copying a string into a smaller destination buffer. Still, they could not recall the memory layout to explain the error further. In Q3, two character arrays were defined and are stored directly one after another in the stack. Therefore, copying larger content into the latter array overwrites the former character array. As a result, they did not understand why the buffer overflow caused this exact behavior and either skipped the question, gave vague reasoning, or cited that it was because of “undefined/unexpected behavior”. According to S1 at UW-Madison, “the size” of the destination “needs to be large enough when using `strcpy`”. Otherwise, it results in undefined behavior”. Another student, S3 at UW-Madison, said, “something bad happens” if the buffer overflows.

Similarly, S7 at UCSD could not recall whether arrays are stored in the stack or the heap, and forgot the order in which arrays are stored in the stack. Since the student was given access to the Internet, they were able to find these answers eventually, but this helped show the lack of understanding they originally had about memory and memory layout. Another student, S2 at UW-Madison, also had confusion about how data are stored in memory. Although both buffers are stored in the stack, the student said, “question1 is allocated on stack memory, and question2 is allocated on heap”.

Other students have shown minimal to no understanding of memory errors. For example, S2 at UW-Madison said that a “Memory leak” caused the output of the code snippet provided in Q3. Moreover, the student stated that “the first 15 characters in question1 are now referencing memory that doesn’t contain any character values.” Other students have also discussed that dangling pointers could cause the issue.

4.4 Knowledge of C Programming Language

Although we required interviewees to be familiar with C, we found that many students struggled to recognize several standard C library functions and displayed several misunderstandings about the C programming language.

First, several standard C library functions appear throughout the survey and/or were used by students in the interview. These include `printf`, `scanf`, `gets`, `fgets`, `strcpy`, and `strcat`. Although many of them are popular functions, we noticed that even if some students recalled these functions, many did not remember the details and usage of a majority of them. Note that `sprintf` appears in the survey, but we do not expect students to have encountered this function before.

For example, when S8 at UW-Madison attempted to use the function `strncat` in Q2 of the survey, they misunderstood how it works and tried to use it in the following way:

```
strcpy(buf, strncat(buf, argv[1], 14)).
```

While `strncat` concatenates the source string to the destination string, the student believed that it returns a string of the destination and source strings concatenated together as a new string. Thus, the student used `strcpy` in an attempt to assign the “output” of `strncat` to `buf`.

Other students had more general misunderstandings of C. For example, S4 at UCSD could not recall if C has bounds checking, which is an important reason why much of C code is insecure to buffer overflow. In another case, some students (S6 at UCSD and S2, S4 at UW-Madison) had difficulty with Q3 and misunderstood that it was an issue with pointers being somehow rearranged when accessed.

4.5 Knowledge of unsafe functions

We separated this from the “Knowledge of C programming Language” category because, while some students may know or recognize some C library functions, they may not realize that the function is unsafe or has safer alternatives. This is important because understanding how to use the safer alternative of a function can be a simpler and quicker way to fix unsafe C code.

Arguably, the function `gets` is the most well-known unsafe library function [??] as `gets` has been deprecated and also because it was mentioned as unsafe in most textbooks used by *Introductory*

Computer Systems courses [2]. However, we found that roughly half of the students interviewed (S1, S2, S3, S4, S6, S7, S8, S9, S11 at UCSD and S4, S5 at UW-Madison) displayed that they either did not know `gets` at all or recognized it but still did not know of its security implications. As a result, a few of those students continued to use it in their code. Note that several students did not encounter `gets` at all during the interview, and so we could not assess whether they considered the function as unsafe or not.

On the other hand, several students either had prior security knowledge or had taken a security course and recalled the secure alternatives to some of the library functions tested (i.e., `strncpy` is a safer alternative to `strcpy`). Some students didn’t know that some of these functions were unsafe but learned about them and their safer alternatives when searching them up during the interview.

4.6 Understanding of general security topics

We did not expect the students who participated in this survey to have a huge security background. However, while students may not completely understand these security topics, some displayed a level of understanding of the implications and consequences of errors/vulnerabilities in the code in terms of security. Thus, we came up with this category to gauge how well students understood the code they read and wrote in terms of security.

In response to Q1, Q2, and Q4, several students trusted user input and believed that, by simply increasing the buffer size or by prompting the user to input less than `n` characters, they could solve this issue where the user may input something longer than the allotted buffer size. For example, S1 at UW-Madison explained, “I would change the buffer size to be a larger character string, maybe like 256 or 1024”. In another case, S11 at UCSD mentioned that the issue could be fixed by “either asking for shorter input or reallocating space in `name` to support the length of the input”. It is evident through these responses that these students were not considering this question with security in mind (as an attacker is not the average user and would thus still be able to exploit this program even after these proposed fixes).

However, even if students had prior knowledge of security, they did not always begin the interview with security in mind. For example, a student S9 at UW-Madison originally used the unsafe function `gets` in Q1 but, after submitting and upon approaching question 2, they realized that they “forgot to check for buffer overflow” in the previous question. When prompted, this student was able to articulate a more secure way to answer the first question, which showed that they did, in fact, understand how to code securely. However, coding with security in mind seemed to be more of an added afterthought in this case rather than the primary practice.

5 DISCUSSION

Through the interviews and coding process, we found six main areas of concern that hindered students’ understanding of secure programming. In this section, we interpret the results, discuss them in relation to prior studies, and provide recommendations to improve the status quo of security education. We also discuss the limitations of our work and possible directions for future work.

Interpretation of results. Currently, much of security education research focuses on students’ knowledge of security and on finding

ways to teach security through interventions like security clinics or learning modules on security [5, 10, 11]. However, our results show that perhaps we have failed to see the root causes of the problem – many students struggle with secure programming because they lack some fundamental knowledge/skills in programming.

Although students are not required to be fully proficient in all six categories listed above (see Section 4), we found that an understanding or lack thereof in any or all of these areas was important to a student’s overall understanding of secure coding. These six main categories thus also help pinpoint areas that the security education research community can focus on improving and therefore better prepare students to learn secure coding practices.

Alternative interpretation. Most students did not do well on our 5-question programming quiz, and this could be interpreted that the questions we asked were too difficult and tricky for the students. However, we restricted our questions to basic programming knowledge, such as copying a string, reading input, etc. Another limitation could be that we did not explicitly mention that we were testing their security skills and practices during the interview (Though the careful reading of our consent form will reveal the study intention, which few students read carefully).

Relationship with prior studies. The “understanding compiler messages” and “utilization of resources” categories highlighted that many students lacked or struggled with these important skills (that are usually not explicitly taught in a CS course). This is congruent with prior research on the complexity of compiler errors and warnings and the difficulties novice programmers face when addressing them [6, 15]. As such, there has been much work addressing ways to teach these skills as well as finding interventions to help students digest complex compiler messages [3, 8, 9] and more easily seek answers online [12, 13]. In the “knowledge of unsafe functions” category, we showed that many students did not recognize unsafe functions and the safer alternatives of many C library functions tested in the interview. However, this was expected as it was shown in prior works that *Introductory Computer Systems* courses (in which many students learn how to program in C) do not warn their students of these security issues [1], and textbooks used by these courses also do not always mention the safer alternatives of many C library functions [2].

Recommendations We realize that several of these categories, such as “understanding compiler messages” and “utilization of resources”, are not often taught in traditional computer science courses and thus may also be a contributing factor as to why students struggled in these aspects. However, we found these skills important for students to better understand the code they encounter and guide students toward more robust and secure coding practices. Thus, we propose that these important skills should receive more emphasis in the classroom.

We also found that students struggled with the C programming language. This may be because students often start with learning high-level programming languages such as Java and only receive introductions to C later in their university curriculum (for example, in an *Introductory Computer Systems* course). The introduction to the C programming language is often quick, brief, and taught alongside difficult concepts such as memory, bitwise operations,

etc. This could explain why students struggled to recall many C library functions and concepts.

Limitations and threats to validity There were only 21 total interviews conducted over 2 different US universities. As such, our participant pool only represents a smaller subset of computer science students attending US universities. In order to gain a clearer picture and solidify our data, we would need to repeat these interviews with a more significant number of students across a wider variety of US universities. Our results were also collected through an interview process. Thus, with the added pressure of a perceived assessment, the collected results may not wholly reflect how students would normally approach such questions. The questions students were asked to answer were also on toy code snippets, which have little purpose outside their use in the interview, so students may not have responded to them as seriously as opposed to if they had to address more critical code, for example, in their workplace.

Future work. Currently, there is a gap in security education research that seeks to pinpoint these areas of concern and propose interventions for teaching or supplementing these knowledge areas. If we want to achieve our goal of teaching students secure coding practices, we should focus on finding these ways to bridge the gaps we found in prerequisite knowledge and skills. In doing so, we can better prepare students to learn secure coding practices and also use these teaching methods to supplement other ways of teaching security, such as the module-based approach.

6 CONCLUSION

We interviewed 21 students across two US universities to understand how students approach coding to identify the barriers they may face when attempting to understand or fix unsafe code and write secure programs. As a result, we found six main knowledge areas we consider essential foundations and prerequisites that can help students better employ secure coding practices. Students who excelled in the interview tended to display knowledge/skills in several of these six areas. On the other hand, we found that many students whose lack of knowledge/skills in one or more of these areas ultimately hindered their ability with secure programming. Through this work, we pinpoint the lack of understanding in these important prerequisite knowledge areas as root causes of the difficulty students faced when attempting to identify and fix insecure code. Beyond that, even for students who do have sufficient knowledge in these areas, it is important that they keep them in mind when reading and writing code. We hope these results bring awareness to the security education research community to focus on addressing ways to better teach, supplement, and demonstrate the importance of these knowledge areas to bridge the gap students are facing when employing secure coding practices.

ACKNOWLEDGMENTS

We thank all the students who participated in our study. We also thank the anonymous reviewers for their feedback on our work. This work was supported in part by NSF Award 2044473. Any opinions, findings, and conclusions, or recommendations expressed in this material are those of the author(s) and do not necessarily reflect the views of the National Science Foundation.

REFERENCES

- [1] Majed Almansoori, Jessica Lam, Elias Fang, Kieran Mulligan, Adalbert Gerald Soosai Raj, and Rahul Chatterjee. How secure are our computer systems courses? In *Proceedings of the 2020 ACM Conference on International Computing Education Research*, pages 271–281, 2020.
- [2] Majed Almansoori, Jessica Lam, Elias Fang, Adalbert Gerald Soosai Raj, and Rahul Chatterjee. *Textbook Underflow: Insufficient Security Discussions in Textbooks Used for Computer Systems Courses*, page 1212. Association for Computing Machinery, New York, NY, USA, 2021.
- [3] Brett A Becker, Graham Glanville, Ricardo Iwashima, Claire McDonnell, Kyle Goslin, and Catherine Mooney. Effective compiler error message enhancement for novice programming students. *Computer Science Education*, 26(2-3):148–175, 2016.
- [4] Matt Bishop. A clinic for “secure” programming. *IEEE Security and Privacy*, 8(2):54–56, 2010.
- [5] Justin Cappos and Richard Weiss. Teaching the security mindset with reference monitors. In *Proceedings of the 45th ACM technical symposium on Computer science education*, pages 523–528, 2014.
- [6] Preetha Chatterjee, Minji Kong, and Lori Pollock. Finding help with programming errors: An exploratory study of novice software engineers’ focus in stack overflow posts. *Journal of Systems and Software*, 159:110454, 2020.
- [7] Felix Fischer, Konstantin Bottinger, Huang Xiao, Christian Stranksy, Yasemin Acar, Michael Backes, and Sascha Fahl. Stack overflow considered harmful? the impact of copy&paste on android application security. In *2017 IEEE Symposium on Security and Privacy*, pages 121–136, 2017.
- [8] Björn Hartmann, Daniel MacDougall, Joel Brandt, and Scott R Klemmer. What would other programmers do: suggesting solutions to error messages. In *Proceedings of the SIGCHI Conference on Human Factors in Computing Systems*, pages 1019–1028, 2010.
- [9] Maria Hristova, Ananya Misra, Megan Rutter, and Rebecca Mercuri. Identifying and correcting java programming errors for introductory computer science students. *ACM SIGCSE Bulletin*, 35(1):153–156, 2003.
- [10] Cynthia E Irvine. What might we mean by “secure code” and how might we teach what we mean? In *19th Conference on Software Engineering Education and Training Workshops (CSEETW’06)*, pages 22–22. IEEE, 2006.
- [11] Cynthia E Irvine and Shiu-Kai Chin. Integrating security into the curriculum. *Computer*, 31(12):25–30, 1998.
- [12] Oleksii Kononenko, David Dietrich, Rahul Sharma, and Reid Holmes. Automatically locating relevant programming help online. In *2012 IEEE Symposium on Visual Languages and Human-Centric Computing (VL/HCC)*, pages 127–134. IEEE, 2012.
- [13] Yihan Lu and I-Han Hsiao. Seeking programming-related information from large scaled discussion forums, help or harm?. *International Educational Data Mining Society*, 2016.
- [14] Kara Nance. Teach them when they aren’t looking: Introducing security in cs1. *IEEE Security and Privacy*, 7(5):53–55, 2009.
- [15] Marie-Hélène Nienaltowski, Michela Pedroni, and Bertrand Meyer. Compiler error messages: What can help novices? In *Proceedings of the 39th SIGCSE technical symposium on Computer science education*, pages 168–172, 2008.
- [16] Sagar Raina, Siddharth Kaza, and Blair Taylor. Segmented and interactive modules for teaching secure coding: A pilot study. In *International Conference on E-Learning, E-Education, and Online Training*, pages 147–154. Springer, 2014.
- [17] Sagar Raina, Siddharth Kaza, and Blair Taylor. Security injections 2.0: Increasing ability to apply secure coding knowledge using segmented and interactive modules in cs0. In *Proceedings of the 47th ACM Technical Symposium on Computing Science Education*, pages 144–149, 2016.
- [18] Blair Taylor and Siddharth Kaza. Security injections: modules to help students remember, understand, and apply secure coding techniques. In *Proceedings of the 16th annual joint conference on Innovation and technology in computer science education*, pages 3–7, 2011.
- [19] Cynthia Taylor and Saheel Sakharkar. DROP TABLE textbooks: An argument for SQL injection coverage in database textbooks. In *Proceedings of the 50th ACM Technical Symposium on Computer Science Education*, pages 191–197, 2019.