

## **Developing a Predictive Model for Asthma-Related Hospital Encounters in Patients with Asthma in a Large, Integrated Health Care System: Secondary Analysis**

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## Abstract

**Background:** Asthma causes numerous hospital encounters including emergency department visits and hospitalizations annually. To improve patient outcomes and cut the number of these encounters, predictive models are widely used to prospectively pinpoint high-risk patients with asthma for preventive care via care management. But, the prior models do not have adequate accuracy to achieve this goal well. Adopting the modeling guideline of checking extensive candidate features, we recently constructed a machine learning model on Intermountain Healthcare data to predict asthma-related hospital encounters in patients with asthma. Although this model is more accurate than the prior models, it remains unknown whether our modeling guideline is generalizable to other healthcare systems.

**Objective:** This study aims to assess our modeling guideline's generalizability to Kaiser Permanente Southern California (KPSC).

**Methods:** The patient cohort included a random sample of 70.00% (397,858/568,369) of patients with asthma who were enrolled in a KPSC health plan for any duration between 2015 and 2018. Via secondary analysis of 987,506 KPSC data instances from 2012 to 2017 and checking 337 candidate features, we produced a machine learning model to project asthma-related hospital encounters in the succeeding 12-month period in patients with asthma.

**Results:** Our model reached an area under the receiver operating characteristic curve of 0.820. When the cutoff point for doing binary classification was put at the top 10.00% (20,474/204,744) of patients with asthma having the largest predicted risk, our model achieved an accuracy of 90.08% (184,435/204,744), a sensitivity of 51.90% (2,259/4,353), and a specificity of 90.91% (182,176/200,391).

**Conclusions:** Our modeling guideline exhibited acceptable generalizability to KPSC and resulted in a model that is more accurate than those formerly built by others. After further enhancement, our model could be used to guide asthma care management.

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**Keywords:** Asthma; forecasting; machine learning; patient care management; risk factors

## Introduction

### Background

About 8.4% of people in the U.S. have asthma [1], which causes over three thousand deaths, around five hundred thousand hospitalizations, and over two million emergency department (ED) visits each year [1,2]. To improve patient outcomes and cut the number of asthma-related hospital encounters including ED visits and hospitalizations, predictive models are widely used to prospectively pinpoint high-risk patients with asthma for preventive care via care management. This is, e.g., the case with healthcare systems like University of Washington Medicine, Kaiser Permanente Northern California [3], and Intermountain Healthcare, as well as with other health plans in nine of 12 metropolitan communities [4]. Once a patient is identified as high risk and placed into a care management program, a care manager will call the patient periodically to assess asthma control, adjust asthma medications, and make appointments for needed care or testing. Successful care management can help patients with asthma obtain better outcomes and thereby avoid up to 40% of their future hospital encounters [5-8].

A care management program has a limited service capacity and usually enrolls  $\leq 3\%$  of patients [9] with a given condition, which places a premium on enrolling at-risk patients. Therefore, the adopted predictive model's accuracy (or lack thereof) puts an upper bound on the program's effectiveness. Before us, multiple researchers have developed several models for projecting asthma-related hospital encounters in patients with asthma [3,10-22]. Each of these models considered only a few features, would miss more than half of patients who will have future asthma-related hospital encounters, and would incorrectly project future asthma-related hospital encounters for many other patients with asthma [23]. These errors lead to suboptimal patient outcomes including hospital encounters, as well as unnecessary healthcare costs due to unneeded care management program enrollment. When building machine learning models on non-medical data, people often follow the modeling guideline of checking extensive candidate features to boost model accuracy [24-27]. Adopting this modeling guideline to the medical domain, we recently constructed a machine learning model on Intermountain Healthcare data to project asthma-related hospital encounters in the succeeding 12-month period in patients with asthma [23]. Compared with the prior models, our model boosts the area under the receiver operating characteristic curve (AUC) by at least 0.049 to 0.859. Although this is encouraging, it remains unknown whether our modeling guideline is generalizable to other healthcare systems.

### Objectives

This study aims to assess our modeling guideline's generalizability to Kaiser Permanente Southern California (KPSC). Like our Intermountain Healthcare model [23], our KPSC model uses administrative and clinical data to project asthma-related hospital encounters (ED visits and hospitalizations) in patients with asthma. The categorical dependent variable has two

possible values: whether the patient with asthma will have asthma-related hospital encounters in the succeeding 12-month period or not. This report describes the construction and evaluation of our KPSC model.

## Methods

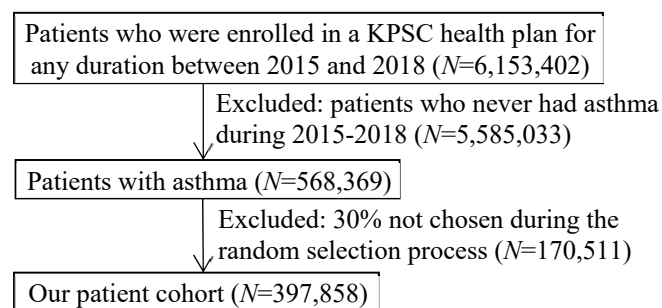
The methods adopted in this study are similar to those used in our previous paper [23].

### Ethics approval and study design

In this study, we performed a secondary analysis of computerized administrative and clinical data. This study was approved by University of Washington Medicine's and KPSC's institutional review boards.

### Patient population

As shown in Figure 1, our patient cohort was based on the patients with asthma who were enrolled in a KPSC health plan for any duration between 2015 and 2018. Owing to internal regulatory processes, the patient cohort was restricted to a random sample of 70.00% (397,858/568,369) of eligible patients. This sample size is the maximum one that KPSC allows for sharing its data with an institution outside of Kaiser Permanente for research. As the largest integrated healthcare system in Southern California with 227 clinics and 15 hospitals, KPSC offers care to approximately 19% of Southern California residents [28]. A patient was deemed to have asthma in a particular year if in that year, the patient had one or more diagnosis codes of asthma (International Classification of Diseases, Tenth Revision [ICD-10]: J45.x; International Classification of Diseases, Ninth Revision [ICD-9]: 493.0x, 493.1x, 493.8x, 493.9x) recorded in the encounter billing database [11,29,30]. The exclusion criterion is that the patient died during that year. If a patient had no diagnosis code of asthma in any subsequent year, the patient was deemed to have no asthma in that subsequent year.



**Figure 1.** The patient cohort selection process.

### Prediction target (a.k.a. the dependent variable)

For each patient identified as having asthma in a particular year, the outcome is whether the patient had any asthma-related hospital encounter in the succeeding year. An asthma-related hospital encounter is an ED visit or hospitalization with asthma as the principal diagnosis (ICD-10: J45.x; ICD-9: 493.0x, 493.1x, 493.8x, 493.9x). For every patient with asthma, the patient's data up to the end of every calendar year were used to project the patient's outcome in the succeeding year, as long as the patient was deemed to have asthma in the former year and was also enrolled in a KPSC health plan at the end of the former year.

### Data set

For the patients in our patient cohort, we used their entire electronically available patient history at KPSC. At KPSC, various kinds of information on its patients has been recorded in the electronic medical record system since 2010. In addition, we had electronic records of the patients' diagnosis codes starting from 1981, regardless of whether they were stored in the electronic medical record system. From KPSC's research data warehouse, we retrieved an administrative and clinical data set including information regarding our patient cohort's encounters and medication dispensing at KPSC during 2010-2018 and diagnosis codes at KPSC during 1981-2018. Owing to regulatory and privacy concerns, the data set is not publicly available.

### Features (a.k.a. independent variables)

We examined two types of candidate features: basic ones and extended ones. A basic feature and its corresponding extended features differ only in the year of the data used for feature computation. We considered 307 basic candidate features listed in Table 1 of Multimedia Appendix 1. Covering a wide range of characteristics, these basic candidate features were computed from the structured attributes in our data set. In Tables 1 and 2 of Multimedia Appendix 1, unless the word *different* shows up, every mention of the number of a given type of items like medications counts multiplicity. As defined in our previous paper

[23], major visits for asthma include ED visits and hospitalizations with an asthma diagnosis code, as well as outpatient visits having a primary diagnosis of asthma. Outpatient visits with a secondary but no primary diagnosis of asthma are regarded as minor visits for asthma.

Every input data instance to the model targets a unique (patient, index year) pair and is employed to forecast the patient’s outcome in the succeeding year. For the (patient, index year) pair, the patient’s primary care provider (PCP), age, and home address were computed as of the end of the index year. The basic candidate features of bronchiolitis, the number of years since the first asthma-coded encounter in the data set, premature birth, family history of asthma, and the number of years since the first encounter for chronic obstructive pulmonary disease in the data set were computed using the data from 1981 to the index year. All of the allergy features and the features derived from the problem list were computed using the data from 2010 to the index year. One basic candidate feature was computed using the data in the index and pre-index years: among all of the patient’s PCP’s patients with asthma in the pre-index year, the proportion who had asthma-related hospital encounters in the index year. The other 277 basic candidate features were computed using the data in the index year.

Besides the basic candidate features, we also checked extended candidate features. Our Intermountain Healthcare model [23] was built using the extreme gradient boosting (XGBoost) machine learning classification algorithm [31]. As detailed in Hastie *et al.* [32], XGBoost automatically computes every feature’s importance value as the feature’s fractional contribution to the model. Previously, we showed that ignoring those features with importance values <0.01 led to a little drop in model accuracy [23]. Using the basic candidate features and the model construction method described below, we built an initial XGBoost model on KPSC data. Since a patient’s demographic features rarely change over time, no extended candidate feature was formed for any of the basic demographic features. For each basic candidate feature that was non-demographic, was computed on the data in the index year, and had an importance value  $\geq 0.01$  in the initial XGBoost model, we computed two related extended candidate features, one using the data in the pre-index year and another using the data in the pre-pre-index year. The only difference between the extended candidate features and the basic feature is the year of the data used for feature computation. For instance, for the basic candidate feature “number of ED visits in 2016,” the two related extended candidate features are the number of ED visits in 2015 and the number of ED visits in 2014. In brief, we formed extended candidate features for only those suitable and important basic candidate features. Our intuition is that among all possible ones that could be formed, these extended candidate features are most promising with regard to additional predictive power. For the other basic candidate features with lower importance values, those extended candidate features that could possibly be formed for them tend to have little extra predictive power and can be ignored. Given the finite data instances available for model training, this feature extending approach avoids a large rise in the number of candidate features, which may cause sample size issues. We considered all of the basic and extended candidate features when building our final predictive model.

## Data analysis

### Data preparation

Peak expiratory flow values are available in our KPSC data set, but not in the Intermountain Healthcare data set used in our previous paper [23]. Based on the upper and lower bounds given by our team’s medical expert (MS), all peak expiratory flow values >700 were regarded as biologically implausible. Using this criterion and the same data preparation method adopted in our previous paper [23], we normalized data, identified biologically implausible values, and set them to missing. Since the outcomes were from the succeeding year and the extended candidate features were computed using the data from up to two years before the index year, our data set contained 6 years of effective data (2012-2017) over totally 9 years (2010-2018). In clinical practice, a model is trained on historical data and then applied to future years’ data. To mirror this, the 2012-2016 data were used as the training set for model training. The 2017 data were employed as the test set to gauge model performance.

### Performance metrics

As displayed in the formulas below and Table 1, we adopted six standard metrics to assess model performance: accuracy, specificity, sensitivity, negative predictive value (NPV), positive predictive value (PPV), and AUC.

$$accuracy = (TP + TN)/(TP + TN + FP + FN),$$

$$specificity = TN/(TN + FP),$$

$$sensitivity = TP/(TP + FN),$$

$$negative\ predictive\ value = TN/(TN + FN),$$

$$positive\ predictive\ value = TP/(TP + FP).$$

We did 1,000-fold bootstrap analysis [33] to compute these performance measures’ 95% confidence intervals. We plotted the receiver operating characteristic curve to show the tradeoff between sensitivity and specificity.

**Table 1.** The error matrix.

Outcome class	Asthma-related hospital encounters in the succeeding year	No asthma-related hospital encounter in the succeeding year
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Projected asthma-related hospital encounters in the succeeding year	True positive (TP)	False positive (FP)
Projected no asthma-related hospital encounter in the succeeding year	False negative (FN)	True negative (TN)

### Classification algorithms

We employed Waikato Environment for Knowledge Analysis (Weka) Version 3.9 [34] to build machine learning models. As a major open-source toolkit for machine learning and data mining, Weka integrates many classic feature selection techniques and machine learning algorithms. We examined the 39 native machine learning classification algorithms in Weka shown in our prior paper's [23] online appendix, and the XGBoost classification algorithm [31] realized in the XGBoost4J package [35]. As an ensemble of decision trees, XGBoost implements gradient boosting in a scalable and efficient way. Since XGBoost takes only numerical features as its inputs, we converted every categorical feature to one or more binary features through one-hot encoding before giving the feature to XGBoost. We employed our formerly developed automatic and efficient machine learning model selection method [36] and the 2012-2016 training data to automatically choose, among all of the applicable ones, the classification algorithm, feature selection technique, hyper-parameter values, and data balancing method for managing imbalanced data. On average, our method runs 28 times faster and achieves an 11% lower model error rate than the Auto-WEKA automatic model selection method [36,37].

### Assessing our Intermountain Healthcare model's generalizability to KPSC

This study mainly assessed our modeling guideline's generalizability to KPSC, by using the KPSC training set to train several models and assessing their performance on the KPSC test set. In addition, we assessed our Intermountain Healthcare model's [23] generalizability to KPSC. Using the Intermountain Healthcare data set and the top 21 features with an importance value computed by XGBoost  $\geq 0.01$  there, we formerly built a simplified Intermountain Healthcare model [23]. The simplified model retained almost all of the predictive power of our full Intermountain Healthcare model. Our KPSC data set included these 21 features, but not all of the 142 features used in our full Intermountain Healthcare model. We assessed our simplified Intermountain Healthcare model's performance on the KPSC test set twice, once after retraining the model on the KPSC training set and once using the model trained on the Intermountain Healthcare data set without retraining the model on the KPSC training set.

## Results

### Our patient cohort's clinical and demographic characteristics

Every data instance targets a unique (patient, index year) pair. Table 2 displays the clinical and demographic characteristics of our patient cohort during the time periods of 2012-2016 and 2017. The set of characteristics during 2012-2016 is similar to that during 2017. During 2012-2016 and 2017, 2.42% (18,925/782,762) and 2.13% (4,353/204,744) of data instances were associated with asthma-related hospital encounters in the succeeding year, respectively.

**Table 2.** Clinical and demographic characteristics of our patient cohort.

Characteristic	Time period					
	2012-2016			2017		
	Data instances ( $N=782,762$ ), $n$ (%)	Data instances linking to asthma-related hospital encounters in the succeeding year ( $N=18,925$ ), $n$ (%)	Data instances linking to no asthma-related hospital encounter in the succeeding year ( $N=763,837$ ), $n$ (%)	Data instances ( $N=204,744$ ), $n$ (%)	Data instances linking to asthma-related hospital encounters in the succeeding year ( $N=4,353$ ), $n$ (%)	Data instances linking to no asthma-related hospital encounter in the succeeding year ( $N=200,391$ ), $n$ (%)
<b>Age</b>						
<6	53,744 (6.87)	3,041 (16.07)	50,703 (6.64)	11,834 (5.78)	610 (14.01)	11,224 (5.60)
6 to <18	193,622 (24.74)	5,039 (26.63)	188,583 (24.69)	44,868 (21.91)	1,012 (23.25)	43,856 (21.89)
18 to 65	424,446 (54.22)	8,557 (45.22)	415,889 (54.45)	112,021 (54.71)	2,052 (47.14)	109,969 (54.88)
65+	110,950 (14.17)	2,288 (12.09)	108,662 (14.23)	36,021 (17.59)	679 (15.60)	35,342 (17.64)
<b>Gender</b>						
Male	328,762 (42.00)	8,335 (44.04)	320,427 (41.95)	84,249 (41.15)	1,871 (42.98)	82,378 (41.11)
Female	454,000 (58.00)	10,590 (55.96)	443,410 (58.05)	120,495 (58.85)	2,482 (57.02)	118,013 (58.89)

<b>Race</b>						
American Indian or Alaska native	3,831 (0.49)	86 (0.45)	3,745 (0.49)	1,018 (0.50)	31 (0.71)	987 (0.49)
Asian	70,063 (8.95)	1,282 (6.77)	68,781 (9.00)	18,874 (9.22)	319 (7.33)	18,555 (9.26)
Black or African American	115,851 (14.80)	4,982 (26.33)	110,869 (14.51)	27,939 (13.65)	1,075 (24.70)	26,864 (13.41)
Native Hawaiian or other Pacific islander	7,922 (1.01)	230 (1.22)	7,692 (1.01)	1,952 (0.95)	42 (0.96)	1,910 (0.95)
White	487,582 (62.29)	10,040 (53.05)	477,542 (62.52)	126,816 (61.94)	2,302 (52.88)	124,514 (62.14)
Unknown or unreported	97,513 (12.46)	2,305 (12.18)	95,208 (12.46)	28,145 (13.75)	584 (13.42)	27,561 (13.75)
<b>Ethnicity</b>						
Hispanic	307,371 (39.27)	8,131 (42.96)	299,240 (39.18)	80,021 (39.08)	1,868 (42.91)	78,153 (39.00)
Non-Hispanic	460,372 (58.81)	10,577 (55.89)	449,795 (58.89)	119,211 (58.22)	2,410 (55.36)	116,801 (58.29)
Unknown or unreported	15,019 (1.92)	217 (1.15)	14,802 (1.94)	5,512 (2.69)	75 (1.72)	5,437 (2.71)
<b>Insurance</b>						
Commercial (employer-paid)	532,412 (68.02)	11,311 (59.77)	521,101 (68.22)	130,144 (63.56)	2,420 (55.59)	127,724 (63.74)
Exchange (a.k.a. marketplace)	39,785 (5.08)	735 (3.88)	39,050 (5.11)	17,946 (8.77)	269 (6.18)	17,677 (8.82)
Public	223,789 (28.59)	7,469 (39.47)	216,320 (28.32)	66,631 (32.54)	1,904 (43.74)	64,727 (32.30)
Self-paid plan	106,703 (13.63)	2,224 (11.75)	104,479 (13.68)	34,405 (16.80)	647 (14.86)	33,758 (16.85)
Other	271,328 (34.66)	6,064 (32.04)	265,264 (34.73)	84,783 (41.41)	1,675 (38.48)	83,108 (41.47)
High deductible plan	81,819 (10.45)	1,426 (7.54)	80,393 (10.52)	25,003 (12.21)	356 (8.18)	24,647 (12.30)
<b># of years since the first asthma-coded encounter in the data set</b>						
≤3	331,913 (42.40)	8,006 (42.30)	323,907 (42.41)	85,843 (41.93)	1,737 (39.90)	84,106 (41.97)
>3	450,849 (57.60)	10,919 (57.70)	439,930 (57.59)	118,901 (58.07)	2,616 (60.10)	116,285 (58.03)
<b>Asthma medication fill</b>						
Inhaled corticosteroid	336,997 (43.05)	11,841 (62.57)	325,156 (42.57)	80,806 (39.47)	2,586 (59.41)	78,220 (39.03)
Inhaled corticosteroid and long-acting beta-2 agonist combination	92,822 (11.86)	3,975 (21.00)	88,847 (11.63)	29,731 (14.52)	1,151 (26.44)	28,580 (14.26)
Leukotriene modifier	89,424 (11.42)	4,125 (21.80)	85,299 (11.17)	28,095 (13.72)	1,099 (25.25)	26,996 (13.47)
Long-acting beta-2 agonist	35,270 (4.51)	1,694 (8.95)	33,576 (4.40)	11,810 (5.77)	467 (10.73)	11,343 (5.66)
Mast cell stabilizer	20 (0.00)	0 (0.00)	20 (0.00)	0 (0.00)	0 (0.00)	0 (0.00)
Short-acting, inhaled beta-2 agonist	553,684 (70.73)	16,242 (85.82)	537,442 (70.36)	140,819 (68.78)	3,742 (85.96)	137,077 (68.40)
Systemic corticosteroid	247,083 (31.57)	10,837 (57.26)	236,246 (30.93)	67,475 (32.96)	2,597 (59.66)	64,878 (32.38)
<b>Comorbidity</b>						
Allergic rhinitis	168,709 (21.55)	4,673 (24.69)	164,036 (21.48)	40,933 (19.99)	1,084 (24.90)	39,849 (19.89)
Anxiety or depression	164,950 (21.07)	4,231 (22.36)	160,719 (21.04)	47,300 (23.10)	1,124 (25.82)	46,176 (23.04)
Bronchopulmonary dysplasia	263 (0.03)	22 (0.12)	241 (0.03)	30 (0.01)	1 (0.02)	29 (0.01)
Chronic obstructive pulmonary disease	28,387 (3.63)	999 (5.28)	27,388 (3.59)	7,591 (3.71)	285 (6.55)	7,306 (3.65)
Cystic fibrosis	138 (0.02)	3 (0.02)	135 (0.02)	42 (0.02)	2 (0.05)	40 (0.02)
Eczema	85,369 (10.91)	2,944 (15.56)	82,425 (10.79)	21,159 (10.33)	638 (14.66)	20,521 (10.24)
Gastroesophageal reflux	103,958 (13.28)	2,778 (14.68)	101,180 (13.25)	33,259 (16.24)	797 (18.31)	32,462 (16.20)
Obesity	176,442 (22.54)	4,776 (25.24)	171,666 (22.47)	49,738 (24.29)	1,190 (27.34)	48,548 (24.23)
Premature birth	17,297 (2.21)	690 (3.65)	16,607 (2.17)	4,513 (2.20)	132 (3.03)	4,381 (2.19)

Sinusitis	115,173 (14.71)	2,832 (14.96)	112,341 (14.71)	29,882 (14.59)	680 (15.62)	29,202 (14.57)
Sleep apnea	21,040 (2.69)	575 (3.04)	20,465 (2.68)	13,144 (6.42)	333 (7.65)	12,811 (6.39)
<b>Smoking status</b>						
Current smoker	157,288 (20.09)	4,170 (22.03)	153,118 (20.05)	40,093 (19.58)	973 (22.35)	39,120 (19.52)
Former smoker	136,326 (17.42)	2,870 (15.17)	133,456 (17.47)	36,743 (17.95)	717 (16.47)	36,026 (17.98)
Never smoker or unknown	489,148 (62.49)	11,885 (62.80)	477,263 (62.48)	127,908 (62.47)	2,663 (61.18)	125,245 (62.50)

Table 3 shows for each clinical or demographic characteristic, the statistical test results on whether the data instances linking to future asthma-related hospital encounters and those linking to no future asthma-related hospital encounter had the same distribution. These two sets of data instances had the same distribution when the  $P$  value is  $\geq .05$ , and distinct distributions when the  $P$  value is  $< .05$ . In Table 3, all of the  $P$  values  $< .05$  are marked in bold.

**Table 3.** For each clinical or demographic characteristic, the statistical test results on whether the data instances linking to future asthma-related hospital encounters and those linking to no future asthma-related hospital encounter had the same distribution.

Characteristic	$P$ value for the 2012-2016 data	$P$ value for the 2017 data	Statistical test
Age	<b>&lt;.001</b>	<b>&lt;.001</b>	Cochran-Armitage trend test [38]
Gender	<b>&lt;.001</b>	<b>.01</b>	$\chi^2$ two-sample test
Race	<b>&lt;.001</b>	<b>&lt;.001</b>	$\chi^2$ two-sample test
Ethnicity	<b>&lt;.001</b>	<b>&lt;.001</b>	$\chi^2$ two-sample test
Insurance category	<b>&lt;.001</b>	<b>&lt;.001</b>	$\chi^2$ two-sample test
# of years since the first asthma-coded encounter in the data set	.78	<b>.006</b>	Cochran-Armitage trend test
<b>Asthma medication fill</b>			
Inhaled corticosteroid	<b>&lt;.001</b>	<b>&lt;.001</b>	$\chi^2$ two-sample test
Inhaled corticosteroid and long-acting beta-2 agonist combination	<b>&lt;.001</b>	<b>&lt;.001</b>	$\chi^2$ two-sample test
Leukotriene modifier	<b>&lt;.001</b>	<b>&lt;.001</b>	$\chi^2$ two-sample test
Long-acting beta-2 agonist	<b>&lt;.001</b>	<b>&lt;.001</b>	$\chi^2$ two-sample test
Mast cell stabilizer	>.99	>.99	$\chi^2$ two-sample test
Short-acting, inhaled beta-2 agonist	<b>&lt;.001</b>	<b>&lt;.001</b>	$\chi^2$ two-sample test
Systemic corticosteroid	<b>&lt;.001</b>	<b>&lt;.001</b>	$\chi^2$ two-sample test
<b>Comorbidity</b>			
Allergic rhinitis	<b>&lt;.001</b>	<b>&lt;.001</b>	$\chi^2$ two-sample test
Anxiety or depression	<b>&lt;.001</b>	<b>&lt;.001</b>	$\chi^2$ two-sample test
Bronchopulmonary dysplasia	<b>&lt;.001</b>	>.99	$\chi^2$ two-sample test
Chronic obstructive pulmonary disease	<b>&lt;.001</b>	<b>&lt;.001</b>	$\chi^2$ two-sample test
Cystic fibrosis	>.99	.52	$\chi^2$ two-sample test
Eczema	<b>&lt;.001</b>	<b>&lt;.001</b>	$\chi^2$ two-sample test
Gastroesophageal reflux	<b>&lt;.001</b>	<b>&lt;.001</b>	$\chi^2$ two-sample test
Obesity	<b>&lt;.001</b>	<b>&lt;.001</b>	$\chi^2$ two-sample test
Premature birth	<b>&lt;.001</b>	<b>&lt;.001</b>	$\chi^2$ two-sample test
Sinusitis	.33	.06	$\chi^2$ two-sample test
Sleep apnea	<b>.003</b>	<b>&lt;.001</b>	$\chi^2$ two-sample test
Smoking status	<b>&lt;.001</b>	<b>&lt;.001</b>	$\chi^2$ two-sample test

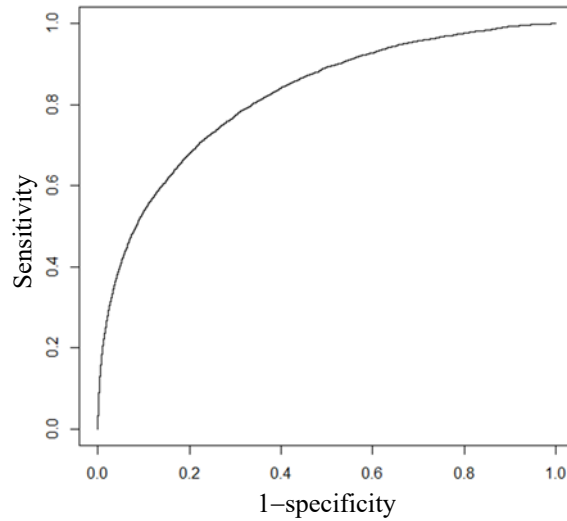
#### Classification algorithm and features used

Before building our final model, the basic candidate features' importance values were computed once on our initial XGBoost model. They led us to examine 30 extended candidate features in addition to the 307 basic candidate features. With these 337 basic and extended candidate features as its inputs, our automatic model selection method [36] picked the XGBoost classification algorithm [31]. As an ensemble of decision trees, XGBoost can handle missing feature values naturally. Our final

predictive model was built using XGBoost and the 221 features shown in descending order of importance value in Table 2 of Multimedia Appendix 1. The other features had no additional predictive power and were automatically dropped by XGBoost.

**Performance measures reached by our final KPSC model**

On the KPSC test set, our final model achieved an AUC of 0.820 (95% CI: 0.813-0.826). Figure 2 displays the receiver operating characteristic curve of our final model. Table 4 displays the performance measures of our final model when various top percentages of patients having the largest predicted risk were adopted as the cutoff point for doing binary classification. When this percentage was at 10.00% (20,474/204,744), our final model achieved an accuracy of 90.08% (184,435/204,744; 95% CI: 89.95-90.21), a sensitivity of 51.90% (2,259/4,353; 95% CI: 50.44-53.42), a specificity of 90.91% (182,176/200,391; 95% CI: 90.78-91.03), a PPV of 11.03% (2,259/20,474; 95% CI: 10.59-11.46), and an NPV of 98.86% (182,176/184,270; 95% CI: 98.81-98.91). Table 5 gives the correspondent error matrix of our final model.



**Figure 2.** Our final predictive model’s receiver operating characteristic curve.

**Table 4.** The performance measures of our final predictive model when various top percentages of patients having the largest predicted risk were adopted as the cutoff point for doing binary classification.

Top percentage of patients having the largest predicted risk (%)	Accuracy (%)	Sensitivity (%)	Specificity (%)	PPV (%)	NPV (%)
1	97.55	15.94	99.32	33.90	98.19
2	96.88	23.57	98.47	25.06	98.34
3	96.14	29.66	97.58	21.02	98.46
4	95.33	34.28	96.66	18.22	98.54
5	94.49	38.11	95.72	16.21	98.62
6	93.64	41.47	94.77	14.69	98.68
7	92.76	44.34	93.81	13.47	98.73
8	91.88	47.23	92.85	12.55	98.78
9	90.98	49.41	91.88	11.67	98.82
10	90.08	51.90	90.91	11.03	98.86
15	85.42	59.98	85.98	8.50	99.00
20	80.71	66.74	81.02	7.09	99.12
25	75.94	72.20	76.03	6.14	99.21

**Table 5.** The error matrix of our final predictive model when the top 10.00% (20,474/204,744) of patients having the largest predicted risk were adopted as the cutoff point for doing binary classification.

Outcome class	Asthma-related hospital encounters in the succeeding year	No asthma-related hospital encounter in the succeeding year
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Projected asthma-related hospital encounters in the succeeding year	2,259	18,215
Projected no asthma-related hospital encounter in the succeeding year	2,094	182,176

When we excluded the extended candidate features and considered only the basic candidate features, the model's AUC dropped to 0.809. Several basic candidate features, such as the number of years since the first asthma-coded encounter in the data set, need over one year of past data to calculate. When we further excluded these multi-year candidate features and considered only those basic candidate features calculated on one year of past data, the model's AUC dropped to 0.807.

Without precluding any feature from being considered, the model trained on data from both children (age < 18) with asthma and adults (age ≥ 18) with asthma gained an AUC of 0.815 in children with asthma and an AUC of 0.817 in adults with asthma. In comparison, the model trained only on data from children with asthma gained an AUC of 0.811 in children with asthma. The model trained only on data from adults with asthma gained an AUC of 0.818 in adults with asthma.

If we adopted only the top 25 features shown in Table 2 of Multimedia Appendix 1 with an importance value ≥ 0.01 and removed the other 312 features, the model's AUC dropped from 0.820 to 0.800 (95% CI: 0.793-0.808). When the top 10.00% (20,474/204,744) of patients having the largest predicted risk were adopted as the cutoff point for doing binary classification, the model's accuracy dropped from 90.08% (184,435/204,744) to 89.96% (184,185/204,744; 95% CI: 89.83-90.08), sensitivity dropped from 51.90% (2,259/4,353) to 49.02% (2,134/4,353; 95% CI: 47.71-50.55), specificity dropped from 90.91% (182,176/200,391) to 90.85% (182,051/200,391; 95% CI: 90.72-90.97), PPV dropped from 11.03% (2,259/20,474) to 10.42% (2,134/20,474; 95% CI: 10.03-10.86), and NPV dropped from 98.86% (182,176/184,270) to 98.80% (182,051/184,270; 95% CI: 98.75-98.85).

#### Performance measures reached by our simplified Intermountain Healthcare model

When applying our simplified Intermountain Healthcare model trained on the Intermountain Healthcare data set [23] to the KPSC test set without retraining the model on the KPSC training set, the model gained an AUC of 0.751 (95% CI: 0.742-0.759). When the top 10.00% (20,474/204,744) of patients having the largest predicted risk were adopted as the cutoff point for doing binary classification, the model achieved an accuracy of 89.64% (183,531/204,744; 95% CI: 89.51-89.77), a sensitivity of 41.51% (1,807/4,353; 95% CI: 40.14-42.97), a specificity of 90.68% (181,724/200,391; 95% CI: 90.55-90.81), a PPV of 8.83% (1,807/20,474; 95% CI: 8.44-9.23), and an NPV of 98.62% (181,724/184,270; 95% CI: 98.57-98.67).

After using the KPSC training set to retrain our simplified Intermountain Healthcare model [23], the model gained on the KPSC test set an AUC of 0.779 (95% CI: 0.772-0.787). When the top 10.00% (20,474/204,744) of patients having the largest predicted risk were adopted as the cutoff point for doing binary classification, the model achieved an accuracy of 89.85% (183,953/204,744; 95% CI: 89.71-89.97), a sensitivity of 46.36% (2,018/4,353; 95% CI: 44.89-47.84), a specificity of 90.79% (181,935/200,391; 95% CI: 90.65-90.91), a PPV of 9.86% (2,018/20,474; 95% CI: 9.45-10.25), and an NPV of 98.73% (181,935/184,270; 95% CI: 98.68-98.78).

## Discussion

### Principal results

We used KPSC data to develop a model to forecast asthma-related hospital encounters in the succeeding 12-month period in patients with asthma. Table 6 shows that, compared with the models formerly built by others [3,10-22], our final KPSC model gained a higher AUC. That is, our modeling guideline of checking extensive candidate features to boost model accuracy exhibited acceptable generalizability to KPSC. After further enhancement to automatically explain its predictions [39,40] and to raise its accuracy, our model could be used to direct asthma care management to help improve patient outcomes and cut healthcare costs.

**Table 6.** Our final KPSC model in comparison with several previous models for forecasting hospitalizations and ED visits in patients with asthma. “-” indicates that the original paper presenting the model did not report the performance measure.

Model	Prediction target	# of features the model used	# of data instances	Classification algorithm	The undesirable outcome's prevalence rate in the whole data set (%)	AUC	Sensitivity (%)	Specificity (%)	PPV (%)	NPV (%)
Our final KPSC model	Asthma-related hospital encounters	221	987,506	XGBoost	2.36	0.820	51.90	90.91	11.03	98.86

Our Intermountain Healthcare model [23]	Asthma-related hospital encounters	142	334,564	XGBoost	3.63	0.859	53.69	91.93	22.65	97.83
Miller <i>et al.</i> [15]	Asthma-related hospital encounters	17	2,821	Logistic regression	8.5	0.81	-	-	-	-
Loymans <i>et al.</i> [10]	Asthma exacerbation	7	611	Logistic regression	13	0.8	-	-	-	-
Lieu <i>et al.</i> [3]	Asthma-related hospitalization	7	16,520	Proportional-hazards regression	1.8	0.79	-	-	-	-
Schatz <i>et al.</i> [11]	Asthma-related hospitalization in children	5	4,197	Logistic regression	1.4	0.781	43.9	89.8	5.6	99.1
Yurk <i>et al.</i> [17]	Lost day or asthma-related hospital encounters	11	4,888	Logistic regression	54	0.78	77	63	82	56
Eisner <i>et al.</i> [12]	Asthma-related ED visit	3	2,415	Logistic regression	18.3	0.751	-	-	-	-
Forno <i>et al.</i> [22]	Severe asthma exacerbation	17	615	Scoring	69.6	0.75	-	-	-	-
Schatz <i>et al.</i> [11]	Asthma-related hospitalization in adults	3	6,904	Logistic regression	1.2	0.712	44.9	87.0	3.9	99.3
Lieu <i>et al.</i> [3]	Asthma-related ED visit	7	16,520	Proportional-hazards regression	6.4	0.69	-	-	-	-
Eisner <i>et al.</i> [12]	Asthma-related hospitalization	1	2,858	Logistic regression	32.8	0.689	-	-	-	-
Sato <i>et al.</i> [13]	Severe asthma exacerbation	3	78	Classification and regression tree	21	0.625	-	-	-	-
Schatz <i>et al.</i> [20]	Asthma-related hospital encounters	4	14,893	Logistic regression	6.5	0.614	25.4	92.0	22.0	93.2
Lieu <i>et al.</i> [19]	Asthma-related hospital encounters	4	7,141	Classification and regression tree	6.9	-	49.0	83.6	18.5	-

Asthma affects adults and children differently. Our final model gained a lower AUC in children than in adults. Additional work is required to understand the difference and to boost the prediction accuracy in children.

We examined 337 basic and extended candidate features. Around 65.6% (221/337) of them were used in our final model. Many of the unused features were correlated with the outcome variable, but provided no additional predictive power on the KPSC data set beyond those used in our final model.

In Table 2 of Multimedia Appendix 1, the eight most important features and several others within the top 25 features reflect loss of asthma control. This loss of asthma control could be due to the severity of the patient's asthma. It could also relate to management practices, treatment non-adherence, or socioeconomic factors for which we had no data.

When using our simplified Intermountain Healthcare model [23] without retraining it on the KPSC training set, the model achieved an AUC of 0.751 on the KPSC test set. Despite being 0.069 lower than our final KPSC model's AUC, this AUC is higher than the AUCs of many previous models for predicting hospitalizations and ED visits in patients with asthma (see Table 6). Therefore, we regard our simplified Intermountain Healthcare model to have acceptable generalizability to KPSC.

## Comparison with the prior work

Multiple researchers have built models to forecast ED visits and hospitalizations in patients with asthma [3,10-23]. Table 6 compares our final KPSC model with those models, which encompass all pertinent models covered in Loymans *et al.*'s systematic review [18]. With the exception of our Intermountain Healthcare model [23], every model formerly built by others [3,10-22] gained a lower AUC than our final KPSC model. Instead of being for all patients with asthma, Miller *et al.*'s model [15] targets adults with difficult-to-treat or severe asthma, 8.5% of whom had future asthma-related hospital encounters. Loymans *et al.*'s model [10] predicts asthma exacerbations with a prevalence rate of 13%. These two prevalence rates of the undesirable outcome are much higher than that in our KPSC data set. Also, the target patient population and/or the prediction target of these two models are not comparable with those in our KPSC model. Except for these two models, each of the other models formerly built by others had an  $AUC \leq 0.79$ , which is at least 0.030 lower than that of our KPSC model.

Compared with other models, Yurk *et al.*'s model [17] gained a larger PPV and sensitivity mainly due to using a distinct prediction target: hospital encounters or one or more days lost due to missed work or reduced activities for asthma. This prediction target was easier to predict, as it occurred in 54% of the patients with asthma. If Yurk *et al.*'s model [17] were used to predict asthma-related hospital encounters that occurred on ~2% of the patients with asthma, we would expect the model to gain a lower sensitivity and PPV.

Excluding Yurk *et al.*'s model [17], all of the other models formerly built by others had a sensitivity  $\leq 49\%$ , which is smaller than what our final KPSC model gained: 51.90%. Sensitivity provides, among all of the patients with asthma who will have future asthma-related hospital encounters, the proportion the model pinpoints. As the population of patients with asthma is large, for every 1% rise in the identified proportion of patients with asthma who would have future asthma-related hospital encounters, effective care management could help improve patient outcomes and thereby avoid up to 7,200 more ED visits and 1,970 more hospitalizations in the U.S. annually [1,5-8].

The PPV depends substantially on the undesirable outcome's prevalence rate [41]. In our KPSC test data set, 2.13% (4,353/204,744) of patients with asthma had future asthma-related hospital encounters. When the top 10.00% (20,474/204,744) of patients having the largest predicted risk were adopted as the cutoff point for doing binary classification, the maximum possible PPV that a perfect model could obtain is 21.26% (4,353/20,474). Our final KPSC model gained a PPV of 11.03% (2,259/20,474), which is 51.90% of the maximum possible PPV. In comparison, in our Intermountain Healthcare test data set, 4.22% of patients with asthma had future asthma-related hospital encounters [23]. Our Intermountain Healthcare model gained a PPV of 22.65% [23], which is 53.69% of the maximum possible PPV that a perfect model could obtain there. On a data set in which 6.5% of patients with asthma had future asthma-related hospital encounters, Schatz *et al.*'s model gained a PPV of 22.0% [20]. On a data set in which 6.9% of patients with asthma had future asthma-related hospital encounters, Lieu *et al.*'s model gained a PPV of 18.5% [19]. Except for these PPVs and the PPV in Yurk *et al.* [17], none of the previously reported PPVs is  $>5.6\%$ .

Despite being built using the same modeling guideline, our final KPSC model gained a lower AUC than our Intermountain Healthcare model [23]. This is largely because the percentage of data instances in the test set linking to future asthma-related hospital encounters differs greatly at Intermountain Healthcare and at KPSC: 4.22% (812/19,256) vs. 2.13% (4,353/204,744). The rarer the undesirable outcome, the harder it is to accurately predict it.

The top features with an importance value  $\geq 0.01$  in our final KPSC model are similar to those in our Intermountain Healthcare model [23]. In both our final KPSC and our Intermountain Healthcare models, many top features involve asthma medications and prior ED visits. When building our Intermountain Healthcare model, we had not thought of several basic candidate features. They turned out to be top features in our final KPSC model, and impacted the importance values and ranks of the other top features there.

When building our Intermountain Healthcare model, we did not incorporate any extended candidate feature. Several such features appeared as top features in our final KPSC model. Their inclusion boosted model accuracy on our KPSC data set. It is possible that including extended candidate features could also boost model accuracy on our Intermountain Healthcare data set. This could be explored in future work.

Schatz *et al.* showed that in two Southern California cities, 6.5% of patients with asthma at KPSC had asthma-related hospital encounters in 2000 [20]. In comparison, 2.08% (4,353/208,959) of patients with asthma at KPSC had asthma-related hospital encounters in 2018. This suggests that compared with two decades ago, KPSC manages patients with asthma better now.

## Considerations about potential clinical use

Although more accurate than those formerly built by others, our final KPSC model still gained a somewhat low PPV of 11.03% (2,259/20,474). Yet, our model could be clinically useful:

- (1) A PPV of 11.03% is acceptable for pinpointing high-risk patients with asthma to apply low-cost preventive interventions. Examples of such interventions include: giving the patient a peak flow meter for self-monitoring at home and showing the patient how to use it, instructing the patient on the correct use of an asthma inhaler, asking a nurse to follow up on the patient with extra phone calls, and training the patient to write a diary on environmental triggers.

- (2) As explained above, due to the low prevalence rate of the undesirable outcome used in this study, even a perfect model would gain a small PPV. For this outcome, sensitivity matters more than PPV for judging the model's possible clinical impact. Our final KPSC model gained a higher sensitivity than all of the models that were formerly built by others and use a comparable prediction target.
- (3) To allocate care management resources, healthcare systems like University of Washington Medicine, Kaiser Permanente Northern California [3], and Intermountain Healthcare are using proprietary models whose performance measures are akin to those of the models previously built by others. Our final KPSC model is more accurate than these models.

Our final KPSC model used 221 features. Cutting this number could facilitate clinical deployment of the model. In this regard, if one could bear a small drop in prediction accuracy, one could adopt the top features having an importance value  $\geq$ , e.g., 0.01 and remove the others. A feature's importance value changes across healthcare systems. Ideally, before deciding which features to keep, one should first compute the importance values of the features on a data set from the intended healthcare system.

Most of the attributes that we used to compute the features adopted in our final KPSC model, particularly the top features, are routinely collected by electronic medical record systems these days. For future work, to make it easy for other healthcare systems to reuse our final KPSC model, we can resort to the Observational Medical Outcomes Partnership (OMOP) common data model [42]. This data model and its linked standardized terminologies [43] standardize administrative and clinical attributes from at least 10 large U.S. healthcare systems [44,45]. We can extend this data model to include the attributes that are used in our final KPSC model, but missed by the original data model. We rewrite our feature construction and model building code based on the extended OMOP common data model, and post our code and the related data schema on a public Web site. Then after converting its data into our extended OMOP common data model format based on this data schema, a healthcare system can rerun our code on its data to obtain a simplified version of our final KPSC model tailored to its data. Hopefully, most of the predictive power of our final KPSC model can be retained, like what this paper showed for our Intermountain Healthcare model.

It is hard to interpret an XGBoost model employing many features globally, as is the case with many other involved machine learning models. As an interesting topic for future work, we plan to use our formerly proposed method [39,40] to automatically explain our final KPSC model's predictions on each patient with asthma.

Our final KPSC model was an XGBoost model [31]. When classifying two unbalanced classes, XGBoost employs a hyper-parameter `scale_pos_weight` to balance their weights [46]. To maximize our KPSC model's AUC, our automatic model selection method [36] changed `scale_pos_weight` from its default value to balance the two classes of having future asthma-related hospital encounters or not [47]. As a side effect, this greatly shrank the model's projected probabilities of having future asthma-related hospital encounters and made them differ greatly from the actual probabilities [47]. This does not affect identifying the top few percent of patients with asthma who have the largest projected risk to receive care management or other preventive interventions. We could keep `scale_pos_weight` at its default value of one and not balance the two classes. This would avoid the side effect, but drop the model's AUC from 0.820 to 0.817 (95% CI: 0.810-0.824).

## Limitations

This study has three limitations, which all provide interesting areas for future work:

- (1) Besides those examined in this study, other features could also help raise model accuracy. Our KPSC data set does not include some potentially relevant features, such as characteristics of the patient's home environment and features computed on the data gathered by monitoring sensors attached to the patient's body. It would be worthwhile to identify new predictive features from various data sources.
- (2) Our study used only non-deep learning machine learning algorithms and structured data. Using deep learning and including features computed from unstructured clinical notes may further boost model accuracy [40,48].
- (3) Our study assessed our modeling guideline's generalizability to only one healthcare system. It would be interesting to evaluate our modeling guideline's generalizability to other healthcare systems, such as academic healthcare systems that have different properties from KPSC and Intermountain Healthcare. Compared with non-academic healthcare systems, academic healthcare systems tend to care for sicker and more complex patients [49]. To do such an evaluation, we are working on obtaining a data set of patients with asthma from University of Washington Medicine [48].

## Conclusions

In its first generalizability assessment, our modeling guideline of examining extensive candidate features to help boost model accuracy exhibited acceptable generalizability to KPSC. Compared with the models formerly built by others, our KPSC model for projecting asthma-related hospital encounters in patients with asthma gained a higher AUC. At present, predictive models are widely used as a core component of a decision support tool to prospectively pinpoint high-risk patients with asthma for preventive care via care management. After further enhancement, our KPSC model could be used to replace the existing

predictive models in the decision support tool for better directing asthma care management to help improve patient outcomes and cut healthcare costs.

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### **Authors' contributions**

GL was mainly responsible for the paper. He conceptualized and designed the study, performed literature review and data analysis, and wrote the paper. CK, CLN, WWC, MS, ER, and RSZ provided feedback on various medical issues, contributed to conceptualizing the presentation, and revised the paper. CK and CLN took part in retrieving the KPSC data set and interpreting its detected peculiarities.

### **Conflicts of interest**

RSZ reports grants from Aerocrine, grants and personal fees from Genentech, grants and personal fees from MedImmune/AstraZeneca, grants and personal fees from Merck, personal fees from Novartis, personal fees from Regeneron Pharmaceuticals, grants and personal fees from GlaxoSmithKline, grants from ALK Pharma, and grants from TEVA outside this study.

### **Abbreviations:**

AUC: Area Under the receiver operating characteristic Curve

ED: emergency department

FN: false negative

FP: false positive

ICD-9: International Classification of Diseases, Ninth Revision

ICD-10: International Classification of Diseases, Tenth Revision

KPSC: Kaiser Permanente Southern California

NPV: negative predictive value

OMOP: Observational Medical Outcomes Partnership

PCP: primary care provider

PPV: positive predictive value

TN: true negative

TP: true positive

Weka: Waikato Environment for Knowledge Analysis

XGBoost: extreme gradient boosting

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## Appendix

**Table 1.** The basic candidate features.

Feature category	Features
Patient demographics features	Gender; age; ethnicity (Hispanic or non-Hispanic); race; marital status (single, married, partnered, separated, widowed, or divorced); and language.
Features giving properties of the area with the five-digit zip code of the patient's home address	The area's percentage of Hispanic black population; percentage of non-Hispanic black population; percentage of Hispanic white population; percentage of non-Hispanic white population; percentage of Hispanic American Indian and Alaska native population; percentage of non-Hispanic American Indian and Alaska native population; percentage of Hispanic Asian population; percentage of non-Hispanic Asian population; percentage of Hispanic native Hawaiian or other Pacific islander population; percentage of non-Hispanic native Hawaiian or other Pacific islander population; percentage of Hispanic other-race population; percentage of non-Hispanic other-race population; percentage of Hispanic population of two or more races; percentage of non-Hispanic population of two or more races; household income level like the median household income; and the proportion having asthma-related hospital encounters out of all patients with asthma in the area. Except for the last one, all of these features were derived from 2010 census data.
Features giving properties of the census block group where the patient lives	The block group's percentage of population 25 and older with less than 9th grade education; percentage of population 25 and older with 9th-12th grade education; percentage of population 25 and older with a high school diploma; percentage of population 25 and older with college education and no degree; percentage of population 25 and older with an associate's degree; percentage of population 25 and older with a bachelor's degree; and percentage of population 25 and older with a graduate or professional degree. All of these features were computed on the five-year rolling averages from the US Census 2013 American Community Survey.
Features on laboratory tests	# of laboratory tests; # of days since taking the last laboratory test; # of laboratory tests with abnormal results; the maximum percentage of blood eosinophils; the maximum blood eosinophil count; whether an immunoglobulin E (IgE) test was done; whether the maximum total serum IgE level is abnormally high; and the maximum total serum IgE level.
Features about standard vital signs	The average diastolic blood pressure; the maximum diastolic blood pressure; the average systolic blood pressure; the maximum systolic blood pressure; the average heart rate; the maximum heart rate; the average respiratory rate; the maximum respiratory rate; the average temperature; the maximum temperature; the average peripheral capillary oxygen saturation (SpO <sub>2</sub> ); the minimum SpO <sub>2</sub> ; the average peak expiratory flow; the minimum peak expiratory flow; the average Z-score for length-for-age; the average Z-score for weight-for-age; the average Z-score for weight-for-length; the maximum body mass index (BMI); the relative change of BMI = (the last noted BMI / the first noted BMI - 1) × 100%; and the relative change of weight = (the last noted weight / the first noted weight - 1) × 100%.
Exercise vital sign features	The average # of days per week the patient exercises; and the average # of minutes per week the patient exercises.
Diagnosis-related features derived from ICD-10 and ICD-9 diagnosis codes only	# of ICD-10 and ICD-9 diagnosis codes; # of years since the first asthma-coded encounter in the data set; # of asthma diagnoses; # of primary or principal asthma diagnoses; whether the last asthma diagnosis is a primary or a principal one; the last asthma diagnosis' severity; the highest severity of all of the asthma diagnoses; # of diagnoses of asthma with (acute) exacerbation; # of diagnoses of asthma with status asthmaticus; the last asthma diagnosis' exacerbation severity (uncomplicated, exacerbation, or asthmaticus); the highest exacerbation severity of all of the asthma diagnoses; # of days since having the last asthma diagnosis; # of days since having the last diagnosis of asthma with (acute) exacerbation or status asthmaticus; family history of asthma; chronic obstructive pulmonary disease; # of years since the first encounter for chronic obstructive pulmonary disease in the data set; allergic rhinitis; ischemic heart disease; esophagitis; gastroesophageal reflux; anxiety or depression; sleep apnea; eczema; gastrostomy tube; obesity; Alzheimer's or Parkinson's disease; upper respiratory tract infection; bronchopulmonary dysplasia; bronchiolitis; increased tone; decreased tone; cystic fibrosis; premature birth; pneumonia; immunoglobulin A (IgA) deficiency; vocal cord dysfunction; anaphylaxis; psoriasis; cirrhosis; vasculitis; gastrointestinal bleeding;



	inflammatory bowel disease; breathing abnormality like dyspnea; gastrointestinal obstruction; mental disorder; vitamin D deficiency; pregnancy; myocardial infarction; folate deficiency; peripheral vascular disease; congestive heart failure; dementia; cerebrovascular disease; peptic ulcer disease; rheumatic disease; substance use; diabetes with chronic complication; diabetes without chronic complication; mild liver disease; renal disease; hemiplegia or paraplegia; moderate or severe liver disease; acquired immunodeficiency syndrome; metastatic solid tumor; malignancy; whether the patient had an asthma action plan; and # of diagnoses of noncompliance with medication regimen.
Diagnosis-related features derived collectively from Current Procedural Terminology (CPT) and Healthcare Common Procedure Coding System (HCPCS) procedure codes, and ICD-10 and ICD-9 diagnosis codes	Sinusitis; and cataract.
Diagnosis-related feature derived collectively from ICD-10 and ICD-9 procedure codes, and ICD-10 and ICD-9 diagnosis codes	Tracheostomy.
Features derived from the problem list	# of active problems; # of active problems of asthma; # of active problems of asthma with (acute) exacerbations; # of active problems of wheezing; # of active problems of obesity; # of active problems of sleep apnea; # of active problems of atherosclerosis; # of active problems of hyperlipidemia; # of active problems of congestive heart failure; # of active problems of chronic obstructive pulmonary disease; # of active problems of hypertension; # of active problems of diabetes; # of active problems of gastroesophageal reflux disease; # of active problems of rhinitis; # of active problems of anxiety/depression; # of active problems on smoking; # of active problems on care management; and the priority of the most recent active problem of asthma.
Features derived from the medical history	# of medical history diagnosis codes; and # of medical history diagnosis codes of asthma.
Features on medications	# of medication orders; total copay for medications; total # of medications ordered; total # of different medications ordered; total # of medications filled; total # of units of medications filled; the asthma medication ratio [50]; # of asthma medication orders; total copay for asthma medications; total # of asthma medications ordered; total # of different medications in all of the asthma medication orders; total # of asthma medications filled; total # of units of asthma medications filled; # of days since the last use of asthma medications; # of asthma medications used on the last day; total # of short-acting beta-2 agonists ordered; total # of units of short-acting beta-2 agonists filled; # of fills of short-acting beta-2 agonists; # of days since the last use of short-acting beta-2 agonists; total # of systemic corticosteroids ordered; total # of units of systemic corticosteroids filled; # of fills of systemic corticosteroids; # of days since the last use of systemic corticosteroids; # of asthma reliever orders; total # of asthma relievers filled; total # of asthma relievers ordered; total # of different asthma relievers ordered; total # of units of asthma relievers filled; # of days since the last use of asthma relievers; # of fills of asthma reliever medications that are neither systemic corticosteroids nor short-acting beta-2 agonists; total # of units of asthma reliever medications filled that are neither systemic corticosteroids nor short-acting beta-2 agonists; # of days since the last use of asthma controllers; # of days of supply of the last asthma controller fill; the strength of each dose of the last asthma controller fill; # of asthma controller orders; total # of asthma controllers filled; total # of asthma controllers ordered; total # of different asthma controllers ordered; total # of units of asthma controllers filled; total # of days of gap in asthma controller use; total # of inhaled corticosteroids ordered; total # of units of inhaled corticosteroids filled; # of fills of inhaled corticosteroids; total dose of inhaled corticosteroids; # of days since the last use of inhaled corticosteroids; total # of mast cell stabilizers ordered; total # of units of mast cell stabilizers

	filled; # of fills of mast cell stabilizers; whether spacer was used; whether nebulizer was used; # of nebulizer medication orders; total # of fills of nebulizer medications; # of days since the last use of nebulizer medications; total # of nebulizer medications ordered; total # of different nebulizer medications ordered; and total # of units of nebulizer medications filled.
Features on insurances	The patient's insurance category (commercial, exchange, public, self-paid plan, or other) on the last day.
Features on the patient's visit types	# of visits; # of outpatient visits; # of outpatient visits to the patient's PCP; # of outpatient visits having a primary diagnosis of asthma; # of ED visits; # of ED visits on asthma; the average length of stay of an ED visit; the last ED visit's length of stay; # of hospitalizations; the average length of a hospitalization; the total length of all of the hospitalizations; # of hospitalizations, ED visits, and outpatient visits; whether the patient had any hospitalization, ED visit, or outpatient visit on asthma; # of virtual visits; # of virtual visits by email; # of virtual visits by phone; # of urgent care visits; # of urgent care visits for asthma; # of other types of visits (e.g., home health) that are not outpatient visits, ED visits, hospitalizations, or virtual visits; # of admissions to intensive care; # of major visits for asthma; the last visit's admission type (emergency, urgent, elective, or trauma); the last visit's type (outpatient visit, ED visit, hospitalization, virtual, or other); # of visits on asthma care management; and the most emergent admission type of all of the visits.
Features about appointment scheduling and visit status	# of cancelled appointments; # of no shows; the day of the week of the last ED visit's admission time; the last visit's discharge disposition location (left against medical advice, home, or other non-home location); # of times the patient left against medical advice; for the last visit, the time from making the request to the actual visit indicating the request's urgency; among all of the visits, the shortest time from making the request to the actual visit; # of visits with same day appointments; # of days since the last hospitalization; whether the last hospitalization was through the ED; # of days since the last ED visit; # of days since the last ED visit on asthma; # of days since the last outpatient visit; # of days since the last outpatient visit on asthma; # of days since the last virtual visit; # of days since the last other type of visit that is not an outpatient visit, an ED visit, a hospitalization, or a virtual visit; the average length of appointment of an outpatient visit with asthma as the primary diagnosis; and the average length of appointment of an outpatient visit.
Features showing the patient's care continuity and access to KPSC resources	# of different EDs the patient visited; # of different PCPs of the patient; # of different providers seen in outpatient visits; # of different asthma medication prescribers; # of different medication prescribers; and whether the patient had access to kp.org.
Features on procedures	# of ICD-10 and ICD-9 procedure codes; mechanical ventilation indicated by ICD-10 and ICD-9 procedure codes; # of CPT/HCPCS procedure codes; # of HCPCS procedure codes of home oxygen therapy; # of CPT/HCPCS procedure codes of influenza vaccination; # of CPT procedure codes of the fractional exhaled nitric oxide (FeNO) test; and # of CPT procedure codes of pulmonary function tests.
Allergy features	# of allergies of the patient; indicator of drug or material allergy; the highest severity of the drug or material allergies the patient had; indicator of environmental allergy; the highest severity of the environmental allergies the patient had; indicator of food allergy; and the highest severity of the food allergies the patient had.
Feature on clinical assessments	The average asthma control test score; the minimum asthma control test score; whether asthma control test was done on the patient; the maximum Patient Health Questionnaire-9 (PHQ-9) total score; the average PHQ-9 total score; and whether PHQ-9 assessment was done on the patient. The asthma control test is used to assess the level of asthma control. A larger asthma control test score reflects better asthma control. The PHQ-9 is employed to diagnose, screen, measure the severity of, and monitor depression. A larger PHQ-9 total score reflects more severe depression.
Features on pulmonary function tests	The average pre-bronchodilator forced expiratory volume in 1 second / forced vital capacity (FEV1/FVC) ratio; the minimum pre-bronchodilator FEV1/FVC ratio; the average post-bronchodilator FEV1/FVC ratio; the minimum post-bronchodilator FEV1/FVC ratio; the average pre-bronchodilator FEV1% predicted; the minimum pre-bronchodilator FEV1% predicted; the average post-bronchodilator FEV1% predicted; the minimum post-

	bronchodilator FEV1% predicted; and whether any pulmonary function test was performed on the patient.
Features on social behavior history	Whether the patient drank alcohol based on the last record; whether the patient was ever recorded of drinking alcohol; # of fluid ounces of alcohol the patient drank per week based on the last record; the average # of fluid ounces of alcohol the patient drank per week across all of the records; # of alcohol drinks the patient had per week based on the last record; the average # of alcohol drinks the patient had per week across all of the records; whether the patient was a smoker based on the last record; whether the patient was a former smoker based on the last record; # of packs of cigarettes the patient smoked per day based on the last record; the average # of packs of cigarettes the patient smoked per day across all of the records; # of years for which the patient had smoked based on the last record; whether the patient used any illicit drug based on the last record; whether the patient was ever recorded of using an illicit drug; # of times per week the patient used illicit drugs based on the last record; and the average # of times per week the patient used illicit drugs across all of the records.
Provider features	The patient's current PCP is defined as the patient's PCP known at the last clinic visit. The PCP features include: the PCP's age; whether the patient and the PCP are of the same gender; # of years for which the PCP had practiced at KPSC; # of patients of the PCP; # of patients with asthma of the PCP; total # of opioid prescriptions the PCP ordered for the PCP's patients; total # of antibiotic prescriptions the PCP ordered for the PCP's patients; total # of oral steroid prescriptions the PCP ordered for the PCP's patients; and among all of the PCP's patients with asthma in the pre-index year, the proportion who had asthma-related hospital encounters in the index year.

**Table 2.** The features employed in our final predictive model and their importance values.

Rank	Feature	Importance computed as the feature's fractional contribution to the model
1	Total # of units of nebulizer medications filled	0.0819
2	# of asthma reliever orders	0.0794
3	Total # of asthma relievers ordered	0.0655
4	# of days since having the last diagnosis of asthma with (acute) exacerbation or status asthmaticus	0.0541
5	# of ED visits on asthma	0.0437
6	# of nebulizer medication orders	0.0336
7	# of ED visits	0.0328
8	# of ED visits on asthma in the pre-index year	0.0279
9	Age	0.0264
10	# of primary or principal asthma diagnoses	0.0230
11	# of ED visits in the pre-index year	0.0204
12	Total # of asthma relievers filled	0.0201
13	Total # of units of nebulizer medications filled in the pre-index year	0.0184
14	# of major visits for asthma in the pre-index year	0.0170
15	The highest exacerbation severity of all of the asthma diagnoses in the pre-index year	0.0169
16	# of nebulizer medication orders in the pre-index year	0.0157
17	# of days since the last ED visit on asthma	0.0153
18	# of ED visits on asthma in the pre-pre-index year	0.0143
19	The day of the week of the last ED visit's admission time	0.0142
20	The highest exacerbation severity of all of the asthma diagnoses	0.0139
21	Total # of short-acting beta-2 agonists ordered	0.0127
22	# of ED visits in the pre-pre-index year	0.0125
23	Whether the patient is black or African American	0.0124
24	Total copay for medications in the pre-pre-index year	0.0101
25	# of primary or principal asthma diagnoses in the pre-index year	0.0101
26	# of asthma reliever orders in the pre-index year	0.0097

27	# of active problems of asthma	0.0089
28	# of asthma diagnoses	0.0087
29	# of major visits for asthma	0.0084
30	# of days since the last use of asthma relievers	0.0078
31	Total copay for medications	0.0066
32	The highest exacerbation severity of all of the asthma diagnoses in the pre-pre-index year	0.0063
33	# of primary or principal asthma diagnoses in the pre-pre-index year	0.0063
34	Total # of units of nebulizer medications filled in the pre-pre-index year	0.0060
35	Total # of units of asthma relievers filled in the pre-index year	0.0057
36	Total # of units of medications filled	0.0055
37	# of virtual visits by email	0.0055
38	Whether the patient had access to kp.org	0.0052
39	# of no shows	0.0051
40	# of active problems of asthma with (acute) exacerbations	0.0049
41	The average respiratory rate	0.0045
42	# of visits with same day appointments	0.0045
43	The average heart rate	0.0045
44	The maximum temperature	0.0044
45	# of asthma medication orders in the pre-index year	0.0044
46	The average SpO <sub>2</sub>	0.0043
47	Whether the last visit's admission type is elective	0.0043
48	# of asthma reliever orders in the pre-pre-index year	0.0043
49	# of nebulizer medication orders in the pre-pre-index year	0.0043
50	Whether the patient is divorced	0.0042
51	The area's median household income	0.0042
52	Total copay for medications in the pre-index year	0.0041
53	# of days since having the last asthma diagnosis	0.0039
54	The area's percentage of household income that is between 150,000 and \$199,999	0.0036
55	Whether the most emergent admission type of all of the visits is emergency	0.0035
56	# of years for which the patient had asthma	0.0033
57	Total # of units of short-acting beta-2 agonists filled	0.0031
58	Whether the patient is single	0.0029
59	The maximum percentage of blood eosinophils	0.0028
60	The maximum BMI	0.0025
61	# of asthma medication orders in the pre-pre-index year	0.0024
62	# of asthma diagnoses in the pre-index year	0.0024
63	# of diagnoses of asthma with (acute) exacerbation	0.0023
64	The proportion having asthma-related hospital encounters out of all patients with asthma in the area	0.0022
65	# of medical history diagnosis codes	0.0022
66	# of virtual visits	0.0022
67	Total # of units of asthma relievers filled	0.0022
68	# of major visits for asthma in the pre-pre-index year	0.0021
69	The relative change of weight	0.0021
70	Whether the patient is Hispanic	0.0021
71	Whether the patient is married	0.0020
72	Total # of asthma relievers ordered in the pre-pre-index year	0.0020
73	Whether the last visit's admission type is emergency	0.0019
74	Total # of days of gap in asthma controller use	0.0018
75	# of ICD-10 and ICD-9 diagnosis codes	0.0018
76	# of days since the last outpatient visit	0.0017
77	The average Z-score for weight-for-length	0.0017
78	# of days since the last use of asthma medications	0.0017
79	Total # of medications filled	0.0017

80	Whether the patient has public insurance on the last day	0.0016
81	Total # of fills of nebulizer medications	0.0016
82	The average # of days per week the patient exercises	0.0016
83	The block group's percentage of population 25 and older with college education and no degree	0.0016
84	The area's percentage of household income that is between \$20,000 and \$29,999	0.0015
85	# of laboratory tests with abnormal results	0.0015
86	The block group's percentage of population 25 and older with less than 9th grade education	0.0015
87	# of active problems of diabetes	0.0015
88	# of days since taking the last laboratory test	0.0015
89	The maximum systolic blood pressure	0.0014
90	The average Z-score for length-for-age	0.0014
91	Total # of units of asthma relievers filled in the pre-pre-index year	0.0014
92	# of days since the last use of short-acting beta-2 agonists	0.0013
93	Total # of units of inhaled corticosteroids filled	0.0013
94	# of days since the last use of inhaled corticosteroids	0.0013
95	# of days since the last virtual visit	0.0012
96	# of urgent care visits	0.0012
97	# of days since the last use of nebulizer medications	0.0012
98	The area's percentage of household income that is between \$75,000 and \$99,999	0.0011
99	Breathing abnormality like dyspnea	0.0011
100	The area's percentage of household income that is between \$35,000 and \$39,999	0.0011
101	# of outpatient visits	0.0011
102	# of different providers seen in outpatient visits	0.0011
103	# of days since the last other type of visit that is not an outpatient visit, an ED visit, a hospitalization, or a virtual visit	0.0011
104	# of active problems of obesity	0.0011
105	Total # of nebulizer medications ordered	0.0010
106	The area's percentage of household income that is between \$10,000 and \$14,999	0.0010
107	The block group's percentage of population 25 and older with 9th-12th grade education	0.0010
108	Total # of different medications ordered	0.0010
109	# of years for which the patient had chronic obstructive pulmonary disease	0.0010
110	# of patients with asthma of the PCP	0.0010
111	# of active problems	0.0010
112	# of visits	0.0009
113	# of years for which the patient had smoked based on the last record	0.0009
114	# of medical history diagnosis codes of asthma	0.0009
115	Substance use	0.0009
116	The maximum blood eosinophil count	0.0009
117	Eczema	0.0009
118	Total # of units of asthma medications filled	0.0009
119	# of active problems of anxiety/depression	0.0009
120	# of active problems of chronic obstructive pulmonary disease	0.0009
121	The average peak expiratory flow	0.0009
122	Sinusitis	0.0008
123	The maximum heart rate	0.0008
124	# of active problems of hypertension	0.0008
125	Total # of units of asthma controllers filled	0.0008
126	The area's percentage of household income that is between \$30,000 and \$34,999	0.0008
127	The average temperature	0.0008
128	# of days since the last ED visit	0.0008
129	The block group's percentage of population 25 and older with an associate's degree	0.0007
130	Whether the patient is a female	0.0007

131	The area's percentage of non-Hispanic black population	0.0007
132	The minimum peak expiratory flow	0.0007
133	Total # of medications ordered	0.0007
134	Among all patients with asthma of the PCP in the pre-index year, the proportion who had asthma-related hospital encounters in the index year	0.0007
135	Upper respiratory tract infection	0.0007
136	The area's percentage of household income that is between \$40,000 and \$44,999	0.0007
137	Total copay for asthma medications	0.0007
138	The minimum SpO <sub>2</sub>	0.0007
139	# of active problems of asthma in the pre-index year	0.0007
140	# of active problems of atherosclerosis	0.0007
141	Chronic obstructive pulmonary disease	0.0006
142	The area's percentage of non-Hispanic population of two or more races	0.0006
143	The area's percentage of non-Hispanic American Indian and Alaska native population	0.0006
144	# of days since the last use of systemic corticosteroids	0.0006
145	The area's percentage of non-Hispanic other-race population	0.0006
146	# of cancelled appointments	0.0006
147	Whether the patient was a smoker based on the last record	0.0006
148	The area's percentage of household income that is between \$50,000 and \$59,999	0.0006
149	# of different medication prescribers	0.0006
150	The area's percentage of Hispanic population of two or more races	0.0006
151	The average systolic blood pressure	0.0006
152	# of active problems of rhinitis	0.0005
153	The average diastolic blood pressure	0.0005
154	Whether the patient is white	0.0005
155	The average length of stay of an ED visit	0.0005
156	The average length of appointment of an outpatient visit with asthma as the primary diagnosis	0.0005
157	# of CPT/HCPCS procedure codes	0.0005
158	The highest severity of the drug or material allergies the patient had	0.0005
159	The block group's percentage of population 25 and older with a high school diploma	0.0005
160	The area's percentage of non-Hispanic Asian population	0.0005
161	The last ED visit's length of stay	0.0005
162	# of asthma medication orders	0.0004
163	The area's percentage of Hispanic American Indian and Alaska native population	0.0004
164	The highest severity of all of the asthma diagnoses	0.0004
165	The block group's percentage of population 25 and older with a bachelor's degree	0.0004
166	Total # of oral steroid prescriptions the PCP ordered for the PCP's patients	0.0004
167	The area's percentage of non-Hispanic white population	0.0004
168	Whether the patient had any hospitalization, ED visit, or outpatient visit on asthma	0.0004
169	The area's percentage of household income that is between \$125,000 and \$149,999	0.0004
170	The area's percentage of Hispanic black population	0.0004
171	# of fills of systemic corticosteroids	0.0004
172	The maximum respiratory rate	0.0004
173	# of active problems of hyperlipidemia	0.0004
174	The total length of all of the hospitalizations	0.0003
175	# of active problems of asthma in the pre-pre-index year	0.0003
176	The area's percentage of household income that is <\$10,000	0.0003
177	The relative change of BMI	0.0003
178	The area's percentage of household income that is between \$15,000 and \$19,999	0.0003
179	Pregnancy	0.0003
180	The maximum diastolic blood pressure	0.0003
181	The average length of appointment of an outpatient visit	0.0003
182	The average # of minutes per week the patient exercises	0.0003

183	Whether the patient and the PCP are of the same gender	0.0003
184	The area's percentage of Hispanic white population	0.0003
185	For the last visit, the time from making the request to the actual visit indicating the request's urgency	0.0003
186	Whether the patient used any illicit drug based on the last record	0.0003
187	Total # of antibiotic prescriptions the PCP ordered for the PCP's patients	0.0003
188	# of hospitalizations, ED visits, and outpatient visits	0.0003
189	Bronchiolitis	0.0003
190	Total # of asthma medications filled	0.0003
191	# of fills of short-acting beta-2 agonists	0.0003
192	# of asthma medications used on the last day	0.0003
193	The average asthma control test score	0.0003
194	The average # of alcohol drinks the patient had per week across all of the records	0.0002
195	The asthma medication ratio	0.0002
196	Total # of medications ordered	0.0002
197	# of active problems of gastroesophageal reflux disease	0.0002
198	The area's percentage of Hispanic other-race population	0.0002
199	The last asthma diagnosis' severity	0.0002
200	Allergic rhinitis	0.0002
201	Cataract	0.0002
202	The area's percentage of household income that is between \$45,000 and \$49,999	0.0002
203	# of years for which the PCP had practiced at KPSC	0.0002
204	Whether the last hospitalization was through the ED	0.0002
205	Total # of units of systemic corticosteroids filled	0.0002
206	The area's percentage of non-Hispanic native Hawaiian or other Pacific islander population	0.0002
207	Total # of units of asthma reliever medications filled that are neither systemic corticosteroids nor short-acting beta-2 agonists	0.0002
208	Total # of opioid prescriptions the PCP ordered for the PCP's patients	0.0002
209	Total # of asthma controllers filled	0.0002
210	# of allergies of the patient	0.0002
211	# of asthma diagnoses in the pre-pre-index year	0.0002
212	The minimum post-bronchodilator FEV1/FVC ratio	0.0002
213	Indicator of environmental allergy	0.0002
214	The area's percentage of Hispanic Asian population	0.0002
215	Whether the patient speaks Spanish	0.0002
216	# of days of supply of the last asthma controller fill	0.0002
217	# of days since the last use of asthma controllers	0.0001
218	Whether the most emergent admission type of all of the visits is elective	0.0001
219	# of active problems of sleep apnea	0.0001
220	The block group's percentage of population 25 and older with a graduate or professional degree	0.0001
221	The average # of packs of cigarettes the patient smoked per day across all of the records	0.0001

**Abbreviations:**

- BMI: body mass index
- CPT: Current Procedural Terminology
- FEV1: forced expiratory volume in 1 second
- FVC: forced vital capacity
- HCPCS: Healthcare Common Procedure Coding System
- IgE: immunoglobulin E
- PHQ-9: Patient Health Questionnaire-9
- SpO<sub>2</sub>: peripheral capillary oxygen saturation

**References**

50. Andrews AL, Simpson AN, Basco WT Jr, Teufel RJ 2nd. Asthma medication ratio predicts emergency department visits and hospitalizations in children with asthma. *Medicare Medicaid Res Rev* 2013;3(4):E1-10. PMID:24834366