Neural Network Part 2: Regularization

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Some of the slides in these lectures have been adapted/borrowed from materials developed by Mark Craven, David Page, Jude Shavlik, Tom Mitchell, Nina Balcan, Matt Gormley, Elad Hazan, Tom Dietterich, and Pedro Domingos.

#### Goals for the lecture

you should understand the following concepts

- regularization
- different views of regularization
- norm constraint
- data augmentation
- early stopping
- dropout
- batch normalization

## What is regularization?

- In general: any method to prevent overfitting or help the optimization
- Specifically: additional terms in the training optimization objective to prevent overfitting or help the optimization

### Overfitting example: regression using polynomials $t = \sin(2\pi x) + \epsilon$



Figure from *Machine Learning* and Pattern Recognition, Bishop

## Overfitting example: regression using polynomials



Figure from *Machine Learning and Pattern Recognition*, Bishop

# Overfitting

- Key: empirical loss and expected loss are different
- Smaller the data set, larger the difference between the two
- Larger the hypothesis class, easier to find a hypothesis that fits the difference between the two
  - Thus has small training error but large test error (overfitting)
- Larger data set helps
- Throwing away useless hypotheses also helps (regularization)

# Different views of regularization

#### Regularization as hard constraint

• Training objective

$$\min_{f} \hat{L}(f) = \frac{1}{n} \sum_{i=1}^{n} l(f, x_i, y_i)$$
  
subject to:  $f \in \mathcal{H}$ 

• When parametrized

$$\min_{\theta} \hat{L}(\theta) = \frac{1}{n} \sum_{i=1}^{n} l(\theta, x_i, y_i)$$
  
subject to:  $\theta \in \Omega$ 

#### Regularization as hard constraint

• When  $\Omega$  measured by some quantity R

$$\min_{\theta} \hat{L}(\theta) = \frac{1}{n} \sum_{i=1}^{n} l(\theta, x_i, y_i)$$

subject to:  $R(\theta) \le r$ 

• Example:  $l_2$  regularization

$$\min_{\theta} \hat{L}(\theta) = \frac{1}{n} \sum_{i=1}^{n} l(\theta, x_i, y_i)$$
  
subject to:  $||\theta||_2^2 \le r^2$ 

#### Regularization as soft constraint

• The hard-constraint optimization is equivalent to soft-constraint

$$\min_{\theta} \hat{L}_{R}(\theta) = \frac{1}{n} \sum_{i=1}^{n} l(\theta, x_{i}, y_{i}) + \lambda^{*} R(\theta)$$

for some regularization parameter  $\lambda^* > 0$ 

• Example: *l*<sub>2</sub> regularization

$$\min_{\theta} \hat{L}_R(\theta) = \frac{1}{n} \sum_{i=1}^n l(\theta, x_i, y_i) + \lambda^* ||\theta||_2^2$$

#### Regularization as soft constraint

• Showed by Lagrangian multiplier method

 $\mathcal{L}(\theta,\lambda) \coloneqq \widehat{L}(\theta) + \lambda[R(\theta) - r]$ 

• Suppose  $\theta^*$  is the optimal for hard-constraint optimization

 $\theta^* = \underset{\theta}{\operatorname{argmin}} \max_{\lambda \ge 0} \mathcal{L}(\theta, \lambda) \coloneqq \widehat{L}(\theta) + \lambda [R(\theta) - r]$ 

• Suppose  $\lambda^*$  is the corresponding optimal for max

 $\theta^* = \underset{\theta}{\operatorname{argmin}} \mathcal{L}(\theta, \lambda^*) \coloneqq \hat{L}(\theta) + \lambda^* [R(\theta) - r]$ 

#### Regularization as Bayesian prior

- Bayesian view: everything is a distribution
- Prior over the hypotheses:  $p(\theta)$
- Posterior over the hypotheses:  $p(\theta | \{x_i, y_i\})$
- Likelihood:  $p(\{x_i, y_i\}|\theta)$
- Bayesian rule:

$$p(\theta \mid \{x_i, y_i\}) = \frac{p(\theta)p(\{x_i, y_i\} \mid \theta)}{p(\{x_i, y_i\})}$$

#### Regularization as Bayesian prior

• Bayesian rule:

$$p(\theta \mid \{x_i, y_i\}) = \frac{p(\theta)p(\{x_i, y_i\} \mid \theta)}{p(\{x_i, y_i\})}$$

• Maximum A Posteriori (MAP):

 $\max_{\theta} \log p(\theta \mid \{x_i, y_i\}) = \max_{\theta} \log p(\theta) + \log p(\{x_i, y_i\} \mid \theta)$ Regularization MLE loss

#### Regularization as Bayesian prior

- Example:  $l_2$  loss with  $l_2$  regularization  $\min_{\theta} \hat{L}_R(\theta) = \frac{1}{n} \sum_{i=1}^n (f_{\theta}(x_i) - y_i)^2 + \lambda^* ||\theta||_2^2$
- Correspond to a normal likelihood  $p(x, y \mid \theta)$  and a normal prior  $p(\theta)$

#### Three views

• Typical choice for optimization: soft-constraint

$$\min_{\theta} \hat{L}_R(\theta) = \hat{L}(\theta) + \lambda R(\theta)$$

• Hard constraint and Bayesian view: conceptual; or used for derivation

### Three views

- Hard-constraint preferred if
  - Know the explicit bound  $R(\theta) \leq r$
  - Soft-constraint causes trapped in a local minima while projection back to feasible set leads to stability
- Bayesian view preferred if
  - Domain knowledge easy to represent as a prior

# Examples of Regularization

# Classical regularization

- Norm penalty
  - $l_2$  regularization
  - *l*<sub>1</sub> regularization
- Robustness to noise
  - Noise to the input
  - Noise to the weights

$$\min_{\theta} \hat{L}_R(\theta) = \hat{L}(\theta) + \frac{\alpha}{2} ||\theta||_2^2$$

- Effect on (stochastic) gradient descent
- Effect on the optimal solution

## Effect on gradient descent

• Gradient of regularized objective

$$\nabla \hat{L}_R(\theta) = \nabla \hat{L}(\theta) + \alpha \theta$$

• Gradient descent update

 $\theta \leftarrow \theta - \eta \nabla \hat{L}_R(\theta) = \theta - \eta \nabla \hat{L}(\theta) - \eta \alpha \theta = (1 - \eta \alpha)\theta - \eta \nabla \hat{L}(\theta)$ 

• Terminology: weight decay

• Consider a quadratic approximation around  $\theta^*$ 

$$\widehat{L}(\theta) \approx \widehat{L}(\theta^*) + (\theta - \theta^*)^T \nabla \widehat{L}(\theta^*) + \frac{1}{2} (\theta - \theta^*)^T H(\theta - \theta^*)$$

• Since  $\theta^*$  is optimal,  $\nabla \hat{L}(\theta^*) = 0$ 

$$\hat{L}(\theta) \approx \hat{L}(\theta^*) + \frac{1}{2}(\theta - \theta^*)^T H(\theta - \theta^*)$$
$$\nabla \hat{L}(\theta) \approx H(\theta - \theta^*)$$

• Gradient of regularized objective

$$\nabla \hat{L}_R(\theta) \approx H(\theta - \theta^*) + \alpha \theta$$

• On the optimal  $\theta_R^*$ 

$$0 = \nabla \hat{L}_R(\theta_R^*) \approx H(\theta_R^* - \theta^*) + \alpha \theta_R^*$$
$$\theta_R^* \approx (H + \alpha I)^{-1} H \theta^*$$

• The optimal

 $\theta_R^* \approx (H + \alpha I)^{-1} H \theta^*$ 

• Suppose *H* has eigen-decomposition  $H = Q \Lambda Q^T$ 

 $\theta_R^* \approx (H + \alpha I)^{-1} H \theta^* = Q (\Lambda + \alpha I)^{-1} \Lambda Q^T \theta^*$ 

• Effect: rescale along eigenvectors of *H* 



#### Notations: $\theta^* = w^*, \theta^*_R = \widetilde{w}$

$$l_1$$
 regularization

$$\min_{\theta} \hat{L}_R(\theta) = \hat{L}(\theta) + \alpha ||\theta||_1$$

- Effect on (stochastic) gradient descent
- Effect on the optimal solution

### Effect on gradient descent

• Gradient of regularized objective

 $\nabla \hat{L}_R(\theta) = \nabla \hat{L}(\theta) + \alpha \operatorname{sign}(\theta)$ 

where sign applies to each element in  $\theta$ 

• Gradient descent update

$$\theta \leftarrow \theta - \eta \nabla \hat{L}_R(\theta) = \theta - \eta \nabla \hat{L}(\theta) - \eta \alpha \operatorname{sign}(\theta)$$

• Consider a quadratic approximation around  $\theta^*$ 

$$\widehat{L}(\theta) \approx \widehat{L}(\theta^*) + (\theta - \theta^*)^T \nabla \widehat{L}(\theta^*) + \frac{1}{2} (\theta - \theta^*)^T H(\theta - \theta^*)$$

• Since  $\theta^*$  is optimal,  $\nabla \hat{L}(\theta^*) = 0$ 

$$\hat{L}(\theta) \approx \hat{L}(\theta^*) + \frac{1}{2}(\theta - \theta^*)^T H(\theta - \theta^*)$$

- Further assume that *H* is diagonal and positive  $(H_{ii} > 0, \forall i)$ 
  - not true in general but assume for getting some intuition
- The regularized objective is (ignoring constants)

$$\hat{L}_R(\theta) \approx \sum_i \frac{1}{2} H_{ii} (\theta_i - \theta_i^*)^2 + \alpha |\theta_i|$$

• The optimal  $\theta_R^*$ 

$$(\theta_R^*)_i \approx \begin{cases} \max\left\{\theta_i^* - \frac{\alpha}{H_{ii}}, 0\right\} & \text{if } \theta_i^* \ge 0\\ \min\left\{\theta_i^* + \frac{\alpha}{H_{ii}}, 0\right\} & \text{if } \theta_i^* < 0 \end{cases}$$



- Further assume that *H* is diagonal
- Compact expression for the optimal  $\theta_R^*$

$$(\theta_R^*)_i \approx \operatorname{sign}(\theta_i^*) \max\{|\theta_i^*| - \frac{\alpha}{H_{ii}}, 0\}$$

#### Bayesian view

•  $l_1$  regularization corresponds to Laplacian prior

$$p(\theta) \propto \exp(\alpha \sum_{i} |\theta_{i}|)$$
$$\log p(\theta) = \alpha \sum_{i} |\theta_{i}| + \text{constant} = \alpha ||\theta||_{1} + \text{constant}$$







#### Equivalence to weight decay

- Suppose the hypothesis is  $f(x) = w^T x$ , noise is  $\epsilon \sim N(0, \lambda I)$
- After adding noise, the loss is

$$L(f) = \mathbb{E}_{x,y,\epsilon} [f(x+\epsilon) - y]^2 = \mathbb{E}_{x,y,\epsilon} [f(x) + w^T \epsilon - y]^2$$
$$L(f) = \mathbb{E}_{x,y,\epsilon} [f(x) - y]^2 + 2\mathbb{E}_{x,y,\epsilon} [w^T \epsilon (f(x) - y)] + \mathbb{E}_{x,y,\epsilon} [w^T \epsilon]^2$$
$$L(f) = \mathbb{E}_{x,y,\epsilon} [f(x) - y]^2 + \lambda ||w||^2$$

#### Add noise to the weights

• For the loss on each data point, add a noise term to the weights before computing the prediction

 $\epsilon \sim N(0, \eta I), w' = w + \epsilon$ 

- Prediction:  $f_{w'}(x)$  instead of  $f_w(x)$
- Loss becomes

$$L(f) = \mathbb{E}_{x,y,\epsilon} [f_{w+\epsilon} (x) - y]^2$$

#### Add noise to the weights

• Loss becomes

$$L(f) = \mathbb{E}_{x,y,\epsilon} [f_{w+\epsilon} (x) - y]^2$$

- To simplify, use Taylor expansion
- $f_{w+\epsilon}(x) \approx f_w(x) + \epsilon^T \nabla f(x) + \frac{\epsilon^T \nabla^2 f(x)\epsilon}{2}$
- Plug in
- $L(f) \approx \mathbb{E}[f_w(x) y]^2 + \eta \mathbb{E}[(f_w(x) y)\nabla^2 f_w(x)] + \eta \mathbb{E}[|\nabla f_w(x)||^2$ Small so can be ignored Regularization term

# Other types of regularizations

- Data augmentation
- Early stopping
- Dropout
- Batch Normalization

#### Data augmentation

Horizontal Flip

Crop

Rotate



Figure from *Image Classification with Pyramid Representation and Rotated Data Augmentation on Torch 7,* by Keven Wang

#### Data augmentation

- Adding noise to the input: a special kind of augmentation
- Be careful about the transformation applied:
  - Example: classifying 'b' and 'd'
  - Example: classifying '6' and '9'

- Idea: don't train the network to too small training error
- Recall overfitting: Larger the hypothesis class, easier to find a hypothesis that fits the difference between the two
- Prevent overfitting: do not push the hypothesis too much; use validation error to decide when to stop



- When training, also output validation error
- Every time validation error improved, store a copy of the weights
- When validation error not improved for some time, stop
- Return the copy of the weights stored

- hyperparameter selection: training step is the hyperparameter
- Advantage
  - Efficient: along with training; only store an extra copy of weights
  - Simple: no change to the model/algo
- Disadvantage: need validation data

#### Early stopping as a regularizer



- Randomly select weights to update
- More precisely, in each update step
  - Randomly sample a different binary mask to all the input and hidden units
  - Multiple the mask bits with the units and do the update as usual
- Typical dropout probability: 0.2 for input and 0.5 for hidden units





 $h_1$ 

 $x_1$ 



### Batch Normalization

- If outputs of earlier layers are uniform or change greatly on one round for one mini-batch, then neurons at next levels can't keep up: they output all high (or all low) values
- Next layer doesn't have ability to change its outputs with learning-rate-sized changes to its input weights
- We say the layer has "saturated"

## Another View of Problem

- In ML, we assume future data will be drawn from same probability distribution as training data
- For a hidden unit, after training, the earlier layers have new weights and hence generate input data for this hidden unit from a *new* distribution
- Want to reduce this *internal covariate shift* for the benefit of later layers

**Input:** Values of x over a mini-batch:  $\mathcal{B} = \{x_{1...m}\};$ Parameters to be learned:  $\gamma$ ,  $\beta$ **Output:**  $\{y_i = BN_{\gamma,\beta}(x_i)\}$  $\mu_{\mathcal{B}} \leftarrow \frac{1}{m} \sum_{i=1}^{m} x_i$ // mini-batch mean  $\sigma_{\mathcal{B}}^2 \leftarrow \frac{1}{m} \sum_{i=1}^m (x_i - \mu_{\mathcal{B}})^2$ // mini-batch variance  $\widehat{x}_i \leftarrow \frac{x_i - \mu_{\mathcal{B}}}{\sqrt{\sigma_{\mathcal{B}}^2 + \epsilon}}$ // normalize  $y_i \leftarrow \gamma \widehat{x}_i + \beta \equiv \mathbf{BN}_{\gamma,\beta}(x_i)$ // scale and shift

**Algorithm 1:** Batch Normalizing Transform, applied to activation *x* over a mini-batch.

## Comments on Batch Normalization

- First three steps are just like standardization of input data, but with respect to only the data in mini-batch. Can take derivative and incorporate the learning of last step parameters into backpropagation.
- Note last step can completely un-do previous 3 steps
- But if so this un-doing is driven by the *later* layers, not the *earlier* layers; later layers get to "choose" whether they want standard normal inputs or not

# What regularizations are frequently used?

- $l_2$  regularization
- Early stopping
- Dropout/Batch Normalization
- Data augmentation if the transformations known/easy to implement