# Lecture 12: Conjugate Gradient Methods

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Given a symmetric *positive definite* (PD) matrix *A*, we want to minimize

$$f(x) = \frac{1}{2}x^{\top}Ax - b^{\top}x.$$

We have  $\nabla f(x) = Ax - b$  and  $\nabla^2 f(x) = A$ . Since  $0 \prec A \preccurlyeq \lambda_{\max}(A)I$ , f is convex and  $\lambda_{\max}(A)$ -smooth, and the global minimizer is  $x^* = A^{-1}b = \arg\min_x f(x)$ .

**Example 1.** A special case of the above problem is the linear least squares problem

$$f(x) = \frac{1}{2} \|Mx - c\|_2^2 = \frac{1}{2} x^{\top} \underbrace{M^{\top}M}_{A} x - (\underbrace{M^{\top}c}_{b})^{\top} x + \frac{1}{2} \|c\|_2^2.$$

**Question 1.** Why not just use the formula  $x^* = A^{-1}b$  to compute the minimizer?

## 1 First-order methods and Krylov subspace

(In this section,  $x_k$  denotes the iterate of an arbitrary first-order method.) Consider first order methods for which each iterate  $x_k$  lies in the affine subspace

$$x_0 + \operatorname{Lin} \left\{ \nabla f(x_0), \dots, \nabla f(x_{k-1}) \right\};$$

explicitly,

$$x_k = x_0 - \sum_{i=0}^{k-1} h_{i,k} \nabla f(x_i), \tag{1}$$

where  $h_{i,k} \in \mathbb{R}$ ,  $\forall i, k$ . Both GD and AGD take the form (1).

For quadratic f, thanks to the expression  $\nabla f(x) = Ax - b = A(x - x^*)$  for the gradient, we have the following.

**Lemma 1.** For the quadratic function  $f(x) = \frac{1}{2}x^{T}Ax - b^{T}x$  and all  $k \ge 0$ , we have

$$x_k \in x_0 + \operatorname{Lin}\left\{A(x_0 - x^*), A^2(x_0 - x^*), \dots, A^k(x_0 - x^*)\right\}$$

*Proof.* We prove by induction on k. Base case k = 0 is trivially true. Suppose

$$x_i - x_0 \in \text{Lin}\left\{A(x_0 - x^*), A^2(x_0 - x^*), \dots, A^i(x_0 - x^*)\right\}, \quad \forall i \leq k.$$

It follows

$$\nabla f(x_i) = A(x_i - x^*)$$

$$\in \text{Lin}\left\{A(x_0 - x^*), A^2(x_0 - x^*), \dots, A^{i+1}(x_0 - x^*)\right\}, \quad \forall i \le k$$

Hence

$$x_{k+1} - x_0 \in \text{Lin} \{ \nabla f(x_0), \dots, \nabla f(x_k) \}$$

$$\subseteq \text{Lin} \{ A(x_0 - x^*), A^2(x_0 - x^*), \dots, A^{k+1}(x_0 - x^*) \}.$$
(2)

**Definition 1.** The linear subspace

$$\mathcal{K}_k := \operatorname{Lin}\left\{A(x_0 - x^*), A^2(x_0 - x^*), \dots, A^k(x_0 - x^*)\right\}$$

is called the Krylov subspace of order k.

Lemma 1 says all first-order methods in the form (1) satisfy  $x_k \in x_0 + \mathcal{K}_k$ ,  $\forall k$ .

# 2 Conjugate gradient methods

(In this section,  $x_k$  denotes the iterate of the CG method specifically.)

The conjugate gradient (CG) method is given by

$$x_k = \arg\min_{x \in x_0 + \mathcal{K}_k} f(x), \qquad k = 1, 2, \dots$$

For quadratic f, CG converges at least as fast as any first-order method, including Nesterov's AGD. Therefore, CG outputs  $x_k$  such that  $f(x_k) - f(x^*) \le \epsilon$  in at most

$$O\left(\min\left\{\sqrt{\frac{L}{\epsilon}} \|x_0 - x^*\|_2, \sqrt{\frac{L}{m}} \log \frac{L \|x_0 - x^*\|_2^2}{\epsilon}\right\}\right) \text{ iterations,}$$

where  $L = \lambda_{\max}(A)$  and  $m = \lambda_{\min}(A)$ . But we can say more.

### 2.1 Properties of CG

**Lemma 2** (Lem 1.3.1 in Nesterov's book). *For any*  $k \ge 1$ , *we have* 

$$\mathcal{K}_k = \operatorname{Lin} \left\{ \nabla f(x_0), \dots, \nabla f(x_{k-1}) \right\}.$$

*Proof.* In equation (2) we already established Lin  $\{\nabla f(x_0), \ldots, \nabla f(x_{k-1})\} \subseteq \mathcal{K}_k$ . It remains to prove the reverse inclusion.

Use induction on k. Suppose Lin  $\{\nabla f(x_0), \ldots, \nabla f(x_{k-1})\} \supseteq \mathcal{K}_k$ ; want to show Lin  $\{\nabla f(x_0), \ldots, \nabla f(x_k)\} \supseteq \mathcal{K}_{k+1}$ .

Note that  $x_{k-1} \in x_0 + \mathcal{K}_{k-1}$  can be expressed as

$$x_{k-1} = x_0 + \sum_{i=1}^{k-1} \beta_{i,k-1} A^i (x_0 - x^*).$$

Consider two cases:

•  $\nabla f(x_{k-1}) = 0$ . Hence

$$0 = \nabla f(x_{k-1}) = A(x_{k-1} - x^*)$$

$$= \underbrace{A(x_0 - x^*) + \sum_{i=1}^{k-2} \beta_{i,k-1} A^{i+1}(x_0 - x^*) + \beta_{k-1,k-1} A^k(x_0 - x^*)}_{\in \mathcal{K}_{k-1}}.$$

This means  $A^k(x_0 - x^*) \in \mathcal{K}_{k-1}$  and  $\mathcal{K}_k = \mathcal{K}_{k-1}$ . In turn,  $A^{k+1}(x_0 - x^*) \in \mathcal{K}_k$  and  $\mathcal{K}_{k+1} = \mathcal{K}_k$ . We conclude that Lin  $\{\nabla f(x_0), \ldots, \nabla f(x_k)\} \supseteq \mathcal{K}_k = \mathcal{K}_{k+1}$ .

•  $\nabla f(x_{k-1}) \neq 0$ . Then

$$\nabla f(x_k) = A(x_0 - x^*) + \sum_{i=1}^k \beta_{i,k} A^{i+1}(x_0 - x^*)$$

$$= \underbrace{A(x_0 - x^*) + \sum_{i=1}^{k-1} \beta_{i,k} A^{i+1}(x_0 - x^*)}_{\in \mathcal{K}_k} + \beta_{k,k} A^{k+1}(x_0 - x^*).$$

We claim and prove later that  $\beta_{k,k} \neq 0$ . In this case,

$$\mathcal{K}_{k+1} = \operatorname{Lin} \left\{ \mathcal{K}_k \cup A^{k+1}(x_0 - x^*) \right\}$$

$$= \operatorname{Lin} \left\{ \mathcal{K}_k \cup \nabla f(x_k) \right\}.$$

$$\subseteq \operatorname{Lin} \left\{ \nabla f(x_0), \dots, \nabla f(x_{k-1}), \nabla f(x_k) \right\}.$$

**Proof of claim:** If  $\beta_{k,k} = 0$ , then

$$x_k = x_0 + \sum_{i=1}^{k-1} \beta_{i,k} A^i (x_0 - x^*) \in x_0 + \mathcal{K}_{k-1},$$

so

$$x_k = \arg\min_{x \in x_0 + \mathcal{K}_k} f(x) = \arg\min_{x \in x_0 + \mathcal{K}_{k-1}} f(x) = x_{k-1}.$$

Note that

$$x_{k-1} - \frac{1}{L}\nabla f(x_{k-1}) \in x_0 + \mathcal{K}_k,$$

hence

$$f(x_{k-1}) = f(x_k) \le f\left(x_{k-1} - \frac{1}{L}\nabla f(x_{k-1})\right)$$

$$\le f(x_{k-1}) - \frac{1}{2L} \|\nabla f(x_{k-1})\|_2^2.$$
 Descent Lemma

We must have  $\nabla f(x_{k-1}) = 0$ , contradicting the assumption  $\nabla f(x_{k-1}) \neq 0$ .

**Lemma 3** (Lem 1.3.2 in Nes book). *For any*  $0 \le i < k$ , *we have* 

$$\langle \nabla f(x_k), \nabla f(x_i) \rangle = 0.$$

Proof. Define

$$\Phi(\lambda) = f\left(\underbrace{x_0 - \sum_{i=0}^{k-1} \lambda_i \nabla f(x_i)}_{x_k \in x_0 + \mathcal{K}_k}\right),\,$$

where  $\lambda = (\lambda_0, \lambda_1, \lambda_2, \dots, \lambda_{k-1})^{\top} \in \mathbb{R}^k$ . By specification of CG, we have

$$x_k = x_0 - \sum_{i=0}^{k-1} \lambda_i \nabla f(x_i) = \arg \min_{x \in x_0 + \mathcal{K}_k} f(x),$$

hence

$$\lambda = \arg\min_{\lambda' \in \mathbb{R}^k} \Phi(\lambda').$$

Therefore, for each *i*:

$$0 = \frac{\partial \Phi(\lambda)}{\partial \lambda_i} = \langle \nabla f(x_k), -\nabla f(x_i) \rangle.$$

Two immediate corollaries:

**Corollary 1** (Cor 1.3.1 in Nes book). *CG* finds  $x^* = \arg\min_{x \in \mathbb{R}^d} f(x)$  in at most d iterations.

*Proof.* Lemma 3 says  $\nabla f(x_0)$ ,  $\nabla f(x_1)$ , ... are orthogonal to each other. But in  $\mathbb{R}^d$ , there cannot be more than d orthogonal non-zero vectors, so we must have  $\nabla f(x_d) = 0$  and thus  $x_d$  is optimal.  $\square$ 

**Corollary 2** (Cor 1.3.2 in Nes book).  $\forall p \in \mathcal{K}_k$ ,  $\langle \nabla f(x_k), p \rangle = 0$ .

*Proof.* By Lemma 2,  $p \in \mathcal{K}_k = \text{Lin}\{\nabla f(x_0), \dots, \nabla f(x_{k-1})\}$ . By Lemma 3, any linear combination of  $\{\nabla f(x_0), \dots, \nabla f(x_{k-1})\}$  is orthogonal to  $\nabla f(x_k)$ .

#### 2.2 Why is CG called CG?

**Definition 2.** Two vectors  $p, q \in \mathbb{R}^d$  are said to be conjugate w.r.t. a matrix  $A \in \mathbb{R}^{d \times d}$  if  $\langle Ap, q \rangle = 0$ .

We can write the iteration of CG as

$$x_{k+1} = x_k - h_k p_k,$$

where  $h_k$  is the stepsize and  $p_k$  is the search direction. Later we show that

$$\forall k \neq i : \langle Ap_k, p_i \rangle = 0.$$

Nocedal-Wright: "Conjugate gradients is a misnomer. It is the search/descent directions that are conjugate, not the gradients."