## Lecture 4: Smooth Functions and Optimality Conditions

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In this lecture, we use Taylor's Theorem to characterize smooth functions and their local minima. In particular, we derive necessary/sufficient conditions for smooth unconstrained optimization.

### **1** Properties of smooth functions

Recall: *f* is call *L*-smooth w.r.t.  $\|\cdot\|$  if

 $\forall x, y \in \operatorname{dom}(f) : \|\nabla f(x) - \nabla f(y)\|_* \le L \|x - y\|.$ 

**Lemma 1.** Let  $f : \mathbb{R}^d \to \overline{\mathbb{R}}$  be an L-smooth function w.r.t.  $\|\cdot\|$ . Then,  $\forall x, y \in \text{dom}(f)$ :

$$f(y) \le f(x) + \langle \nabla f(x), y - x \rangle + \frac{L}{2} ||y - x||^2,$$
  
$$f(y) \ge f(x) + \langle \nabla f(x), y - x \rangle - \frac{L}{2} ||y - x||^2.$$

*Proof.* We prove the first inequality; second one left as exercise. From Part 1 of Taylor theorem (Theorem 1 in Lecture 3):

$$\begin{split} f(y) &- f(x) - \langle \nabla f(x), y - x \rangle \\ &= \int_0^1 \langle \nabla f(x + t(y - x)), y - x \rangle \, \mathrm{d}t - \int_0^1 \langle \nabla f(x), y - x \rangle \, \mathrm{d}t \\ &= \int_0^1 \langle \nabla f(x + t(y - x)) - \nabla f(x), y - x \rangle \, \mathrm{d}t \\ &\leq \int_0^1 \| \nabla f(x + t(y - x)) - \nabla f(x) \|_* \| y - x \| \, \mathrm{d}t \qquad \text{Holder} \\ &\leq \int_0^1 Lt \| y - x \|^2 \, \mathrm{d}t \qquad \text{Smoothness} \\ &= \frac{L}{2} \| y - x \|^2 \, . \end{split}$$

*Remark* 1. In fact, the condition in Lemma 1 is *equivalent* to *L*-smoothness; see Lemma 3.

Recall the Lowner order: For symmetric matrices *A* and *B*,

$$A \succcurlyeq B \iff A - B \succcurlyeq 0 \iff A - B$$
 is p.s.d.

In particular,

 $aI \preccurlyeq A \preccurlyeq bI \iff a \le \lambda_i(A) \le b, \forall i$ 

where  $\lambda_1(A) \leq \cdots \leq \lambda_d(A)$  are the eigenvalues of *A*.

**Lemma 2.** Suppose that  $f : \mathbb{R}^d \to \overline{\mathbb{R}}$  is twice continuously differentiable on dom(f). Then f is L-smooth *w.r.t.*  $\|\cdot\|_{2}$  *if and only if* 

$$-LI \preccurlyeq \nabla^2 f(x) \preccurlyeq LI, \quad \forall x \in \operatorname{dom}(f).$$

To state the proof, we use the matrix operator norm:

$$|A||_{2} := \sup_{x: \|x\|_{2} \neq 0} \frac{\|Ax\|_{2}}{\|x\|_{2}} \stackrel{\text{for symmetric } A}{=} \max_{i} |\lambda_{i}(A)|.$$

Then

$$\|Ax\|_{2} \le \|A\|_{2} \|x\|_{2} \tag{1}$$

*Proof.*  $\implies$  direction: Suppose that *f* is *L* smooth. Want to show:  $\nabla^2 f(x) \preccurlyeq LI$ .  $(-LI \preccurlyeq \nabla^2 f(x))$ left as exercise.)

Let  $x \in \text{dom}(f)$ ,  $x + \alpha p \in \text{dom}(f)$ ,  $\alpha > 0$ . From Part 4 of Taylor theorem (Theorem 1 in Lecture 3):

$$f(x + \alpha p) = f(x) + \langle \nabla f(x), \alpha p \rangle + \frac{\alpha^2}{2} p^\top \nabla^2 f(x + \gamma \alpha p) p$$
(2)

for some  $\gamma \in (0, 1)$ . From Lemma 1:

$$f(x + \alpha p) \le f(x) + \langle \nabla f(x), \alpha p \rangle + \frac{L}{2} \alpha^2 \|p\|_2^2.$$
(3)

Combining (3) and (2):

$$\frac{\alpha^{\mathbb{Z}}}{\mathbb{Z}}p^{\top}\underbrace{\nabla^{2}f(x+\gamma\alpha p)}_{\to\nabla^{2}f(x) \text{ as } \alpha\to 0}p \leq \frac{L}{\mathbb{Z}}\alpha^{\mathbb{Z}}\|p\|_{2}^{2}$$

Take limit  $\alpha \to 0$ , we get  $p^{\top} \nabla^2 f(x) p \le L \|p\|_2^2$ . Since *p* is arbitrary, we have  $\nabla^2 f(x) \preccurlyeq LI$ .  $\Leftarrow$  direction: Suppose that  $\forall x : -LI \preccurlyeq \nabla^2 f(x) \preccurlyeq LI \iff \|\nabla^2 f(x)\|_2 \le L$ . Want to show:  $\forall x, y \in \text{dom}(f) : \|\nabla f(x) - \nabla f(y)\|_2 \le L \|x - y\|_2.$ 

From Part 3 of Taylor theorem:  $\forall x, y \in \text{dom}(f)$ :

$$\begin{aligned} \|\nabla f(y) - \nabla f(x)\|_{2} &= \left\| \int_{0}^{1} \nabla^{2} f\left(x + t(y - x)\right) (y - x) dt \right\|_{2} \\ &\leq \int_{0}^{1} \left\| \nabla^{2} f\left(x + t(y - x)\right) (y - x) dt \right\|_{2} \end{aligned} \qquad \text{Jensen's} \\ &\leq \int_{0}^{1} \left\| \nabla^{2} f\left(x + t(y - x)\right) \right\|_{2} \left\| y - x \right\|_{2} dt \qquad \text{by (1)} \\ &\leq \int_{0}^{1} L \left\| y - x \right\|_{2} dt \\ &= L \left\| y - x \right\|_{2}. \end{aligned}$$

#### Characterizing minima of smooth functions 2

In this part, we consider *unconstrained* optimization, that is,  $\mathcal{X} = \mathbb{R}^d$  in the problem

$$\min_{x \in \mathcal{X}} f(x) \tag{P}$$

#### 2.1 Necessary conditions for optimality

#### Theorem 1.

- 1. (First-order necessary condition) Suppose that  $f : \mathbb{R}^d \to \mathbb{R} \cup \{+\infty\}$  is continuously differentiable. If  $x^*$  is a local minimizer of f, then  $\nabla f(x^*) = 0$ .
- 2. (Second-order necessary condition) Suppose that  $f : \mathbb{R}^d \to \mathbb{R} \cup \{+\infty\}$  is twice continuously differentiable. Then in additional to 1),  $\nabla^2 f(x^*) \geq 0$ .

*Remark* 2. A point *x* satisfying  $\nabla f(x) = 0$  is called a (first-order) *stationary point* of *f*. A point *x* satisfying  $\nabla f(x) = 0$  and  $\nabla^2 f(x) \succeq 0$  is called a *second-order stationary point* (SOSP). Theorem 1 says a local minimizer must be a stationary point if *f* is continuously differentiable, and it must be a SOSP if *f* is twice continuously differentiable.

*Proof of Theorem* **1**. Part 1: Suppose for the purpose of contradiction (f.p.o.c) that  $\nabla f(x^*) \neq 0$ , but  $x^*$  is a local minimizer. Apply Part 2 of Taylor's Theorem with  $y = x^* - \alpha \nabla f(x^*), x = x^*, \alpha > 0$ :

$$f(x^* - \alpha \nabla f(x^*)) = f(x^*) - \alpha \left\langle \nabla f(x^* - \gamma \alpha \nabla f(x^*)), \nabla f(x^*) \right\rangle$$

for some  $\gamma \in (0, 1)$ . Note that

$$-\left\langle \nabla f\left(x^{*}\right),\nabla f\left(x^{*}\right)\right\rangle =-\left\|\nabla f\left(x^{*}\right)\right\|_{2}^{2}.$$

Since  $\nabla f$  is continuous by assumption, for all sufficiently small  $\alpha > 0$ , it holds that

$$-\langle \nabla f(x^* - \gamma \alpha \nabla f(x^*)), \nabla f(x^*) \rangle \leq -\frac{1}{2} \| \nabla f(x^*) \|_2^2,$$

hence

$$f(x^* - \alpha \nabla f(x^*)) \le f(x^*) - \frac{\alpha}{2} \underbrace{\|\nabla f(x^*)\|_2^2}_{>0 \text{ by assumption}} < f(x^*).$$

Therefore,  $x^*$  cannot be a local minimizer, a contradiction.

Part 2: Suppose f.p.o.c. that  $\nabla^2 f(x^*)$  has a negative eigenvalue  $-\lambda$ , where  $\lambda > 0$ . Then, there exists  $\theta \in \mathbb{R}^d$ ,  $\|\theta\|_2 = 1$  such that

$$\nabla^{\top} \nabla^2 f(x^*) \theta = -\lambda.$$

Using Part 4 of Taylor's Theorem with  $x = x^*$ ,  $y = x^* + \alpha \theta$ ,  $\alpha > 0$ :

$$f(x^* + \alpha\theta) = f(x^*) + \left\langle \underbrace{\nabla f(x^*)}_{\text{by part 1}}, \alpha\theta \right\rangle + \frac{\alpha^2}{2} \theta^\top \nabla^2 f(x^* + \gamma \alpha\theta)\theta$$

for some  $\gamma \in (0, 1)$ . As  $\nabla^2 f$  is continuous, for all sufficiently small  $\alpha > 0$ , it holds that

$$\theta^{\top} \nabla^2 f(x^* + \gamma \alpha \theta) \theta \le -\frac{\lambda}{2}$$

hence

$$f(x^* + \alpha \theta) \le f(x^*) - \frac{1}{4}\alpha^2 \lambda < f(x^*).$$

Therefore,  $x^*$  cannot be a local minimizer, a contradiction.

#### 2.1.1 An alternative proof

From calculus, we have the derivative tests for characterizing critical points of **1D** functions. We can use these 1D results to prove the multivariate results in Theorem 1.

Part 1: Define the 1-D function  $\phi(\alpha) = f(x^* - \alpha \nabla f(x^*))$ . If  $x^*$  is a local minimizer of f, then 0 is a local minimizer of  $\phi$ , then  $\phi'(0) = 0$  by Fermat's Theorem. But

$$\phi'(\alpha) = \left\langle \nabla f\left(x^* - \alpha \nabla f(x^*)\right), -\nabla f(x^*) \right\rangle,$$
  
$$\phi'(0) = - \left\| \nabla f(x^*) \right\|_2^2,$$

so we must have  $\nabla f(x^*) = 0$ .

Part 2: Fix an arbitrary  $\theta \in \mathbb{R}^d$ , define  $\phi_{\theta}(\alpha) = f(x^* + \alpha\theta)$ . Use 2nd derivative test on  $\phi_{\theta}$  and  $\phi'_{\theta}(0) = 0$ .

#### 2.2 Sufficient condition for optimality

**Theorem 2** (Second-order sufficient condition). Let  $f : \mathbb{R}^d \to \mathbb{R} \cup \{+\infty\}$  be twice continuously differentiable and assume that for some  $x^* \in \text{dom}(f)$ ,

$$abla f(x^*) = 0$$
 and  
 $abla^2 f(x^*) \succ 0.$ 

Then  $x^*$  is a strict local minimizer of f.

*Proof.* Let  $\mathcal{B}$  be a ball centered at  $x^*$  and of radius  $\rho$  that is sufficiently small so that

$$abla^2 f(x^* + p) \succcurlyeq \epsilon I, \qquad \forall p : \|p\|_2 \le \rho$$

for some  $\epsilon > 0$ . (Such a ball must exist because  $\nabla^2 f(x^*) \succ 0$  and  $\nabla^2 f$  is continuous).

Apply Part 4 of Taylor's Theorem with  $x = x^*$ ,  $y = x^* + p$  and arbitrary p with  $||p||_2 \le \rho$ : for some  $\gamma \in (0, 1)$ ,

$$\begin{aligned} f(x^* + p) &= f(x^*) + \langle \nabla f x^* \rangle, p \rangle + \frac{1}{2} p^\top \nabla^2 f(x^* + \gamma p) p \\ &= f(x^*) + 0 + \frac{1}{2} p^\top \nabla^2 f(x^* + \gamma p) p \\ &\geq f(x^*) + \frac{1}{2} \cdot \epsilon \cdot \|p\|_2^2 \\ &> f(x^*) \qquad \text{if } \|p\|_2 \neq 0, \end{aligned}$$
 by assumption

so  $x^*$  is a strict local minimizer.

*Remark* 3. We notice that there is a gap between the conditions in last two theorems. The condition  $\nabla f(x^*) = 0$ ,  $\nabla^2 f(x^*) \ge 0$  in Theorem 1 is necessary but not sufficient: it is possible that a point x satisfies this condition but is not a local min (e.g.,  $f(x) = x^3$  and x = 0). The condition  $\nabla f(x^*) = 0$ ,  $\nabla^2 f(x^*) \ge 0$  in Theorem 2 is sufficient but not necessary: it is possible that a local minimizer  $x^*$  has  $\nabla^2 f(x^*) = 0$  (e.g.,  $f(x) = x^4$  and  $x^* = 0$ ). In general, it is hard to check whether a point x is a local min, even for smooth unconstrained problems. For example, consider the function

$$f(x) = (x_1^2, x_2^2, \dots, x_d^2) D(x_1^2, x_2^2, \dots, x_d^2)^{\top},$$

which is a degree-4 polynomial in *x*. It is NP hard to decide whether x = 0 is a local min (by reduction from subset sum; Murty-Kabadi 1987),

*Remark* 4. Also, Theorem 2 only guarantees *local* optimality, not global optimality.

# Appendices

**Lemma 3.** Let  $f : \mathbb{R}^d \to \mathbb{R}$  be a continuously differentiable function. If it holds that

$$|f(y) - f(x) - \langle \nabla f(x), y - x \rangle| \le \frac{L}{2} \|y - x\|_2^2, \quad \text{for all } x, y \in \mathbb{R}^d, \tag{4}$$

*then* f *is an* L*-smooth function*  $w.r.t. \|\cdot\|_2$ .

*Proof.* Let  $x, y \in \mathbb{R}^d$  be arbitrary and  $p \in \mathbb{R}^d$  be chosen later. Under the assumption we have the upper bound

$$\rho := f(y+p) - f(x) + f(x-p) - f(y)$$
  

$$\leq \langle \nabla f(x), y+p-x \rangle + \frac{L}{2} \|y+p-x\|_{2}^{2} + \langle \nabla f(y), x-p-y \rangle + \frac{L}{2} \|x-p-y\|_{2}^{2}$$
  

$$= - \langle \nabla f(x) - \nabla f(y), x-y-p \rangle + L \|x-y-p\|_{2}^{2}$$

and the lower bound

$$\rho = f(y+p) - f(y) + f(x-p) - f(x)$$
  

$$\geq \langle \nabla f(y), p \rangle - \frac{L}{2} \|p\|_2^2 + \langle \nabla f(x), -p \rangle - \frac{L}{2} \|p\|_2^2$$
  

$$= - \langle \nabla f(x) - \nabla f(y), p \rangle - L \|p\|_2^2.$$

Combining the two bounds and rearranging, we get

$$\langle \nabla f(x) - \nabla f(y), x - y - 2p \rangle \leq L \|x - y - p\|_{2}^{2} + L \|p\|_{2}^{2}.$$
  
Taking  $p = \frac{1}{2} \left[ x - y - \frac{1}{L} \left( \nabla f(x) - \nabla f(y) \right) \right]$  gives  

$$\frac{1}{L} \|\nabla f(x) - \nabla f(y)\|_{2}^{2} \leq \frac{L}{4} \left\| x - y + \frac{1}{L} \left( \nabla f(x) - \nabla f(y) \right) \right\|_{2}^{2} + \frac{L}{4} \left\| x - y - \frac{1}{L} \left( \nabla f(x) - \nabla f(y) \right) \right\|_{2}^{2}$$
  

$$= \frac{L}{2} \|x - y\|^{2} + \frac{1}{2L} \|\nabla f(x) - \nabla f(y)\|_{2}^{2},$$

Rearranging terms gives

$$\|\nabla f(x) - \nabla f(y)\|_2^2 \le L^2 \|x - y\|_2^2$$

which is the definition of *L*-smoothness.

*Remark* 5. The condition (4) is equivalent to

$$|\langle \nabla f(x) - \nabla f(y), x - y \rangle| \le L ||x - y||_2^2$$
 for all  $x, y \in \mathbb{R}^d$ .

Proof left as exercise.

*Remark* 6. Suppose that f is a convex function satisfying the upper bound

$$f(y) - f(x) - \langle \nabla f(x), y - x \rangle \le \frac{L}{2} \|y - x\|_2^2$$
 for all  $x, y \in \mathbb{R}^d$ 

or equivalently

$$\langle \nabla f(x) - \nabla f(y), x - y \rangle \le L ||x - y||_2^2$$
 for all  $x, y \in \mathbb{R}^d$ .

Then f satisfies (4) and hence f is L-smooth.