

# Lecture 12: Conjugate Gradient Methods

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Given a symmetric *positive definite* (PD) matrix  $A$ , we want to minimize the quadratic function

$$f(x) = \frac{1}{2}x^\top Ax - b^\top x.$$

We have  $\nabla f(x) = Ax - b$  and  $\nabla^2 f(x) = A$ . Since  $0 \prec A \preceq \lambda_{\max}(A)I$ , the function  $f$  is convex and  $\lambda_{\max}(A)$ -smooth, and the global minimizer is  $\arg \min_x f(x) = x^* = A^{-1}b$ .

**Example 1.** A special case of the above problem is the linear least squares problem

$$f(x) = \frac{1}{2} \|Mx - c\|_2^2 = \frac{1}{2}x^\top \underbrace{M^\top M}_A x - \underbrace{(M^\top c)}_b x + \frac{1}{2} \|c\|_2^2.$$

**Example 2.** Minimizing  $f$  above is equivalent to solving the linear system

$$Ax = b$$

with symmetric positive definite  $A$ . This problem arises in many applications. One example is when  $A = \nabla^2 g(z)$  and  $b = \nabla g(z)$ , so the solution of the linear system is  $(\nabla^2 g(z))^{-1} \nabla g(z)$ , which is the search direction at point  $z$  of Newton's method applied to minimizing  $g$ . Other examples include  $A$  being a covariance matrix or a graph Laplacian matrix.

**Question 1.** Why not just compute  $A^{-1}$  and use the formula  $x^* = A^{-1}b$  to compute the minimizer?

## 1 First-order methods and Krylov subspace

(In this section,  $x_k$  denotes the iterate of an arbitrary first-order method.)

Consider first order methods for which each iterate  $x_k$  lies in the affine subspace

$$x_0 + \text{Lin} \{ \nabla f(x_0), \dots, \nabla f(x_{k-1}) \};$$

explicitly,

$$x_k = x_0 - \sum_{i=0}^{k-1} h_{i,k} \nabla f(x_i), \tag{1}$$

where  $h_{i,k} \in \mathbb{R}, \forall i, k$ . Both GD and AGD take the form (1).

For quadratic  $f$ , thanks to the expression  $\nabla f(x) = Ax - b = A(x - x^*)$  for the gradient, we have the following.

**Lemma 1.** For the quadratic function  $f(x) = \frac{1}{2}x^\top Ax - b^\top x$  and all  $k \geq 0$ , we have

$$x_k \in x_0 + \text{Lin} \{ A(x_0 - x^*), A^2(x_0 - x^*), \dots, A^k(x_0 - x^*) \}$$

*Proof.* We prove by induction on  $k$ . The base case  $k = 0$  is trivially true. Now suppose

$$x_i - x_0 \in \text{Lin} \left\{ A(x_0 - x^*), A^2(x_0 - x^*), \dots, A^i(x_0 - x^*) \right\}, \quad \forall i \leq k.$$

It follows that

$$\begin{aligned} \nabla f(x_i) &= A(x_i - x^*) \\ &\in \text{Lin} \left\{ A(x_0 - x^*), A^2(x_0 - x^*), \dots, A^{i+1}(x_0 - x^*) \right\}, \quad \forall i \leq k. \end{aligned}$$

Hence

$$\begin{aligned} x_{k+1} - x_0 &\in \text{Lin} \{ \nabla f(x_0), \dots, \nabla f(x_k) \} \\ &\subseteq \text{Lin} \left\{ A(x_0 - x^*), A^2(x_0 - x^*), \dots, A^{k+1}(x_0 - x^*) \right\}. \end{aligned} \tag{2}$$

□

**Definition 1.** The linear subspace

$$\mathcal{K}_k := \text{Lin} \left\{ A(x_0 - x^*), A^2(x_0 - x^*), \dots, A^k(x_0 - x^*) \right\}$$

is called the *Krylov subspace* of order  $k$  (generated by  $A$  and  $x_0 - x^*$ ).

Lemma 1 says that all first-order methods in the form (1) satisfy

$$x_k \in x_0 + \mathcal{K}_k, \forall k.$$

## 2 Conjugate gradient methods

(In this section,  $x_k$  denotes the iterate of the CG method specifically.)

The conjugate gradient (CG) method is given by

$$x_k = \arg \min_{x \in x_0 + \mathcal{K}_k} f(x), \quad k = 1, 2, \dots$$

By definition, for quadratic  $f$ , CG converges at least as fast as any first-order method, including Nesterov's AGD. Therefore, CG inherits the convergence guarantees for AGD: it outputs  $x_k$  such that  $f(x_k) - f(x^*) \leq \epsilon$  in at most

$$O \left( \min \left\{ \sqrt{\frac{L}{\epsilon}} \|x_0 - x^*\|_2, \sqrt{\frac{L}{m}} \log \frac{L \|x_0 - x^*\|_2^2}{\epsilon} \right\} \right) \text{ iterations,}$$

where  $L = \lambda_{\max}(A)$  and  $m = \lambda_{\min}(A) > 0$ .

But we can say more.

## 2.1 Properties of CG

**Lemma 2** (Lemma 1.3.1 in Nesterov's book). *For any  $k \geq 1$ , we have*

$$\mathcal{K}_k = \text{Lin} \{ \nabla f(x_0), \dots, \nabla f(x_{k-1}) \}.$$

*Proof.* In equation (2) we already established  $\text{Lin} \{ \nabla f(x_0), \dots, \nabla f(x_{k-1}) \} \subseteq \mathcal{K}_k$  for each  $k$ . It remains to prove the reverse inclusion.

We use induction on  $k$ . Suppose  $\text{Lin} \{ \nabla f(x_0), \dots, \nabla f(x_{k-1}) \} \supseteq \mathcal{K}_k$ . We want to show that  $\text{Lin} \{ \nabla f(x_0), \dots, \nabla f(x_k) \} \supseteq \mathcal{K}_{k+1}$ .

Note that  $x_{k-1} \in x_0 + \mathcal{K}_{k-1}$  can be expressed as

$$x_{k-1} = x_0 + \sum_{i=1}^{k-1} \beta_{i,k-1} A^i (x_0 - x^*).$$

Consider three cases:

Case 1:  $\nabla f(x_{k-1}) \neq 0$ . Then  $\nabla f(x_k) \in \mathcal{K}_{k+1}$  means

$$\begin{aligned} \nabla f(x_k) &= A(x_0 - x^*) + \sum_{i=1}^k \beta_{i,k} A^{i+1} (x_0 - x^*) \\ &= A(x_0 - x^*) + \underbrace{\sum_{i=1}^{k-1} \beta_{i,k} A^{i+1} (x_0 - x^*)}_{\in \mathcal{K}_k} + \beta_{k,k} A^{k+1} (x_0 - x^*). \end{aligned}$$

We claim that  $\beta_{k,k} \neq 0$ . Taking the claim as given, we have

$$\begin{aligned} \mathcal{K}_{k+1} &= \text{Lin} \{ \mathcal{K}_k \cup A^{k+1} (x_0 - x^*) \} \\ &= \text{Lin} \{ \mathcal{K}_k \cup \nabla f(x_k) \} \\ &\subseteq \text{Lin} \{ \nabla f(x_0), \dots, \nabla f(x_{k-1}), \nabla f(x_k) \}. \end{aligned}$$

**Proof of claim:** For the sake of contradiction, suppose  $\beta_{k,k} = 0$ . Then

$$x_k = x_0 + \sum_{i=1}^{k-1} \beta_{i,k} A^i (x_0 - x^*) \in x_0 + \mathcal{K}_{k-1},$$

so

$$x_k = \arg \min_{x \in x_0 + \mathcal{K}_k} f(x) = \arg \min_{x \in x_0 + \mathcal{K}_{k-1}} f(x) = x_{k-1}.$$

Note that by definition of  $x_{k-1}$  and (2), we have

$$x_{k-1} - \frac{1}{L} \nabla f(x_{k-1}) \in x_0 + \mathcal{K}_k,$$

hence

$$\begin{aligned} f(x_{k-1}) = f(x_k) &= \min_{x \in x_0 + \mathcal{K}_k} f(x) \leq f \left( x_{k-1} - \frac{1}{L} \nabla f(x_{k-1}) \right) \\ &\leq f(x_{k-1}) - \frac{1}{2L} \|\nabla f(x_{k-1})\|_2^2. \end{aligned} \quad \text{Descent Lemma}$$

Since  $\nabla f(x_{k-1}) \neq 0$ , we have  $f(x_{k-1}) < f(x_{k-1})$ , a contradiction.

Case 2:  $\nabla f(x_{k-1}) = 0$  and  $\beta_{k-1,k-1} \neq 0$ . Hence

$$\begin{aligned} 0 &= \nabla f(x_{k-1}) = A(x_{k-1} - x^*) \\ &= A(x_0 - x^*) + \underbrace{\sum_{i=1}^{k-2} \beta_{i,k-1} A^{i+1}(x_0 - x^*)}_{\in \mathcal{K}_{k-1}} + \beta_{k-1,k-1} A^k(x_0 - x^*). \end{aligned}$$

This means  $A^k(x_0 - x^*) \in \mathcal{K}_{k-1}$  and thus  $\mathcal{K}_k = \mathcal{K}_{k-1}$ . It follows that  $A^{k+1}(x_0 - x^*) \in \mathcal{K}_k$  and  $\mathcal{K}_{k+1} = \mathcal{K}_k$ . We conclude that  $\text{Lin}\{\nabla f(x_0), \dots, \nabla f(x_k)\} \stackrel{(i)}{\supseteq} \mathcal{K}_k = \mathcal{K}_{k+1}$ , where step (i) follows from induction hypothesis.

Case 3:  $\beta_{k-1,k-1} = 0$ . Following the same arguments as in proof of the claim above, we can show that  $\beta_{k-1,k-1} = 0$  implies  $\nabla f(x_{k-2}) = 0$ . We then repeat the argument in Case 2 for  $k - 2$ . □

**Lemma 3** (Lemma 1.3.2 in Nesterov's book). *For any  $0 \leq i < k$ , we have*

$$\langle \nabla f(x_k), \nabla f(x_i) \rangle = 0.$$

*Proof.* Define a function  $\Phi : \mathbb{R}^k \rightarrow \mathbb{R}$  by

$$\Phi(\lambda) = f\left(x_0 - \underbrace{\sum_{i=0}^{k-1} \lambda_i \nabla f(x_i)}_{\in x_0 + \mathcal{K}_k}\right),$$

where  $\lambda = (\lambda_0, \lambda_1, \lambda_2, \dots, \lambda_{k-1})^\top \in \mathbb{R}^k$ .

Since  $x_0 + \mathcal{K}_k = x_0 + \text{Lin}\{\nabla f(x_0), \dots, \nabla f(x_{k-1})\}$  (Lemma 2), the CG iterate  $x_k = \arg \min_{x \in x_0 + \mathcal{K}_k} f(x)$  can be written as

$$x_k = x_0 - \sum_{i=0}^{k-1} \lambda_i^* \nabla f(x_i)$$

with

$$\lambda^* = \arg \min_{\lambda \in \mathbb{R}^k} \Phi(\lambda).$$

Therefore, for each  $i$ :

$$0 = \frac{\partial \Phi(\lambda)}{\partial \lambda_i} \Big|_{\lambda=\lambda^*} = \langle \nabla f(x_k), -\nabla f(x_i) \rangle.$$

□

Two immediate corollaries:

**Corollary 1** (Corollary 1.3.1 in Nesterov's book). *CG finds  $x^* = \arg \min_{x \in \mathbb{R}^d} f(x)$  in at most  $d$  iterations.*

*Proof.* Lemma 3 states that the vectors  $\nabla f(x_0), \nabla f(x_1), \dots$  are orthogonal to each other. But in  $\mathbb{R}^d$ , there cannot be more than  $d$  orthogonal non-zero vectors, so we must have  $\nabla f(x_d) = 0$  and thus  $x_d$  is optimal. □

**Corollary 2** (Corollary 1.3.2 in Nesterov's book).  $\forall p \in \mathcal{K}_k, \langle \nabla f(x_k), p \rangle = 0$ .

*Proof.* By Lemma 2,  $p \in \mathcal{K}_k = \text{Lin}\{\nabla f(x_0), \dots, \nabla f(x_{k-1})\}$ . By Lemma 3, any linear combination of  $\{\nabla f(x_0), \dots, \nabla f(x_{k-1})\}$  is orthogonal to  $\nabla f(x_k)$ . □

## 2.2 Why is CG called CG?

**Definition 2.** Two vectors  $p, q \in \mathbb{R}^d$  are said to be conjugate w.r.t. a matrix  $A \in \mathbb{R}^{d \times d}$  if  $\langle Ap, q \rangle = q^\top Ap = 0$ .

We can write the iteration of CG as

$$x_{k+1} = x_k - h_k p_k,$$

where  $h_k$  is the stepsize and  $p_k$  is the search direction. Later we will show that

$$\forall k \neq i : \quad \langle Ap_k, p_i \rangle = 0.$$

Nocedal-Wright: "Conjugate gradients is a misnomer. It is the search/descent directions that are conjugate, not the gradients."