

# Lecture 24: Trust-Region Methods

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So far, we have been looking at methods of the form

$$x_{k+1} = x_k - \alpha_k \underbrace{B_k^{-1} \nabla f(x_k)}_{-p_k},$$

where  $B_k \succ 0$ . Examples:

- $B_k = I$ : steepest descent;
- $B_k = \nabla^2 f(x_k)$ : (damped) Newton's method
- $B_k$  approximates  $\nabla^2 f(x_k)$ : quasi-Newton method.

In all these methods, we first determine the search direction  $p_k$ , and then choose the stepsize  $\alpha_k$ .

In Trust Region (TR) methods, we first determine the size of the step, then the direction.

## 1 Trust region method

We want to compute the step  $p_k$  that gives the next iterate  $x_{k+1} = x_k + p_k$ .

Let  $B_k \in \mathbb{R}^{d \times d}$  be given. Typically,  $B_k$  equals  $\nabla^2 f(x_k)$  or an approximation thereof obtained by a Quasi-Newton method (say SR1). We use  $B_k$  to construct the following quadratic approximate model of  $f$  around  $x_k$ :

$$m_k(p) := f(x_k) + \langle \nabla f(x_k), p \rangle + \frac{1}{2} p^\top B_k p.$$

**Basic idea of TR:** to compute the direction  $p_k$ , we minimize  $m_k(p)$  over a region (a ball centered at  $x_k$ ) within which we trust that  $m_k$  is a good approximation of  $f$ .

Note that we do *not* require  $B_k \succ 0$ . In particular, we can use an indefinite  $\nabla^2 f(x_k)$  without modification.

Formally, the (exact) TR direction is given by solving the following *constrained* subproblem:

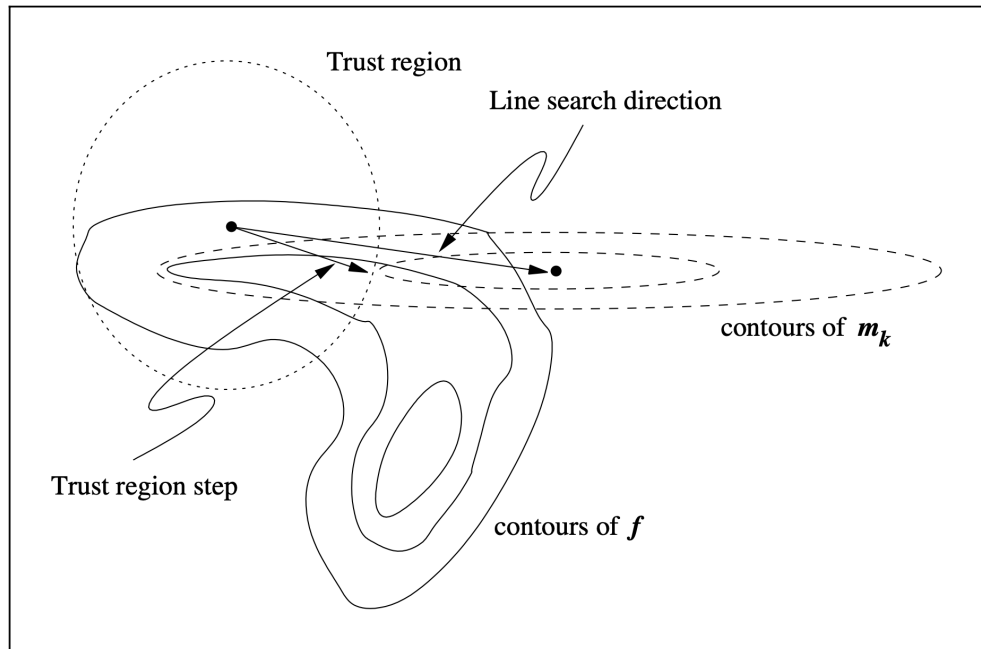
$$p_k := \operatorname{argmin}_{p \in \mathbb{R}^d: \|p\| \leq \Delta_k} m_k(p),$$

where  $\Delta_k$  is the radius of the trust region.

**Example 1.** Suppose  $f(x) = x_1^2 - x_2^2$ , which is a nonconvex quadratic function. The quadratic model is the function itself:  $m_k(p) = f(x_k + p)$ . Suppose we are current at  $x_k = \mathbf{0}$ . Then  $\nabla f(x_k) = \mathbf{0}$ , so gradient descent (GD) and Newton's method will stay at  $\mathbf{0}$  (a stationary point). In contrast, TR method will take the step

$$\begin{aligned} p_k &= \operatorname{argmin}_{p: \|p\| \leq \Delta_k} m_k(p) \\ &= \operatorname{argmin}_{p: p_1^2 + p_2^2 \leq \Delta_k^2} \{(0 + p_1)^2 - (0 + p_2)^2\} = (0, \Delta_k) \text{ or } (0, -\Delta_k). \end{aligned}$$

For TR applied to more general functions, see the illustration below from Nocedal-Wright:



To completely specify the TR method, we need to decide:

1. how to choose the radius  $\Delta_k$ ,
2. how and to what accuracy to solve the subproblem  $\min_{p \in \mathbb{R}^d: \|p\| \leq \Delta_k} m_k(p)$ .

## 2 Choosing the radius $\Delta_k$

Define

$$\rho_k := \frac{\overbrace{f(x_k) - f(x_k + p_k)}^{\text{actual reduction}}}{\underbrace{m_k(0) - m_k(p_k)}_{\text{predicted reduction, } \geq 0}}.$$

The ratio  $\rho_k$  tells us whether we are making progress, and if so, how much.

General idea:

1. If  $\rho_k$  is positive and large, then  $f$  and  $m_k$  agree well within the trust region  $\|p\| \leq \Delta_k$ . We can try increasing  $\Delta_k$  in next iteration.
2. If  $\rho_k$  is small or negative, we should consider decreasing  $\Delta_k$  (shrink the trust region).
  - (a) In particular, if  $\rho_k$  is negative, then  $f$  has increased. We should reject the step  $p_k$  and stay at  $x_k$ .

The following algorithm describes the process.

**Algorithm 1** Trust Region

**Input:**  $\hat{\Delta} > 0$  (largest radius),  $\Delta_0 \in (0, \hat{\Delta})$  (initial radius),  $\eta \in [0, 1/4)$  (acceptance threshold)  
**for**  $k = 0, 1, 2, \dots$

$p_k = \operatorname{argmin}_{p: \|p\| \leq \Delta_k} m_k(p)$  (or compute an approximate minimizer)

$$\rho_k = \frac{f(x_k) - f(x_k + p_k)}{m_k(0) - m_k(p_k)}$$

**if**  $\rho_k < \frac{1}{4}$ :  $\quad \quad \quad \backslash \backslash$  insufficient progress

$$\Delta_{k+1} = \frac{1}{4} \Delta_k \quad \backslash \backslash \text{ reduce radius}$$

**else:**

**if**  $\rho_k > \frac{3}{4}$  and  $\|p_k\| = \Delta_k$ :  $\quad \quad \quad \backslash \backslash$  sufficient progress, active trust region

$$\Delta_{k+1} = \min \{2\Delta_k, \hat{\Delta}\} \quad \backslash \backslash \text{ increase radius}$$

**else:**  $\quad \quad \quad \backslash \backslash$  sufficient progress, inactive trust region

$$\Delta_{k+1} = \Delta \quad \backslash \backslash \text{ keep radius}$$

**if**  $\rho_k > \eta$ :  $\quad \quad \quad \backslash \backslash$  sufficient progress

$$x_{k+1} = x_k + p_k \quad \backslash \backslash \text{ accept step}$$

**else:**  $\quad \quad \quad \backslash \backslash$  insufficient progress

$$x_{k+1} = x_k \quad \backslash \backslash \text{ reject step}$$

**end for**

**3 Exact minimization of  $m_k$** 

In each iteration of Algorithm 1, we need to solve the TR sub-problem

$$\min_{p: \|p\| \leq \Delta_k} m_k(p) := f_k + g_k^\top p + \frac{1}{2} p^\top B_k p, \quad (P_{m_k})$$

where we introduce the shorthands  $f_k := f(x_k)$  and  $g_k := \nabla f(x_k)$ . This is a quadratic minimization problem over an Euclidean ball.

The theorem below characterizes the exact minimizer  $p_k^* = \operatorname{argmin}_{p: \|p\| \leq \Delta_k} m_k(p)$ .

**Theorem 1** (Characterizing the solution to  $(P_{m_k})$ ). *The vector  $p^* \in \mathbb{R}^d$  is a global solution to the problem  $(P_{m_k})$  if and only if  $p^*$  is feasible (i.e.,  $\|p^*\| \leq \Delta_k$ ) and there exists  $\lambda \geq 0$  such that the following condition holds:*

1.  $(B_k + \lambda I)p^* = -g_k$ ,
2.  $\lambda(\Delta_k - \|p^*\|) = 0$  (complementary slackness),
3.  $B_k + \lambda I \succcurlyeq 0$ .

The complete proof of Theorem 1 makes use of Lagrangian multipliers, which we will not delve into.

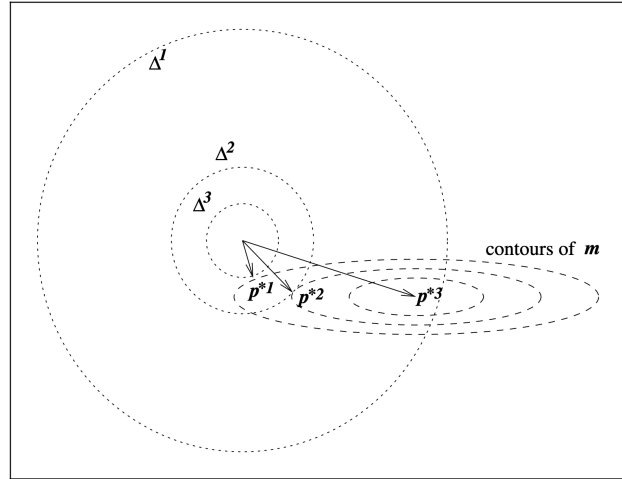
**Exercise 1.** Prove the necessity of part 1 above using the first-order optimality condition for constrained optimization (Lecture 14, Theorem 1).

Some observations about Theorem 1:

- If  $\|p^*\| < \Delta_k$ , then the trust region constraint is inactive/irrelevant. In this case, part 2 implies  $\lambda = 0$ , part 1 implies  $B_k p^* = -g_k$ , and part 3 implies  $B_k \succcurlyeq 0$ . See  $p^{*3}$  in the figure below.
- In the other case where  $\|p^*\| = \Delta_k$ , we have  $\lambda > 0$ . Part 1 of Theorem 1 gives:

$$\lambda p^* = -B_k p^* - g_k = -\nabla m_k(p^*),$$

hence  $p^*$  is parallel to  $-\nabla m_k(p^*)$  and thus normal to contours of  $m_k$ ; equivalently,  $-\nabla m_k(p^*) \in N_{\mathcal{X}}(p^*)$ , where  $\mathcal{X} = \{p : \|p\| \leq \Delta_k\}$ . See  $p^{*1}$  and  $p^{*2}$  in the figure below.



**Figure 4.2** Solution of trust-region subproblem for different radii  $\Delta^1, \Delta^2, \Delta^3$ .

To find the exact minimizer  $p_k^*$ , one may use an iterative method to search for the  $\lambda$  that satisfies the conditions in Theorem 1.

## 4 Approximate methods for minimizing $m_k$

Solving the TR subproblem ( $P_{m_k}$ ) exactly is usually unnecessary. After all,  $m_k$  is only a local approximation of actual objective function  $f$ .

### 4.1 Algorithms based on the Cauchy point

The *Cauchy point*  $p_k^C$  is defined by the following procedure.

**Algorithm 2** Cauchy Point Calculation

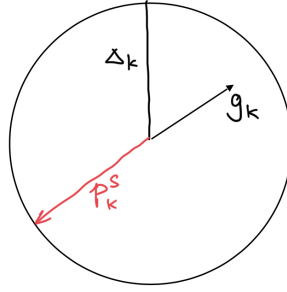
Compute

$$p_k^S = \operatorname{argmin}_{p: \|p\| \leq \Delta_k} \{f_k + g_k^\top p\},$$

$$\tau_k = \operatorname{argmin}_{\tau \geq 0: \|\tau p_k^S\| \leq \Delta_k} m_k(\tau p_k^S).$$

Return  $p_k^C = \tau_k p_k^S$ 

Note that  $p_k^S$  is the minimizer of the *linear* model  $f_k + g_k^\top p$  within the trust region; that is,  $p_k^S$  solves the linear version of the TR subproblem ( $P_{m_k}$ ). The scalar  $\tau_k$  is obtained by minimizing the *quadratic* model  $m_k$  along the direction of  $p_k^S$ .



Linear version, ignoring the quadratic part

The Cauchy point can be easily computed.

**Lemma 1.** The Cauchy point  $p_k^C = \tau_k p_k^S$  is given explicitly by

$$p_k^S = -\frac{\Delta_k}{\|g_k\|} g_k, \quad \tau_k = \begin{cases} 1 & g_k^\top B_k g_k \leq 0, \\ \min \left\{ 1, \frac{\|g_k\|^3}{\Delta_k g_k^\top B_k g_k} \right\} & g_k^\top B_k g_k > 0. \end{cases}$$

*Proof.* It is easy to see that

$$p_k^S = -\frac{\Delta_k}{\|g_k\|} g_k,$$

which is in the direction of the negative gradient. Hence

$$\begin{aligned} m_k(\tau p_k^S) &= f_k + \tau \left\langle g_k, -\frac{\Delta_k}{\|g_k\|} g_k \right\rangle + \frac{\tau^2}{2} \left( \frac{\Delta_k}{\|g_k\|} g_k \right)^\top B_k \left( \frac{\Delta_k}{\|g_k\|} g_k \right) \\ &= f_k + \underbrace{-\tau \Delta_k \|g_k\|}_{\leq 0} + \frac{\tau^2}{2} \frac{\Delta_k^2}{\|g_k\|^2} g_k^\top B_k g_k. \end{aligned}$$

The RHS is a one-dimensional quadratic function of  $\tau$ . Since  $\|p_k^S\| = \Delta_k$ , the trust-region constraint  $\|\tau p_k^S\| \leq \Delta_k$  is equivalent to  $0 \leq \tau \leq 1$ .

Case 1:  $g_k^\top B_k g_k \leq 0$ . Then  $m_k(\tau p_k^S)$  is decreasing in  $\tau$ , so the minimizer is on the boundary of the trust region, that is,  $\tau_k = \frac{\Delta_k}{\|p_k^S\|} = 1$ .

Case 2:  $g_k^\top B_k g_k > 0$ . Then  $m_k(\tau p_k^S)$  is a convex quadratic in  $\tau$ , hence  $\tau_k$  is either the unconstrained minimizer of  $m_k(\tau p_k^S)$ , or 1 (on the boundary), whichever is smaller.

Combining Case 1 + Case 2, we conclude that

$$\tau_k = \begin{cases} 1 & g_k^\top B_k g_k \leq 0, \\ \min \left\{ 1, \frac{\|g_k\|^3}{\Delta_k g_k^\top B_k g_k} \right\} & g_k^\top B_k g_k > 0. \end{cases}$$

□

## 4.2 Improving the Cauchy point

If we simply using the Cauchy point,  $p_k = p_k^C$ , then the TR method will move in the direction  $-g_k = -\nabla f(x_k)$  and hence converge no faster than gradient descent (with exact line search).

The Cauchy point only uses the matrix  $B_k$  to determine the length of the step but not the direction. To achieve faster convergence, we need to make more substantial use of  $B_k$ .

Two ways to improve upon the Cauchy point are

- The dogleg method;
- Two-dimensional subspace minimization.

We will not go into the details. Please refer to the appendix (optional).

## 5 Convergence analysis of trust-region methods

In this section, we state without proof several convergence results for TR methods.

### 5.1 Global convergence to a stationary point

The Cauchy point  $p_k^C$  can be used as a benchmark. To assess the quality of another approximate solution  $p_k$  to the TR subproblem ( $P_{m_k}$ ), we compare it with  $p_k^C$ . One can show that for a TR method to converge globally, it is sufficient if  $p_k$  reduces  $m_k$  by at least some constant times the decrease from the Cauchy point, i.e.,

$$m_k(p_k) - m_k(0) \leq c \left( m_k(p_k^C) - m_k(0) \right). \quad (1)$$

Note that (1) is satisfied by the exact minimizer of the TR subproblem ( $P_{m_k}$ ), the dogleg method and the 2D subspace minimization method with  $c = 1$ .

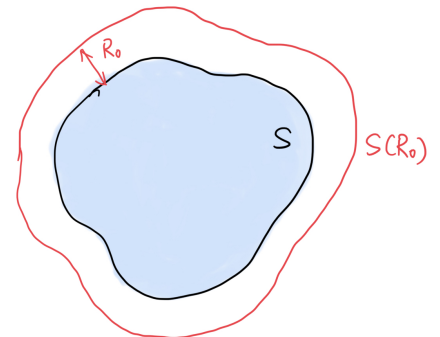
To state the formal theorem, we need some definitions and assumptions.

Consider the level set

$$S := \{x \in \mathbb{R}^d \mid f(x) \leq f(x_0)\}.$$

Define an open neighborhood of  $S$  by

$$S(R_0) := \{x \mid \|x - y\| < R_0 \text{ for some } y \in S\}.$$



**Assumptions:**

1.  $\forall k : \|B_k\|_2 \leq \beta < \infty$ .
2.  $f$  is bounded below on  $S$ .
3.  $f$  is smooth (i.e., has Lipschitz continuous gradient) on  $S(R_0)$  for some  $R_0 > 0$ .

**Theorem 2** (Theorems 4.4 and 4.5 in Nocedal-Wright). *Let  $\eta = 0$  in Algorithm 1. Suppose that the assumptions stated above are satisfied, and the step  $p_k$  satisfies  $\|p_k\| \leq \Delta_k$  and the comparison inequality (1) for all  $k$ . Then*

1.  $p_k$  has sufficient progress:

$$m_k(p_k) - m_k(0) \leq -\frac{c}{2} \|g_k\| \min \left\{ \Delta_k, \frac{\|g_k\|}{\|B_k\|} \right\}, \quad \forall k. \quad (2)$$

2. The gradient sequence  $\{g_k\}$  has a limit point at zero:

$$\liminf_{k \rightarrow \infty} \|g_k\| = 0.$$

Part 1 of Theorem 3 can be viewed as a “descent lemma” for TR methods and implies the convergence property in Part 2. This is similar to how the convergence of gradient descent follows from its descent lemma.

Theorem 3 assumes that  $\eta = 0$  is used in the Algorithm 1; that is, we always accept the step if there is any progress. If we use  $\eta > 0$  (rejects steps with low progress), we have the stronger result that  $g_k \rightarrow 0$ . See Theorem 4.6 in Nocedal-Wright.

## 5.2 Local convergence of TR-Newton method

The results discussed so far hold for a general  $B_k$ . We now specialize to TR methods that use the exact Hessian  $B_k = \nabla^2 f(x_k)$  for all sufficiently large  $k$ . (We refer to these methods as TR-Newton.) In this case, we expect that the TR bound  $\|p_k\| \leq \Delta_k$  becomes inactive near the minimizer of  $f$  and thus an approximate solution  $p_k$  to the TR subproblem ( $P_{m_k}$ ) becomes similar to the Newton step  $p_k^N := -\nabla^2 f(x_k)^{-1} \nabla f(x_k)$ .

The theorem below establishes superlinear local convergence of TR-Newton.

**Theorem 3** (Theorem 4.9 in Nocedal-Wright). *Let  $f$  be twice continuously differentiable (with  $\beta_1$ -Lipschitz gradients and  $L$ -Lipschitz Hessians) in a neighborhood of a local minimizer  $x^*$  satisfying  $\nabla f(x^*) = 0, \nabla^2 f(x^*) \succ 0$ . Suppose that*

1.  $\{x_k\}$  converges to  $x^*$ ;
2. for all  $k$  sufficiently large, the TR algorithm with  $B_k = \nabla^2 f(x_k)$  chooses  $p_k$  such that
  - (a) the sufficient progress condition (2) holds, and
  - (b)  $p_k$  is asymptotically similar to  $p_k^N = -\nabla^2 f(x_k)^{-1} g_k$  whenever  $\|p_k^N\| \leq \frac{\Delta_k}{2}$ , i.e.,

$$\|p_k - p_k^N\| = o(\|p_k^N\|). \quad (3)$$

*Then the TR bound becomes inactive for all sufficiently large  $k$  and the convergence of  $\{x_k\}$  to  $x^*$  is superlinear.*

Theorem 3 is proved by invoking the generic quasi-Newton result in Lecture 21, Theorem 2, which states that the condition (3) implies superlinear convergence.

## Appendices

All the materials in this appendix are optional.

### A The dogleg method

The Dogleg method is used only when  $B_k \succ 0$ .

Intuition: consider two extremes.

- If  $\Delta_k$  is small, then  $\Delta_k^2 \ll \Delta_k$ . Hence for  $\|p\| \leq \Delta_k$ , the quadratic model is approximately linear:  $m_k(p) \approx f_k + g_k^\top p$ . In this case, it is approximately optimal to use the Cauchy point, i.e.,  $p_k^* \approx p_k^C$ .
- If  $\Delta_k$  is large, then the constraint  $\|p_k\| \leq \Delta_k$  becomes irrelevant. In this case,  $p_k^*$  approximately equals the unconstrained minimizer of  $m_k$ , i.e.,  $p_k^* \approx -B_k^{-1}g_k =: p_k^B$ .

The dogleg method interpolates between these two extremes.

Formally, define

$$p_k^U := -\frac{g_k^\top g_k}{g_k^\top B_k g_k} g_k = (\text{unconstrained}) \text{ GD step with exact line search}$$

$$p_k^B := -B_k^{-1} g_k = \text{unconstrained minimizer of } m_k$$

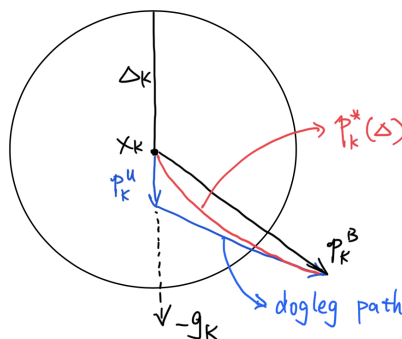
Consider the “dogleg path” defined below:

$$\tilde{p}_k(\tau) := \begin{cases} \tau p_k^U, & 0 \leq \tau \leq 1, \\ p_k^U + (\tau - 1)(p_k^B - p_k^U), & 1 \leq \tau \leq 2. \end{cases}$$

Note that  $\tilde{p}_k(\tau)$  consists of two line segments and is an approximation of the optimal path  $p_k^*(\Delta)$ . The dogleg step is given by constrained minimizer over the path  $\tilde{p}_k(\tau)$ , i.e.,

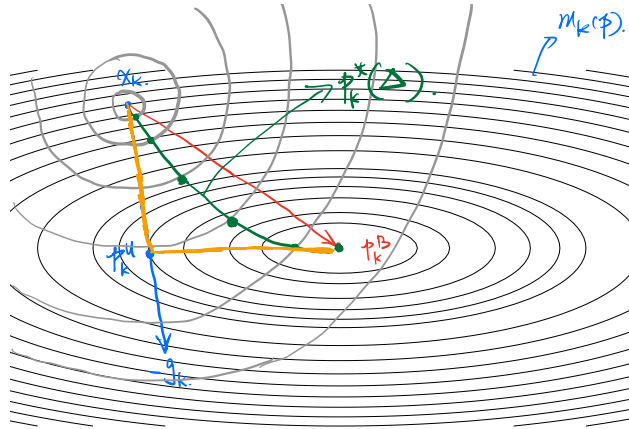
$$p_k^D := \min_{\substack{0 \leq \tau \leq 2 \\ \|\tilde{p}_k(\tau)\| \leq \Delta}} m_k(\tilde{p}_k(\tau)).$$

Illustration:





Another illustration:



Thanks to the following lemma, it is easy to compute the minimizer  $p_k^D$  along the dogleg path.

**Lemma 2** (Lemma 4.2 in Nocedal-Wright). *Let  $B_k$  be positive definite. Then*

- (i)  $\|\tilde{p}_k(\tau)\|$  is an increasing function of  $\tau$ ;
- (ii)  $m_k(\tilde{p}_k(\tau))$  is a decreasing function of  $\tau$ .

Consequently:

- If  $\|p^B\| < \Delta$ , then the dogleg path does not intersect the TR boundary  $\|p\| = \Delta$ . Since  $m_k$  is decreasing in  $\tau$ , we have  $p_k^D = \tilde{p}_k(2) = p^B$ .
- If  $\|p^B\| \geq \Delta$ , then the dogleg path intersects the boundary at one point, which is  $p_k^D$ . The corresponding  $\tau$  can be computed by solving the scalar equation  $\|\tilde{p}_k(\tau)\| = \Delta$ .

## B Two-dimensional subspace minimization

The dogleg method minimizes over the one-dimensional path defined by  $p^U$  and  $p^B$ . This can be generalized by minimizing over the 2-D subspace spanned by  $p^U \propto -g_k$  and  $p^B = -B_k^{-1}g_k$ .

Formally:

$$p_k^{2D} = \operatorname{argmin}_{p \in \mathbb{R}^d} \left\{ m_k(p) : \|p\| \leq \Delta_k, p \in \operatorname{span}\{g_k, B_k^{-1}g_k\} \right\}.$$

The minimizer is relatively easy to compute (amounts to finding the roots of a fourth degree polynomial).

Unlike dogleg, 2D-subspace minimization can readily be adapted to handle indefinite  $B_k$ . In this case, there exists  $\lambda > 0$  such that  $p_k^* = -(B_k + \lambda I)^{-1}g_k$  (by Theorem 1 from the last lecture). Therefore, we can change the feasible 2D subspace to

$$\operatorname{span} \left\{ g_k, (B_k + \alpha_k I)^{-1} g_k \right\},$$

where  $\alpha_k \in (-\lambda_{\min}(B_k), -2\lambda_{\min}(B_k))$ .