# Lecture 14: Random Processes: Chaining and Additional Tools

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In this lecture, we will introduce Dudley's upper bound on the supremum  $\mathbb{E}\sup_{\theta\in T}Z_{\theta}$ . The upper bound is proved via a Chaining argument. We then apply Dudley's bound to derive a uniform law of large numbers. Finally, we will discuss additional tools for studying the suprema of random processes.

# 1 Dudley's Upper Bound

Recall: the process  $(Z_{\theta})_{\theta \in T}$  is said to have sub-Gaussian increment w.r.t. the metric  $\rho$  if for each  $\theta, \theta' \in T$ ,  $Z_{\theta} - Z_{\theta'}$  is sub-Gaussian with parameter  $\rho(\theta, \theta')^2$ . We have the following upper bound.

**Theorem 1** (Dudley's entropy integral bound). Suppose that  $(Z_{\theta})_{\theta \in T}$  is zero-mean and has sub-Gaussian increment w.r.t.  $\rho$ . Then,

$$\mathbb{E} \sup_{\theta \in T} Z_{\theta} \lesssim \int_{0}^{\infty} \sqrt{\log N(\varepsilon, T, \rho)} \, \mathrm{d} \varepsilon.$$

**Remark** We omit a separability assumption (so that we can take  $\varepsilon \to 0$ ); See HW1 for details.

Remark Recall Sudakov's lower bound from last lecture:

$$\mathbb{E} \sup_{\theta \in T} Z_{\theta} \gtrsim \sup_{\varepsilon > 0} \varepsilon \sqrt{\log N(\varepsilon, T, \rho)}.$$

Figure 1 provides a comparison between the upper bound in Theorem 1 and Sudakov's lower bound.

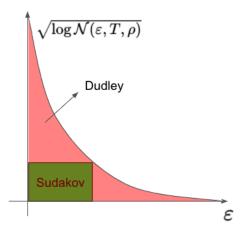


Figure 1: Dudley's inequality bounds  $\mathbb{E}\sup_{\theta\in T}Z_{\theta}$  by the area under the curve. Sudakov's inequality bounds it below by the largest area of a rectangle under the curve, up to constants. Note that they are not necessarily tight — there can be a gap between the upper and lower bounds.

- Section 8.1 in "High -Dimensional Probability: An Introduction with Applications in Data Science", Roman Vershynin, Cambridge University Press, 2018.
- Section 5.3. in "High-Dimensional Statistics: A Non-Asymptotic Viewpoint", Martin J. Wainwright, Cambridge University Press, 2019.

<sup>&</sup>lt;sup>1</sup>References:

The proof of Theorem 1 uses the "chaining" technique, a multi-scale  $\varepsilon$ -net argument. To motivate, consider one-step  $\varepsilon$ -net argument:

$$\sup_{\theta \in T} Z_{\theta} \leq \max_{\theta \in T_{\varepsilon}} Z_{\theta} + \sup_{\substack{\theta, \theta' \in T; \\ \rho(\theta, \theta') < \varepsilon}} |Z_{\theta} - Z_{\theta'}|.$$

We can bound 1st RHS term by finite Gaussian maxima, and 2nd term by some worst case bound. The chaining idea is to bound 2nd term also by an  $\varepsilon$ -net argument and repeat.

#### 1.1 Proof of Theorem 1 by Chaining

#### Proof

First, some notations. Let  $D \triangleq \sup_{\theta \in T} \rho(\theta, \theta')$  be diameter of T w.r.t.  $\rho$ . Define the dyadic scale

$$\varepsilon_k = D2^{-k}, \quad k = 0, 1, 2, \dots$$

Let  $T_k$  be the smallest  $\varepsilon_k$ -net of T, so  $|T_k| = \mathcal{N}(\varepsilon_k, T, \rho)$ . For each  $\theta \in T$ , let  $\pi_k(\theta)$  be the closest point in  $T_k$ , so

$$\rho(\theta, \pi_k(\theta)) \le \varepsilon_k, \quad \forall \theta \in T, \forall k.$$

Note that  $T_0 = \{\theta_0\}$  for some  $\theta_0 \in T$ , and  $\pi_0(\theta) = \theta_0$ ,  $\forall \theta \in T$ .

Since the process is zero-mean, we have  $\mathbb{E} \sup_{\theta \in T} Z_{\theta} = \mathbb{E} \sup_{\theta \in T} (Z_{\theta} - Z_{\theta_0})$ . We write  $Z_{\theta} - Z_{\theta_0}$  as a telescoping sum:

$$Z_{\theta} - Z_{\theta_0} = (Z_{\pi_1(\theta)} - Z_{\pi_0(\theta)}) + (Z_{\pi_2(\theta)} - Z_{\pi_1(\theta)}) + \dots + (Z_{\theta} - Z_{\pi_M(\theta)}),$$

where M>0 is a large constant. See Figure 2 for an illustration.

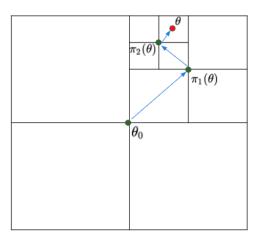


Figure 2: Illustration of chaining. A walk from a fixed point  $\theta_0$  to an arbitrary point  $\theta$  in T along elements  $\pi_k(\theta)$  of progressively finer nets of T

More succinctly, we have  $Z_{\theta} - Z_{\theta_0} = \sum_{k=1}^{M} (Z_{\pi_k(\theta)} - Z_{\pi_{k-1}(\theta)}) + (Z_{\theta} - Z_{\pi_M(\theta)})$ , which implies

$$\mathbb{E}\sup_{\theta \in T} (Z_{\theta} - Z_{\theta_0}) \le \sum_{k=1}^{M} \mathbb{E}\sup_{\theta \in T} (Z_{\pi_k(\theta)} - Z_{\pi_{k-1}(\theta)}) + \mathbb{E}\sup_{\theta \in T} (Z_{\theta} - Z_{\pi_M(\theta)}). \tag{1}$$

Consider the k-th term in the summation above:

$$\mathbb{E}\sup_{\theta\in T}(\underbrace{Z_{\pi_k(\theta)}}_{|T_k|}-\underbrace{Z_{\pi_{k-1}(\theta)}}_{|T_{k-1}|}).$$
possible values

We see that this is the supremum of  $|T_k| \cdot |T_{k-1}|$  random variables. For each fixed  $\theta$ , the random variable  $Z_{\pi_k(\theta)} - Z_{\pi_{k-1}(\theta)}$  is sub-Gaussian with parameter

$$\begin{split} \rho(\pi_k(\theta), \pi_{k-1}(\theta)) &\leq \rho(\pi_k(\theta), \theta) + \rho(\pi_{k-1}(\theta), \theta) \\ &\leq \varepsilon_k + \varepsilon_{k-1} \leq 2\varepsilon_{k-1} \end{split} \qquad \text{by triangle inequality and } \varepsilon_{k-1} > \varepsilon_k \end{split}$$

Therefore, we need to bound the maximum of finitely many random variables, each of which is sub-Gaussian with parameter  $(2\epsilon_{k-1})^2$ . Applying the bound on (sub-)Gaussian maximum from last lecture, we obtain

$$\mathbb{E} \sup_{\theta \in T} (Z_{\pi_k(\theta)} - Z_{\pi_{k-1}(\theta)}) \lesssim \varepsilon_{k-1} \sqrt{\log(|T_k||T_{k-1}|)}$$

$$\leq \varepsilon_{k-1} \sqrt{\log|T_k|^2}$$

$$= \varepsilon_{k-1} \sqrt{2\log \mathcal{N}(\varepsilon_k, T, \rho)}.$$

Plugging these bounds into equation (1), we get

$$\mathbb{E}\sup_{\theta \in T} (Z_{\theta} - Z_{\theta_0}) \lesssim \sum_{k=1}^{M} \varepsilon_{k-1} \sqrt{\log \mathcal{N}(\varepsilon_k, T, \rho)} + \mathbb{E}\sup_{\theta \in T} (Z_{\theta} - Z_{\pi_M(\theta)})$$

$$\leq \sum_{k=1}^{M} D2^{-(k-1)} \sqrt{\log \mathcal{N}(D2^{-k}, T, \rho)} + \mathbb{E}\sup_{\theta \in T} (Z_{\theta} - Z_{\pi_M(\theta)})$$

$$\lesssim \int_{D_{2^{-M-1}}}^{D} \sqrt{\log \mathcal{N}(\varepsilon, T, \rho)} d\varepsilon + \mathbb{E}\sup_{\theta \in T} (Z_{\theta} - Z_{\pi_M(\theta)}),$$

where in the last step we bound sum by integral (for aesthetic consideration).

Let  $M \to \infty$ , then  $\mathbb{E} \sup_{\theta \in T} (Z_{\theta} - Z_{\pi_M(\theta)}) \to 0$  (require a separability assumption; See HW1). This completes the proof of Theorem 1.

**Exercise** You may compare Theorem 1 with an upper bound obtained via one-step discretization, e.g., from Math 888 Fall 21, Lecture 18, Theorem 5.

**Definition** The process  $(X_t)_{t\in T}$  is L-Lipschitz if there exists a random variable L such that  $|X_{\theta} - X_{\theta'}| \leq L\rho(\theta, \theta')$  for all  $\theta, \theta' \in T$  almost surely.

(Math 888 Fall 21, Lecture 18, Theorem 5). Suppose that a random process  $(X_{\theta})_{\theta \in T}$  is L-Lipschitz, mean zero, and that  $\|X_{\theta}\|_{\psi_2} \leq \sigma$  for all  $\theta \in T$ . Then

$$\mathbb{E} \sup_{\theta \in T} X_{\theta} \lesssim \inf_{\epsilon > 0} \left\{ \epsilon \, \mathbb{E}[L] + \sigma \sqrt{\log \mathcal{N}(\varepsilon, T, \rho)} \right\}.$$

# 2 Application: Uniform Law of Large Numbers

Let  $X_1, \dots, X_n$  be i.i.d. unif[0,1] random variables. For a <u>fixed</u> function f, the usual law of large numbers ensures that

$$\frac{1}{n}\sum_{i=1}^{n}f(X_i)\to\mathbb{E}\,f(X_1)$$
 as  $n\to\infty$ , almost surely.

Can we prove convergence  $\underline{\text{uniformly}}$  over a class of functions  $\mathcal{F}$ ? Below we use Dudley's upper bound to derive one such result,

**Theorem 2.** Let  $X_1, X_2, \ldots, X_n$  be i.i.d. random variables taking values in [0,1], and  $\mathcal{F} := \{f : [0,1] \to \mathbb{R}, f \text{ is } 1\text{-Lipschitz}\}$ . Then

$$\mathbb{E}\sup_{f\in\mathcal{F}}\left|\frac{1}{n}\sum_{i=1}^n f(X_i) - \mathbb{E}f(X_1)\right| \lesssim \frac{1}{\sqrt{n}}.$$

**Remark** (Connection to Wasserstein Distance) Let  $\mu$  be the distribution of  $X_i$ , and let  $\mu_n$  be the empirical distribution defined as

$$\mu_n := \frac{1}{n} \sum_{i=1}^n \mathbb{1}_{X_i}.$$

Note that  $\mu_n$  is a random quantity. With this notation, the LHS in Theorem 2 can be written as

$$\mathbb{E}\sup_{f\in\mathcal{F}}\left|\frac{1}{n}\sum_{i=1}^{n}f(X_{i})-\mathbb{E}f(X_{1})\right|=\mathbb{E}\sup_{f\in\mathcal{F}}\left|\int f\mathrm{d}\mu_{n}-\int f\mathrm{d}\mu\right|,$$

which is the Wasserstein distance between  $\mu_n$  and  $\mu$ . (The definition is equivalent to the one using transportation cost, by Kantorovich-Rubinstein duality).

### 2.1 Proof of Theorem 2

**Proof** Observe that

$$\forall f \in \mathcal{F} : \left| \sup_{x} f(x) - \inf_{x} f(x) \right| \le 1.$$

Therefore, without loss of generality, it suffices to consider 1-Lipschitz functions of the form  $f:[0,1] \to [0,1]$ ; otherwise, just shift the function by letting  $f' = f - \inf_{x \in S} f(x)$ .

Consider the empirical process  $(Z_f)_{f \in \mathcal{F}}$  where

$$Z_f \triangleq \frac{1}{n} \sum_{i=1}^n f(X_i) - \mathbb{E} f(X_1).$$

Clearly, the  $\mathbb{E}[Z_f] = 0$ . Moreover, for each  $f, g \in \mathcal{F}$ , we have

$$Z_f - Z_g = \frac{1}{n} \sum_{i=1}^n (f - g)(X_i) - \mathbb{E}(f - g)(X_1).$$

It follows that

$$\underbrace{\|Z_f - Z_g\|_{\psi_2}}_{\text{sub-Gaussian parameter of } Z_f - Z_g} \lesssim \left\| \frac{1}{n} \sum_{i=1}^n (f - g)(x_i) \right\|_{\psi_2}$$
 (Centering does not change sub-Gaussian parameter, up to a constant) 
$$\lesssim \frac{1}{n} \sqrt{\sum_{i=1}^n \|f - g\|_{\infty}^2}$$
 (Hoeffding) 
$$\lesssim \frac{1}{n} \sqrt{\sum_{i=1}^n \|f - g\|_{\infty}^2}$$
 (Bounded RVs are sub-Gaussian) 
$$= \frac{1}{\sqrt{n}} \|f - g\|_{\infty}.$$

We conclude that the process  $(Z_f)_{f \in \mathcal{F}}$  has sub-Gaussian increments w.r.t.  $\rho(f,g) := \|f - g\|_{\infty} / \sqrt{n}$ . Applying Dudley's upper bound (Theorem 1), we obtain

$$\mathbb{E}\sup_{f\in\mathcal{F}}|Z_f|\lesssim \frac{1}{\sqrt{n}}\int_0^1 \sqrt{\log\mathcal{N}(\varepsilon,\mathcal{F},\|\cdot\|_{\infty})}\,\mathrm{d}\varepsilon,\tag{2}$$

where we use that fact that diameter  $(\mathcal{F}) \leq 1$  so the upper limit of the integral can be taken to be 1.

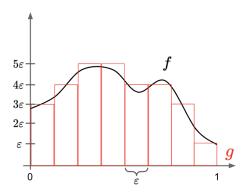


Figure 3: Illustration of covering  $\mathcal{F}$  with step functions g's

It remains to bound the covering number  $\mathcal{N}(\varepsilon, \mathcal{F}, \|\cdot\|_{\infty})$ . Here we construct an <u>exterior</u>  $\varepsilon$ -net  $\mathcal{F}_{\varepsilon}$  of  $\mathcal{F}$  (i.e.,  $\mathcal{F}_{\varepsilon}$  is not necessarily a subset of  $\mathcal{F}$ ); construction of a usual  $\varepsilon$ -net is left to HW 1. In particular ,we can cover  $\mathcal{F}$  using step functions g's as illustrated in Figure 3. The function g satisfies

$$\begin{split} \|f-g\|_{\infty} &= \sup_{x \in [0,1]} |f(x) - g(x)| \leq 2 \max_{k=0,1,\cdots,\frac{1}{\varepsilon}} \sup_{x \in [k\varepsilon,(k+1)\varepsilon]} |f(x) - g(x)| \\ &\leq \sup_{|x-y| \leq \varepsilon} |f(x) - f(y)| \leq \varepsilon, \end{split}$$

so it indeed covers  $\mathcal{F}$  in  $\|\cdot\|_{\infty}$  norm up to an  $\epsilon$  error. It is easy to see that  $|\mathcal{F}_{\varepsilon}| \leq \left(\frac{1}{\varepsilon}\right)^{1/\varepsilon}$ , hence

$$\log \mathcal{N}(\varepsilon, \mathcal{F}, \left\| \cdot \right\|_{\infty}) \leq \log |\mathcal{F}_{\varepsilon}| = \frac{1}{\varepsilon} \log \frac{1}{\varepsilon}.$$

Plugging this bound into equation (2), we obtain

$$\mathbb{E} \sup_{f \in \mathcal{F}} Z_f \lesssim \frac{1}{\sqrt{n}} \int_0^1 \sqrt{\frac{1}{\varepsilon} \log \frac{1}{\varepsilon}} d\varepsilon \lesssim \frac{1}{\sqrt{n}}$$

as desired.

#### 2.2 Tail Bound Version

Using Theorem 2, we can further obtain a tail bound version of the uniform law of large numbers.

**Theorem 3.** Let  $X_1, X_2, \ldots, X_n$  be i.i.d. random variables taking values in [0,1], and  $\mathcal{F} := \{f : [0,1] \to \mathbb{R}, f \text{ is } 1\text{-Lipschitz}\}$ . Then for any  $t \geq 0$ , we have

$$\sup_{f \in \mathcal{F}} \left| \frac{1}{n} \sum_{i=1}^{n} f(X_i) - \mathbb{E} f(X_1) \right| \lesssim \frac{1}{\sqrt{n}} + t$$

with probability at least  $1 - 2\exp(-2nt^2)$ . Consequently, we have

$$\sup_{f \in \mathcal{F}} \left| \frac{1}{n} \sum_{i=1}^{n} f(X_i) - \mathbb{E} f(X_1) \right| \to 0 \quad as \ n \to \infty, \quad almost \ surely.$$

**Proof** In order to simplify notation, define the centered functions  $\bar{f}(x) \triangleq f(x) - \mathbb{E}[f(X_1)]$ . Thinking of the samples  $\{X_i\}$  as fixed for the moment, consider the function

$$G(x_1,...x_n) \triangleq \sup_{f \in \mathcal{F}} \left| \frac{1}{n} \sum_{i=1}^n \bar{f}(x_i) \right|.$$

We claim that G satisfies the property required to apply the bounded differences inequality. Since the function G is invariant to permutation of its coordinates, it suffices to bound the difference when the first coordinate  $x_1$  is perturbed. Accordingly, we define the vector  $y \in \mathbb{R}^n$  with  $y_i = x_i$  for all  $i \neq 1$ , and seek to bound the difference |G(x) - G(y)|. For any function  $\bar{f} = f - \mathbb{E}[f]$  with  $f \in \mathcal{F}$ , we have

$$\begin{split} &\left|\frac{1}{n}\sum_{i=1}^{n}\bar{f}(x_{i})\right|-\sup_{g\in\mathcal{F}}\left|\frac{1}{n}\sum_{i=1}^{n}\bar{g}(y_{i})\right|\\ &\leq\left|\frac{1}{n}\sum_{i=1}^{n}\bar{f}(x_{i})\right|-\left|\frac{1}{n}\sum_{i=1}^{n}\bar{f}(y_{i})\right|\\ &\leq\frac{1}{n}\left|\bar{f}(x_{1})-\bar{f}(y_{1})\right| & x_{i}=y_{i}\text{ except for }i=1\\ &\leq\frac{1}{n}. & |\bar{f}(x_{1})-\bar{f}(y_{1})|=|f(x_{1})-f(y_{1})|\leq1\text{ because }f\text{ is 1-Lipschitz} \end{split}$$

Since the above inequality holds for any function  $f \in \mathcal{F}$ , we may take the supremum over  $f \in \mathcal{F}$  on both sides, which yields  $G(x) - G(y) \leq \frac{1}{n}$ . Since the same argument may be applied with the n roles of x and y reversed, we conclude that  $|G(x) - G(y)| \leq 1$ . Then, by the bounded difference inequality (Lecture 12,

Theorem 4), we have

$$\Pr\left(\sup_{f\in\mathcal{F}}\left|\frac{1}{n}\sum_{i=1}^{n}f(X_{i})-\mathbb{E}f(X_{1})\right|\gtrsim\frac{1}{\sqrt{n}}+t\right)$$

$$\leq \Pr\left(\sup_{f\in\mathcal{F}}\left|\frac{1}{n}\sum_{i=1}^{n}f(X_{i})-\mathbb{E}f(X_{1})\right|\geq\mathbb{E}\sup_{f\in\mathcal{F}}\left|\frac{1}{n}\sum_{i=1}^{n}f(X_{i})-\mathbb{E}f(X_{1})\right|+t\right) \quad \text{By Theorem 2}$$

$$=\Pr\left(G(X_{1},\ldots,X_{n})\geq\mathbb{E}\left[G(X_{1},\ldots,X_{n})\right]+t\right)$$

$$\leq 2\exp(-2nt^{2}), \quad \text{Bounded difference inequality}$$

valid for any  $t \geq 0$ . This proves the first part of the theorem. Combining with the Borel-Cantelli Lemma, we establish the second part on almost sure convergence.

# Appendices

# A Supremum of Random Processes: Additional Tools

In this section, we discuss additional techniques for studying the supremum of random processes. **References:** 

- Chapter 8.5 in High -Dimensional Probability: An Introduction with Applications in Data Science, Roman Vershynin, Cambridge University Press, 2018.
- Section 4.2, 5.4.3 in High-Dimensional Statistics: A Non-Asymptotic Viewpoint, Martin J. Wainwright, Cambridge University Press, 2019.
- (Additional reading) Probability in High Dimension: APC 550 Lecture Notes, Ramon van Handel, Princeton University, 2016

## A.1 Generic Chaining

Sudakov's lower bound and Dudley's upper bound are both loose in the worst case. It is possible to obtain tight bounds using the generic chaining technique.

Consider a metric space  $(T, \rho)$ . An admissible sequence is a sequence of sets  $(T_k, k = 0, 1, ...)$  with  $T_k \subset T$  and  $|T_k| = 2^{2^k}$  (and as a convention  $|T_0| = |\{\theta_0\}| = 1$ .) Define the  $\gamma_2$  functional

$$\gamma_2(T,\rho) := \inf_{(T_k)} \sup_{\theta \in T} \sum_{k=0}^{\infty} 2^{k/2} \cdot \rho(\theta, T_k),$$

where the infimum above is over all admissible sequences and  $\rho(\theta, T_k) := \inf_{\theta' \in T_k} \rho(\theta, \theta')$ . (Note that the supremum above is *outside* the summation; compare with the proof of Dudley.)

We have the following upper and lower bounds in terms of  $\gamma_2$ . The upper bound applies to any sub-Gaussian process.

**Theorem 4** (Generic chaining upper bound). If  $(Z_{\theta})_{\theta \in T}$  is a zero-mean process with sub-Gaussian increment w.r.t. some  $\rho$ , then

$$\mathbb{E}\sup_{\theta\in T}Z_{\theta}\lesssim \gamma_2(T,\rho).$$

The lower bound applies to Gaussian processes.

**Theorem 5** (Talagrand's majorizing measure theorem). If  $(Z_{\theta})_{\theta \in T}$  is a zero-mean Gaussian process with metric  $\rho(\theta, \theta') := \sqrt{\mathbb{E}(Z_{\theta} - Z_{\theta'})^2}$ , then

$$\mathbb{E}\sup_{\theta\in T}Z_{\theta}\gtrsim \gamma_2(T,\rho).$$

For Gaussian processes, we see that the upper and lower bounds match up to a universal constant.

In general, the quantity  $\gamma_2(T, \rho)$  is more difficult to compute than metric entropy integral. However, even without knowing how to compute  $\gamma_2$ , we can still deduce from the above theorems the following very useful comparison inequality.

Corollary 1 (Talagrand's sub-Gaussian comparison inequality). If  $(X_{\theta})_{\theta \in T}$  is a zero-mean process with sub-Gaussian increment w.r.t. some  $\rho$ ,  $(Y_{\theta})_{\theta \in T}$  is a zero-mean Gaussian process, and

$$\rho(\theta, \theta') \lesssim \sqrt{\mathbb{E}(Y_{\theta} - Y_{\theta'})^2}$$

then

$$\mathbb{E}\sup_{\theta\in T}X_{\theta}\lesssim \mathbb{E}\sup_{\theta\in T}Y_{\theta}.$$

**Remark** Corollary 1 allows one to reduce a sub-Gaussian problem to a Gaussian one, for which we have many tools.

**Remark** A special case of Corollary 1 is when  $X_{\theta} = \langle \epsilon, \theta \rangle$  is canonical Rademacher process with  $\epsilon \sim \text{unif} \{\pm 1\}^n$ , and  $Y_{\theta} = \langle g, \theta \rangle$  is a canonical Gaussian process with  $g \sim N(0, I_n)$ .

## A.2 Contraction

Below, we assume that  $\epsilon \sim \text{unif} \{\pm 1\}^n$  and  $g \sim N(0, I_n)$  are vectors of iid Rademacher and standard Gaussian variables, respectively.

**Theorem 6** (Gaussian Contraction Principle). Let  $T \subset \mathbb{R}^n$  and  $\phi_i : \mathbb{R} \to \mathbb{R}$  be 1-Lipschitz for  $i = 1, \ldots, n$ . Then

$$\mathbb{E} \sup_{\theta \in T} \sum_{i=1}^{n} g_i \phi_i(\theta_i) \le \mathbb{E} \sup_{\theta \in T} \sum_{i=1}^{n} g_i \theta_i.$$

**Proof** We shall use Gaussian comparison inequality to compare the two Gaussian processes

$$X_{\theta} = \sum_{i=1}^{n} g_i \phi_i(\theta_i)$$
 and  $Y_{\theta} = \sum_{i=1}^{n} g_i \theta_i$ .

For  $\theta, \tilde{\theta} \in T$ , the corresponding increments satisfy

$$\mathbb{E} \left( X_{\theta} - X_{\tilde{\theta}} \right)^{2} = \sum_{i=1}^{n} \left( \phi_{i}(\theta_{i}) - \theta_{i}(\tilde{\theta}_{i}) \right)^{2}$$

$$\leq \sum_{i=1}^{n} \left( \theta_{i} - \tilde{\theta}_{i} \right)^{2} \qquad \phi_{i} \text{ is 1-Lipschitz}$$

$$= \mathbb{E} \left( Y_{\theta} - Y_{\tilde{\theta}} \right)^{2}.$$

Applying Sudakov-Fernique Gaussian comparison inequality proves the theorem.

We also have a Rademacher version of the contraction inequality.

**Theorem 7** (Ledoux-Talagrand Contraction Principle). Let  $T \subset \mathbb{R}^n$  and  $\phi_i : \mathbb{R} \to \mathbb{R}$  be 1-Lipschitz and centered  $(\phi_i(0) = 0)$  for i = 1, ..., n. Then

$$\mathbb{E}\sup_{\theta\in T}\left|\sum_{i=1}^{n}\epsilon_{i}\phi_{i}(\theta_{i})\right| \leq 2\mathbb{E}\sup_{\theta\in T}\left|\sum_{i=1}^{n}\epsilon_{i}\theta_{i}\right|.$$

There is no Rademacher version of the Sudakov-Fernique inequality, so the proof of Theorem 7 is more involved and we will not present it here.

**Remark** The LHS of the bound in Theorem 7 can be written as a canonical process's supremum,  $\mathbb{E}\sup_{\beta\in\phi(T)}|\sum_{i}\epsilon_{i}\beta_{i}|$ , where

$$\phi(T) := \left\{ \left( \phi_1(\theta_1), \dots, \phi_n(\theta_n) \right) : \theta \in T \right\}.$$

Therefore, Theorem 7 says that when  $\phi$  is 1-Lipschitz, the composite set  $\phi(T)$  is "no larger" than the original (and usually simpler) set T, in the sense of process supremum.

## A.3 Symmetrization

We have seen many tools for Gaussian and Rademacher processes, including various concentration, comparison and contraction inequalities. Below we discuss symmetrization, which allows one to *extract Gaussianity* (or Rademacher randomness) from a general process.

Again assume that  $\epsilon \sim \text{unif} \{\pm 1\}^n$  and  $g \sim N(0, I_n)$  are vectors of iid Rademacher and standard Gaussian variables, respectively, that are independent of everything else.

**Theorem 8** (Symmetrization). Let  $X_1, \ldots, X_n$  be i.i.d. RVs taking values in  $\mathbb{X}$ , and  $\mathcal{F}$  be a class of functions on  $\mathbb{X}$ . Then we have

$$\mathbb{E}_{X} \left[ \sup_{f \in \mathcal{F}} \sum_{i=1}^{n} \left\{ f(X_{i}) - \mathbb{E}f(X_{i}) \right\} \right] \stackrel{(a)}{\leq} 2\mathbb{E}_{X,\epsilon} \left[ \sup_{f \in \mathcal{F}} \sum_{i=1}^{n} \epsilon_{i} f(X_{i}) \right] \stackrel{(b)}{\leq} \sqrt{2\pi} \mathbb{E}_{X,g} \left[ \sup_{f \in \mathcal{F}} \sum_{i=1}^{n} g_{i} f(X_{i}) \right] \stackrel{(a)}{\leq} 2\mathbb{E}_{X,\epsilon} \left[ \sup_{f \in \mathcal{F}} \sum_{i=1}^{n} \epsilon_{i} f(X_{i}) \right] \stackrel{(b)}{\leq} \sqrt{2\pi} \mathbb{E}_{X,g} \left[ \sup_{f \in \mathcal{F}} \sum_{i=1}^{n} g_{i} f(X_{i}) \right] \stackrel{(a)}{\leq} 2\mathbb{E}_{X,\epsilon} \left[ \sup_{f \in \mathcal{F}} \sum_{i=1}^{n} \epsilon_{i} f(X_{i}) \right] \stackrel{(b)}{\leq} \sqrt{2\pi} \mathbb{E}_{X,g} \left[ \sup_{f \in \mathcal{F}} \sum_{i=1}^{n} g_{i} f(X_{i}) \right] \stackrel{(b)}{\leq} 2\mathbb{E}_{X,\epsilon} \left[ \sup_{f \in \mathcal{F}} \sum_{i=1}^{n} \epsilon_{i} f(X_{i}) \right] \stackrel{(b)}{\leq} 2\mathbb{E}_{X,\epsilon} \left[ \sup_{f \in \mathcal{F}} \sum_{i=1}^{n} \epsilon_{i} f(X_{i}) \right] \stackrel{(b)}{\leq} 2\mathbb{E}_{X,\epsilon} \left[ \sup_{f \in \mathcal{F}} \sum_{i=1}^{n} \epsilon_{i} f(X_{i}) \right] \stackrel{(b)}{\leq} 2\mathbb{E}_{X,\epsilon} \left[ \sup_{f \in \mathcal{F}} \sum_{i=1}^{n} \epsilon_{i} f(X_{i}) \right] \stackrel{(b)}{\leq} 2\mathbb{E}_{X,\epsilon} \left[ \sup_{f \in \mathcal{F}} \sum_{i=1}^{n} \epsilon_{i} f(X_{i}) \right] \stackrel{(b)}{\leq} 2\mathbb{E}_{X,\epsilon} \left[ \sup_{f \in \mathcal{F}} \sum_{i=1}^{n} \epsilon_{i} f(X_{i}) \right] \stackrel{(b)}{\leq} 2\mathbb{E}_{X,\epsilon} \left[ \sup_{f \in \mathcal{F}} \sum_{i=1}^{n} \epsilon_{i} f(X_{i}) \right] \stackrel{(b)}{\leq} 2\mathbb{E}_{X,\epsilon} \left[ \sup_{f \in \mathcal{F}} \sum_{i=1}^{n} \epsilon_{i} f(X_{i}) \right] \stackrel{(b)}{\leq} 2\mathbb{E}_{X,\epsilon} \left[ \sup_{f \in \mathcal{F}} \sum_{i=1}^{n} \epsilon_{i} f(X_{i}) \right] \stackrel{(b)}{\leq} 2\mathbb{E}_{X,\epsilon} \left[ \sup_{f \in \mathcal{F}} \sum_{i=1}^{n} \epsilon_{i} f(X_{i}) \right] \stackrel{(b)}{\leq} 2\mathbb{E}_{X,\epsilon} \left[ \sup_{f \in \mathcal{F}} \sum_{i=1}^{n} \epsilon_{i} f(X_{i}) \right] \stackrel{(b)}{\leq} 2\mathbb{E}_{X,\epsilon} \left[ \sup_{f \in \mathcal{F}} \sum_{i=1}^{n} \epsilon_{i} f(X_{i}) \right] \stackrel{(b)}{\leq} 2\mathbb{E}_{X,\epsilon} \left[ \sup_{f \in \mathcal{F}} \sum_{i=1}^{n} \epsilon_{i} f(X_{i}) \right] \stackrel{(b)}{\leq} 2\mathbb{E}_{X,\epsilon} \left[ \sup_{f \in \mathcal{F}} \sum_{i=1}^{n} \epsilon_{i} f(X_{i}) \right] \stackrel{(b)}{\leq} 2\mathbb{E}_{X,\epsilon} \stackrel{(b)$$

and

$$\mathbb{E}_{X} \left[ \sup_{f \in \mathcal{F}} \left| \sum_{i=1}^{n} \left\{ f(X_{i}) - \mathbb{E}f(X_{i}) \right\} \right| \right] \stackrel{(c)}{\leq} 2\mathbb{E}_{X,\epsilon} \left[ \sup_{f \in \mathcal{F}} \left| \sum_{i=1}^{n} \epsilon_{i} f(X_{i}) \right| \right] \stackrel{(d)}{\leq} \sqrt{2\pi} \mathbb{E}_{X,g} \left[ \sup_{f \in \mathcal{F}} \left| \sum_{i=1}^{n} g_{i} f(X_{i}) \right| \right].$$

Inequalities (a) and (b) can be found as Lemma 7.4 in van Handel's book "Probability in High Dimension". Below we prove (c) and (d).

**Proof** [Proof of (c) and (d)]

Let  $(Y_1, \ldots, Y_n)$  be an independent copy of  $(X_1, \ldots, X_n)$ . We have the following chain of inequalities

$$\mathbb{E}_{X} \left[ \sup_{f \in \mathcal{F}} \left| \sum_{i=1}^{n} \left\{ f(X_{i}) - \mathbb{E}f(X_{i}) \right\} \right| \right]$$

$$= \mathbb{E}_{X} \left[ \sup_{f \in \mathcal{F}} \left| \sum_{i=1}^{n} \left\{ f(X_{i}) - \mathbb{E}_{Y}f(Y_{i}) \right\} \right| \right] \qquad X_{i} \stackrel{d}{=} Y_{i}$$

$$\leq \mathbb{E}_{X} \mathbb{E}_{Y} \left[ \sup_{f \in \mathcal{F}} \left| \sum_{i=1}^{n} \left\{ f(X_{i}) - f(Y_{i}) \right\} \right| \right] \qquad \text{Jensen's}$$

$$= \mathbb{E}_{X} \mathbb{E}_{Y} \mathbb{E}_{\epsilon} \left[ \sup_{f \in \mathcal{F}} \left| \sum_{i=1}^{n} \epsilon_{i} \left\{ f(X_{i}) - f(Y_{i}) \right\} \right| \right] \qquad f(X_{i}) - f(Y_{i}) \stackrel{d}{=} \epsilon_{i} \left\{ f(X_{i}) - f(Y_{i}) \right\}$$

$$\leq 2\mathbb{E}_{X} \mathbb{E}_{\epsilon} \left[ \sup_{f \in \mathcal{F}} \left| \sum_{i=1}^{n} \epsilon_{i} f(X_{i}) \right| \right]. \qquad \text{triangle inequality}$$

Above,  $\stackrel{\mathrm{d}}{=}$  means "equal in distribution". We have proved (a). We recall that  $\mathbb{E}|g_i| = \sqrt{\frac{2}{\pi}}$  from the property of half Normal distribution, so

$$2\mathbb{E}_{X,\epsilon} \left[ \sup_{f \in \mathcal{F}} \left| \sum_{i=1}^{n} \epsilon_{i} f(X_{i}) \right| \right] = 2\sqrt{\frac{\pi}{2}} \mathbb{E}_{X,\epsilon} \left[ \sup_{f \in \mathcal{F}} \left| \sum_{i=1}^{n} \epsilon_{i} \cdot \mathbb{E} \left| g_{i} \right| \cdot f(X_{i}) \right| \right]$$

$$\leq \sqrt{2\pi} \mathbb{E}_{X,\epsilon,g} \left[ \sup_{f \in \mathcal{F}} \left| \sum_{i=1}^{n} \epsilon_{i} \cdot \left| g_{i} \right| \cdot f(X_{i}) \right| \right] \qquad \text{Jensen's inequality}$$

$$= \sqrt{2\pi} \mathbb{E}_{X,g} \left[ \sup_{f \in \mathcal{F}} \left| \sum_{i=1}^{n} g_{i} \cdot f(X_{i}) \right| \right]. \qquad g_{i} \stackrel{d}{=} \epsilon_{i} \left| g_{i} \right|$$

We have proved (d).

The symmetrization argument is typically used by conditioning on  $(X_i)$ . For example, we can write

$$\mathbb{E}_{X,g} \left[ \sup_{f \in \mathcal{F}} \sum_{i=1}^{n} g_i f(X_i) \right] = \mathbb{E} \left[ \mathbb{E} \left[ \sup_{f \in \mathcal{F}} \sum_{i=1}^{n} g_i f(X_i) \, \middle| \, X_1, \dots, X_n \right] \right].$$

Conditioned on  $(X_i)$ , the quantity  $\sum_{i=1}^n g_i f(X_i)$  is Gaussian, so one can bound the inner expectation using any results for Gaussian processes.